191

SWIM CANADA

AUGUST 1993

OWEN VON RICHTER, PEPSI AND MARIANNE LIMPERT, NYAC

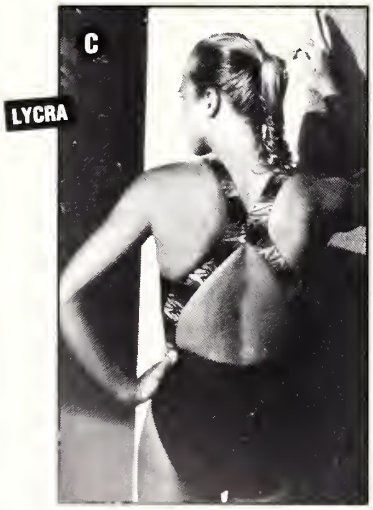
Marco Chiesa

Practice suit special!

MORE THAN 50% OFF!

SPEEDO®

Discontinued prints, panels & solids.
Great for practice... All first-quality!



OUTSTANDING VALUE!

Order by size, print and material.

Price by quantity*:		(1)	(2)	(3)
NYLON	Male (solid)	12.00 ea.	11.00 ea.	10.00 ea.
	Female	27.00 ea.	24.50 ea.	23.00 ea.
LYCRA	Male	16.00 ea.	14.50 ea.	13.25 ea.
	Female	32.00 ea.	28.00 ea.	26.50 ea.

*7% GST, 8% PST and shipping charges, extra.

These suits are in stock now and ready to go....

ORDER TODAY!

All major credit cards accepted.

Due to the low prices on this offer, no refunds.
Exchanges made for size only.

DIFFUSION AQUASPORT

1·800·567·6660

Fax: (514) 374-5411

CALENDAR

August
10-13 Canada Games, Kamloops
12-15 Pan Pacific Champs, Kobe, Japan
September
23-26 Quebec Coaches Conference, Magog
24-26 BC Swim Coaches Conference
October
2-3 Spartan Invitational, Vedder Crossing,BC
November
5-7 Harvest Invitational, TOMAC at Etobicoke
12-14 Swim International, Brantford
December
2-5 World SC Championships, Palma
NYAC Youth Cup, Etobicoke
3-5 US Open (25 m) Ann Arbor
4-2 Quaker Invitational, Peterborough
10-12 Canada Cup, Etobicoke
Kamloops Invitational
1994
January
1-2 World Cup 1, Hong Kong
5-6 World Cup 2, Beijing
March
5-9 Commonwealth Trials, Victoria
11-13 CIAU Championships, Victoria
12-13 World Cup 3, Rome or Genoa
15-17 World Cup 4, Malmo
19-20 World Cup 5, Gelsenkirchen
22-23 World Cup 6, Sheffield
26-27 World Cup 7, Paris
April
2-3 8-Nation Youth, Spain
15-17 Kamloops Sprint for Cash
28-1 Edmonton Keyano International
May
13-15 Dr.Hicken Invitational, TOMAC
26-29 Youth Championships, Winnipeg
June
24-26 Kamloops Classic
July
22-25 Summer Nationals, Etobicoke (tentative)
27-7 Goodwill Games, St.Petersburg,RUS
August
18-28 Commonwealth Games, Victoria
September

RECORDS

WORLD RECORDS (50 M POOL)
❑ **Men's 100 Breaststroke:** 1:00.95 Karoly Guttler, HUN, Sheffield, Aug.3. Betters old record of 1:01.29 Norbert Rozsa, HUN, 1991.

CANADIAN SENIOR
❑ **Women's 100 Freestyle:** 56.29 Marianne Limpert, NYAC, Buffalo, July 14. Betters old record of 56.53 Andrea Nugent, UCSC, 1992.
❑ **Women's 4 x 50 Medley Relay**: 1:56.44 University of Calgary SC, Edmonton, July 28. Betters old record of 1:57.51 Etobicoke SC, 85.

NATIONAL AGE GROUP
❑ **Girls 11-12 100 Backstroke**: 1:07.31 Michelle Cruz, ACE, Thunder Bay, July 9. Betters old record of 1:07.73 Lori Melien, AAC, 1985.
❑ **Boys 13-14 100 Freestyle**: 53.75 Michael Calkins, IS, Edmonton, July 29. Betters existing record of 54.01 Garret Pulle, MAC, 1992.
❑ **Girls 15-17 50 Freestyle**: 26.16 Jessica Amey, UCSC, Edmonton, July 28. Ties existing record of 26.16 Andrea Nugent, UCSC, 86.

WORLD RECORD (25 m pool)
❑ **Men's 800 Freestyle**: 7:34.90 Kieren Perkins, AUS, Sydney, July 25. Betters former world best of 7:38.75 Michael Gross, FRG, 1985.
❑ **Men's 1500 Freestyle**: 14:26.52 Kieren Perkins, AUS, Auckland, July 14. Betters own previous record of 14:32.40 from 1992.

COMMONWEALTH BEST (25 m pool)
❑ **Men's 800 Freestyle**: 7:34.90 Kieren Perkins, AUS, Sydney, July 25. Betters own best of 7:39.49 from 1992
❑ **Men's 1500 Freestyle**: 14:26.52 Kieren Perkins, AUS, Auckland, July 14. Betters own previous record of 14:32.40 from 1992.
❑ **Women's 800 Freestyle**: 8:21.83 Hayley Lewis, AUS, Sydney, July 24. Betters own previous best of 8:24.63 from 1992.
❑ **Women's 100 breaststroke**: 1:07.97 Linley Frame, AUS, Sydney, July 25. Betters former best time of 1:08.26 Allison Higson, CAN, 89.
❑ **Women's 400 IM**: 4:34.94 Hayley Lewis, AUS, Sydney, July 25. Betters old record of 4:38.61 Nancy Sweetnam, CAN, 1993.

SWIM CANADA

N.J.Thierry, *Editor & Publisher*
Contributors: Cecil Colwin, Patricia Young, Anita Smale
Photography: Marco Chiesa, Patty Young
Computer programs for TAG
developed by Advantage Software
SWIM Canada Magazine established in 1974
Published ten times yearly. Contents copyright ©
No portion of this magazine may be reprinted without written permission from the publisher.
The following names: *SWIM Canada Magazine, TAG, TOP* and *Making Waves* are registered trade marks and their unathorized use is strictly prohibited. All rights reserved.
Subscription rates: Canada **$30** yearly
Foreign (air mailed) $65. Single issues $3.00
All subscriptions include **7%** Federal GST
International Standard Serial Number
ISSN 0319-0560
Publications Mail Registration no.3534
Gateway Postal Facility, Mississauga.
Editorial Offices:
SWIM Canada Magazine,
402 King Street East, Toronto, Ontario,
M5A 1L3, CANADA Tel:(416) 368-2606

CONTENTS

3 Calendar, Records,
4 Corel Summer Nationals
5 Day 1
6 Day 2
7 Day 3
8-9 Marco's diary
10 Day 4
11-13 Results
14 Colwin on Coaching
15 Swim Digest
16-17 World University Games
18 Backwash
19 Swim History
20-25 TAG (Top Age Group Times)
26 Making Waves

AUGUST 1993
Volume 20, Number 8
Consecutive Number 191

GENERAL MANAGER

CANADA GAMES AQUATIC CENTRE SAINT JOHN, NEW BRUNSWICK

The Canada Games Aquatic Commission requires a general manager for the Canada Games Aquatic Centre.

The General Manager will be responsible for the general operation of the Canada Games Aquatic Centre, built to accommodate the aquatic component of the 1985 Canada Summer Games. The facility, located in the heart of Saint John, New Brunswick's largest city with a population of 135,000 in the city and surrounding area, includes a 50-metre pool designed for competitive swimming, water polo, synchronized swimming and recreational and advanced instructional swimming programs. Also available within the complex is a leisure pool with slide and center island and tiny tot pool. The diving component includes 1 meter, 3 meter and 5 meter diving levels. The fitness area includes a weight and exercise center with attending lockers, showers, sauna and whirlpool, etc.

The complex employs a staff of 45 permanent employees and 60-80 part-time and seasonal employees.

This position will be of interest to those energetic, dynamic and innovative service professionals with a high level of achievement in marketing, consumer service and facility coordination and development.

Applicants will possess a University degree in Recreation Administration or related discipline and proven appropriate management experience with progressing responsibilities.

The salary will be negotiated along with an attractive benefit package.

Apply in writing with full particulars, including salary history and a photo by September 15, 1993 to:

Jack Brownell
Chairman, Search Committee
Canada Games Aquatic Centre
P.O.Box 1971
Saint John, New Brunswick
E2L 4L1

AMEY, LIMPERT TOP WOMEN; VonRICHTER, CLEVELAND TOP MEN; CALGARY TOP TEAM

EDMONTON—After four days of competition, the 572 swimmers from over 106 clubs (including one from Hungary and one from the USA) gave indication that a changing of the guard is underway. Although a number of veterans held on to previous titles, a number of fresh young faces occupied many positions on the podium.

Perhaps the brightest prospect is **Jessica Amey**, 16, UCSC, (who just missed an Olympic berth last year) emerging as the high scoring winner with golds in the 50 free, 50 back, 50 fly, and silvers in the 100 back, 100 fly.

Other standouts: **Marianne Limpert**, 20, NYAC winner of the 100 free, 200 IM, silver in the 200 free; **Joanne Malar**, 17, HWAC, winner of the 200-400 free, silver in the 400 IM and bronze in the 200 IM. **Owen VonRichter**, 18, PEPSI, displayed versatility and made a race of every event he competed in: winning gold in the 200 free and 400 IM, silvers in the 400 free, 200 IM and a bronze in the 200 fly. **Jon Cleveland**, 22, UCSC, had the top performance of the meet with his 2:14.81 in the 200 breast, added golds in the 50-100 breast. **Robert Braknis**, 20, CAC, golds in the 50-100 back, silver in the 50 free.

Youngest winner: 14-year-old Melissa Knox, PDSA, in the 800 free. Oldest medalist: Vlastimil Cerny, 30, CASC, with a bronze in the 50 free.

A welcome development is the intense rivalry among breaststrokers Guylaine Cloutier and Nathalie Giguere; flyers Sarah Evanetz and Jessica Amey and, what always produces world class swims, the races among IM swimmers Marianne Limpert and Nancy Sweetnam. These match-ups are adding excitement and will keep everyone striving to higher levels.

The University of Calgary took all team titles—men's, women's and combined—to emerge once more as the top club team.

Jon Cleveland, 22, UCSC — Marco Chiesa

Records were in short supply. Only the women's 4x50 medley fell as UCSC bettered an eight year old mark.

41 swimmers earned a spot on the Pan Pacific team as the first two in each event gained automatic berths along with the top four in the freestyle relay events. The lack of times standards didn't help performance levels.

The welcome sponsorship of world leading graphics software developer Corel Corporation was an added plus.

The host club and Alberta Section put on a terrific effort and the meet ran smoothly.

The prompt annoucement of the Pan Pac team at the end of the competition and Club Grant winners was welcome.

On behalf of swimmers, coaches, and the many officials a word of thanks to Ollie Currie, of the host club EKSC, and her crew who provided the much needed experience and know-how to put on such a massive undertaking. ■

Melissa Knox, 14, PDSA — Marco Chiesa

DAY 1 Wednesday, July 28

LIMPERT MAKES IT TWO IN A ROW

Jacynthe Pineau,19, EXCEL, wins fifth title with 2:16.62 since the 1990 Summer Nationals (2:14.63) in the 200 fly. It was her slowest winning effort ...

WOMEN'S 200 FLY WINNERS

1989	2:10.56 Mojca Cater,EPS
1989	**2:15.09 Mojca Cater.EPS**
1989	**2:15.18 Mojca Cater,EPS**
1990	2:12.99 Anne Taylor,EKSC
1990	**2:14.63 Jacynthe Pineau,SELCT**
1990	**2:15.18 Mojca Cater,EKSC**
1991	2:13.66 Beth Hollihan,NYAC
1991	**2:15.06 Jacynthe Pineau,SELCT**
1992	2:12.92 Jacynthe Pineau,SELCT
1992	**2:14.98 Jacynthe Pineau, SELCT**
1992	**2:16.03 Beth Hollihan, NYAC**
1993	2:13.92 Beth Hollihan,NYAC

Bold = 50 m pool, light = 25 m pool

Eddie Parenti, 20, GO, wins first gold in 200 fly—slowest winning time since 1988. Parenti won silver in 1990-91-92.

Jessica Amey, 16, UCSC, wins second gold in 50 free (shared one with runner-up Shannon Shakespeare at last year's Summer Nationals when Olympic Team was away). Her 26.16 is the fastest winning time since 1986.

Dean Kondziolka, 21, LASC, wins seventh title in 50 free since 1990 Summer Nationals ... considers Edmonton pool slow ... had a faster time 22.90 at the FISU Games, in Buffalo where he won bronze.

One of the classic rivalries of Canadian swimming is the duel between Nancy Sweetnam,19, LUSC and Marianne Limpert, 20, NYAC in the 200 IM. The outcome always results in world-class performances. It was no different at this meet. Limpert's 2:15.53 was the top performance (950 points) of the first night's final. It's the second time in as many weeks that Limpert beats Sweetnam (they went 1-2 at the FISU Games).

The chart only shows shaved and tapered swims at season's end. There are other occasions when these swimmers have met but they were in-season, when preparation may not have been the same.

200 IM winner Curtis Myden, 19, UCSC with 2:03.75, is slower than his bronze medal swim at last year's Olympic Trials (2:03.20). Gary Anderson, 23, NYAC failed to win a medal for the first time since 1988, after winning seven national long course titles.

Melissa Knox, 14, PDSA, youngest gold medal winner on the first night with her 8:51.47 beat out Nikki Dryden, 18, IS and team-mate Michelle Sallee, 19, PDSA. Ironically Sallee holds the fastest time for 14-year-olds with 8:44.45 from 1988.

Bill Lomax, 21, EKSC, won his first gold in the 1500 free with 15:44.83, has bronze medals in the same event from 1992 Winter and 1992 Summer (without Olympic team in attendance). Lomax's win represents the 22nd gold in this event for the Keyanos since 1979, when the club first showed up at national meets. Other Keyano winners for the 1500 were Peter Szmidt, (8) Harry Taylor, (11) and Chris Bowie (2).

One record is bettered during the first day as UCSC's 4x50 Medley Relay posted a 1:56.44, bettering the old record of 1:57.51 by Etobicoke in 1985. This was the only record-setting performance of the four day competition.

Team score after one day: UCSC 321; NYAC 158.5 and PDSA 134. ■

Bill Lomax, 21, EKSC Marco Chiesa

1990	Summer Natls	2:16.89 Sweetnam (gold)	2:19.71 Limpert (5th final)
1991	Worlds	2:16.71 Limpert (1st consol)	2:18.52 Sweetnam (consol)
1991	Winter Natls	2:13.87 Limpert (gold)	2:14.56 Sweetnam (silver)
1991	Summer Natls	2:17.18 Sweetnam (gold)	2:18.74 Limpert (silver)
1991	Pan Pacs	2:18.79 Sweetnam (5th final	2:18.81 Limpert (6th final)
1992	Olympic Trials	2:15.15 Limpert (gold)	2:16.09 Sweetnam (silver)
1992	Olympics	2:17.09 Limpert (6th final)	2:17.13 Sweetnam (7th final)
1993	CIAU's	2:10.90 Sweetnam (gold)	2:13.40 Limpert(silver)
1993	FISU	2:15.46 Limpert (gold)	2:15.90 Sweetnam (silver)
1994	Summer Natls	2:15.53 Limpert (gold)	2:16.32 Sweetnam (silver)
	SCORE	*LIMPERT 6*	*SWEETNAM 4*

MEN'S 1500 WINNERS

1979	15:26.31 Peter Szmidt,PCSC
1979	**15:52.17 Peter Szmidt,unatt**
1980	15:18.25 Alex Baumann,LUSC
1980	**15:28.88 Peter Szmidt,EKSC**
1981	15:08.85 Alex Baumann,LUSC
1981	**15:42.20 Peter Szmidt,EKSC**
1982	00:00.00 Peter Szmidt,EKSC
1982	**15:51.70 Peter Szmidt,EKSC**
1982	**15:55.62 Peter Szmidt,EKSC**
1983	15:17.57 Peter Szmidt,EKSC
1983	**15:40.49 David Shemilt,BROCK**
1984	15:20.84 Peter Szmidt,EKSC
1984	**15:37.87 David Shemilt,BROCK**
1984	**15:42.98 David Shemilt,BROCK**
1985	15:20.25 Harry Taylor,EKSC
1985	**15:30.49 Chris Chalmers,LYAC**
1986	**15:29.51 Harry Taylor,EKSC**
1986	**15:50.57 Turlough O'Hare,CDSC**
1987	**15:34.66 Harry Taylor,EKSC**
1987	**15:30.08 Harry Taylor,EKSC**
1988	**15:29.99 Harry Taylor,EKSC**
1988	**15:16.00 Harry Taylor,EKSC**
1988	**15:38.40 Chris Bowie,EKSC**
1989	15:07.25 Turlough O'Hare,CDSC
1989	**15:32.58 Harry Taylor,EKSC**
1989	**15:31.36 Harry Taylor,EKSC**
1990	15:03.36 Harry Taylor,EKSC
1990	**15:22.74 Chris Bowie,EKSC**
1990	**15:27.85 Harry Taylor,EKSC**
1991	15:11.95 Harry Taylor,EKSC
1991	**15:28.67 Dave McLellan,LAC**
1992	15:08.17 Dave McLellan,LAC
1992	**15:31.32 David McLellan, LAC**
1992	**15:45. 79 Owen Von Richter, PEPSI**
1993	15:04.90 Turlough O'Hare,PDSA
1993	**15:44.83 Bill Lomax,EKSC**

Bold = 50 m pool, light = 25 m pool

DAY 2 Thursday, July 29

GIGUERE OVER CLOUTIER

Marianne Limpert won her first title in the 100 free. It was a solid performance of 56.87 (but off her 56.29 Canadian Record, set earlier in July at the FISU Games leading off the 4x100 free relay). Marianne has now become an indispensable member of the Canadian team, able to contribute both individual swims and key relay legs. Going into her 2nd year Physical Education at University of Toronto and fighting off a cold during these nationals, "I'm learning to cope with adversity", Marianne said. "I had a difficult winter with assorted illnesses. The FISU Games were a great experince—thanks to the relaxed coaching style of Byron MacDonald (Head Coach of the team). I'm looking forward to Japan and expecting to have a great meet."

With the top four spots gaining Pan Pac berths, the 100 free is always an exciting race. Of the 16 men with second swims in the 100 free, only five of them improved on their preliminary time. Stephen Clarke, 20, COBRA qualified first with 51.32. In winning the final he just touched out Dean Kondziolka, 21 ,LASC, with 51.64 to the runner-up 51.68. Clarke, disappointed with his time, is aiming to perform better in Japan, especially in the 100 fly which he now considers his strongest event.

In what has become a rather bitter rivalry among Quebec's best two swimmers—Nathalie Giguere, 20, Universite Laval in Ste-Foy, and Guylaine Cloutier, 21, LAVAL, from the Montreal area suburb—the breaststroke specialists have been conducting a veritable show-down for supremacy every time they meet head-on.

After three consecutive wins for Cloutier, including the finals at last summer's Olympics, Giguere won one. Cloutier took this very seriously and failed to show for the post race medal presentation, where she would have picked up the bronze, as Lisa Flood, 21, UNATT (training now in Ft.Lauderdale) took the silver.

1989	Commonwealth Trials	2:31.40 Nathalie Giguere,gold	2:37.34 Guylaine Cloutier,silver
1990	Commonwealth Games	2:32.16 Nathalie Giguere, (gold)	2:32.91 Guylaine Cloutier, (silver)
1991	World Championships	2:31.14 Guylaine Cloutier, (4th final)	2:34.33 Nathalie Giguere, (consol)
1991	Winter Nationals	2:29.03 Nathalie Giguere,silver	2:29.74 Guylaine Cloutier,bronze
1991	Summer Nationals	2:33.33 Nathalie Giguere,gold	2:34.12 Guylaine Cloutier,silver
1992	Winter Nationals	2:29.61 Nathalie Giguere,gold	2:30.53 Guylaine Cloutier,silver
1992	Olympic Trials	2:29.94 Guylaine Cloutier, gold	2:32.53 Nathalie Giguere, silver
1992	OLympic Games	2:29.88 Guylaine Cloutier (5th final)	2:30.11 Nathalie Giguere (6th final)
1993	Winter Nationals	2:27.88 Guylaine Cloutier,gold	2:28.44 Nathalie Giguere,silver
1993	Summer Nationals	2:32.30 Nathalie Giguere,gold	2:33.90 Guylaine Cloutier,bronze
SCORE		*GIGUERE 6*	*CLOUTIER 4*

New top performance for the competition as Jon Cleveland, 22, UCSC had a winning time in the 200 breast of 2:14.81, gets him 958 points.

In the men's 800 free, which was a time final, during the final heat Jaret Abel, 19, EKSC, after finishing 8th in the 1500 free, went all out to win the 800, taking the lead from the 300 through to the 750 only to have, Dave McLellan and Liam Weseloh go by him on the last length—McLellan receiving the accolades and the TV interview. But hold on. swimming during the afternoon, Greg Streppel, 25, Island Swimming, posted the fastest time, with 8:16.60 to McLellan's 8:18.60.

Streppel is better know as a 25K open-water specialist and has been itching to win at a shorter distance. Since he's been selected to Canada's team for the 25K Pan Pacs he'll forfeit this opportunity in the 800 at Kobe. Streppel had his best Nationals and each day, as the distances dropped, his placing improved. He even qualified for the big final in the 200 free. Of course, he's got to be the fittest athlete at the meet. Greg does a 9000 metre swim (6x1500) weekly training set. He tries to average 17K daily in workouts. And the best is yet to come. Over-distance specialists in most sports such as marathon running and cycling are mostly in their 30's. Greg is 25 and entering 2nd year Pharmacy at UBC.

Pointe Claire won the women's 4x200 free relay with 8:25.60 but Calgary's winning the men's relay (7:38.16) extended their consecutive win streak to 12, going back to the 1988 Winter Nationals.

Team Score after two days: UCSC 567; PDSA 308.5 and NYAC 285.5 ■

Nathalie Giguere, 20, UL

Marco Chiesa

DAY 3 Friday, July 30

VonRICHTER'S NIGHT

Owen VonRichter, 18, PEPSI finally wins a gold when it really counts. After missing the 92 Olympic Team, and suffering frustrating illnesses at the previous nationals, he's picked up his third medal of the championships (200 fly and 200 IM bronze). It was decidedly VonRichter's night as he pulled a major upset by winning the 400 IM over favourite Curtis Myden, whose consecutive win streak ends at four titles. VonRichter took the lead after the fly, and was just a stroke behind after the back and breast (Myden's strongest leg). Out of the turn at 300, he took the lead and was able hold off a fast closing Myden. It will give VonRichter a share of the individual high scoring award.

Joann Malar, 17, HWAC won the 200 free, moving up from second last winter. It was just a matter of stroke rate. Limpert, with a longer more relaxed stroke rate, was just out-touched by the higher stroke turnover of Malar.

Island Swimming just keeps turning out backstrokers. It is Suzanne Weckend's turn, winning the gold in 1:03.92; for the team, it was seven winners for the past 11 national meets (Anne Barnes 1, Nikki Dryden 5 and Weckend 2).

Robert Braknis winn his first gold in the 100 back with 56.99. The 20 year-old Chateauguay swimmer a first year criminalogy student at Florida State and coached by Lois Daiganeault, pulled an upset over veterans Gary Anderson and Raymond Brown.

Pacific Dolphins won the women's 4x100 free relay for the first time since 1979. University of Calgary won its 10th men's relay gold in this event since 1981.

Team scores after 3 days: UCSC 834; PDSA 435 and NYAC 420.5 ■

WOMEN'S 100 BACK WINNERS

1984	1:02.54 Reema Abdo,Trenton
1984	**1:04.25 Reema Abdo,Trenton**
1984	**1:06.93 Pascale Choquet,CNB**
1985	1:03.60 Reema Abdo,Trenton
1985	**1:05.17 Reema Abdo,Trenton**
1986	**1:05.30 Barb McBain,CDSC**
1986	**1:04.91 Kristen Linehan,USA**
1987	**1:03.99 Kristen Linehan,USA**
1987	**1:04.75 Lori Melien,AAC**
1988	**1:04.13 Lori Melien,AAC**
1988	**1:03.84 Lori Melien,AAC**
1988	**1:04.21 Anne-M.Andersen,EPS**
1989	1:02.03 Anne-M,Andersen,EPS
1989	**1:04.25 Anne-M.Andersen,EPS**
1989	**1:04.01 Anne Barnes,IS**
1990	1:02.93 Lori Melien,EPS
1990	**1:04.35 Lori Melien,EPS**
1990	**1:04.70 Nikki Dryden,IS**
1991	1:02.45 Nikki Dryden,IS
1991	**1:04.70 Nikki Dryden,IS**
1992	1:01.65 Nikki Dryden,IS
1992	**1:03.29 Julie Howard, BRANT**
1992	**1:04.89 Suzanne Weckend, IS**
1993	1:01.10 Julie Howard,BRANT
1993	**1:03.92 Suzanne Weckend,IS**

Bold = 50 m pool, light 25 m pool

Suzanne Weckend, 16, IS — Marco Chiesa

Owen VonRichter, 18, PEPSI — Marco Chiesa

WOMEN'S 4X100 FREE RELAY WINNERS

1979	3:49.10 Vancouver CDSC
1979	**3:56.48 Vancouver CDSC**
1980	3:48.46 Pointe Claire SC
1980	**3:54.69 Edmonton Keyano**
1981	3:51.34 Edmonton Keyano
1981	**3:56.29 Pointe Claire SC**
1982	3:50.66 North York AC
1982	**3:58.38 North York AC**
1983	3:51.69 North York AC
1983	**3:55.04 Etobicoke SC**
1984	3:47.00 Etobicoke SC
1984	**3:57.81 Etobicoke SC**
1985	3:50.85 Edmonton Keyano
1985	**3:57.22 Etobicoke SC**
1986	**3:58.48 North York AC**
1987	**3:54.23 North York AC**
1987	**3:54.70 Etobicoke SC**
1988	**3:52.45 North York AC**
1988	**3:52.84 North York AC**
1989	3:48.56 Etobicoke Pepsi
1989	**3:51.67 Etobicoke Pepsi A**
1990	3:48.20 Univ.of Calgary
1990	**3:52.00 Etobicoke Pepsi**
1991	3:45.90 Univ.of Calgary
1991	**3:53.44 Pepsi Swimming**
1992	3:48.15 Univ.of Calgary
1992	**3:57.22 Pointe Claire SC**
1993	3:47.01 Univ.of Calgary
1993	**3:53.77 Pacific Dolphin SA**

Bold = 50 m pool, light 25 m pool

THE NATIONALS IN PICTURES

ROOKIE FOLLIES & OTHER SILLINESS

All photos were taken by Marco Chiesa, on Kodak T-Max film, pushed to 1,600 ISO, with Nikon cameras and lenses. Developed, scanned to Photo CD's, imported to Photoshop and enhanced prior to layout in Page Maker on a Macintosh Centris 650 and sent for printing.

DAY 4 Saturday, July 31

BACK TO BACK GOLDS FOR PACIFIC DOLPHINS

The oldest winner, Kevin Draxinger,26, PDSA adds another 200 back title with a 2:01.85, after an extended layoff following the Olympics. It must have been just what what was needed. The winning time is not far off his Canadian record of 2:00.54 from 1991.

"I think it was a strong swim," said Draxinger, "I'm going to work through to the Commonwealth Games in Victoria next year and try to improve on the Barcelona (12th) experience. I know I can go a lot faster."

Inspired by that performance, in the next immediate event, Sarah Evanetz, 18, PDSA pulled the biggest upset of the meet with a stunning defeat over favoured Jessica Amey, whose 1:01.50 heat swim seemed to clinch her the gold. But Evanetz came on very strong on the second length and touched well ahead, with a personal best of 1:01.28 her first win at a national meet since the World Trials back in November 1990. For Amey it was a replay of the 1992 Olympic Trials where she qualified first only to be touched out during the finals and missed a berth on the team.

Guylaine Cloutier, 21, LAVAL — Marco Chiesa

"I knew I was second when I hit the wall at the 50 ... I was disappointed that I wasn't faster than in the morning," said Amey. "I guess that gives me something to improve on. I'd really like to take the time down close to the minute.

"With the 100 fly it always seems I go a bit slower at night. I don't know why, but I'm working on it. I get very psyched for the morning swim—which is important in international competition, to make sure you get into the finals ... I think I got ready too early."

Justin Finney, 19, PCSC, wins the 100 fly in 55.57 to 200 winner Eddie Parenti's 55.60. Stephen Clarke, with the fastest in-season performance from last June of 54.96 is third.

It was number 10 for Guylaine Cloutier, 21, LAVAL in the 100 breast. She has won that many national titles since 1986. This win was typical—take the lead early and hold off challenges from Lisa Flood and Keltie Duggan. The time is ordinary for her but winning is what this was about.

Justin Finney, 19, PCSC — Marco Chiesa

Jon Cleveland posted a 1:02.88 in the heats and with his improved front end speed (28.88 in winning the 50 breast) the aim was the get under 1:02 ... not at this meet. The final was an easy win but in a slower time of 1:03.27. Andrew Trussler takes the silver and gained a ticket to Japan after a bronze in the 200.

Another gold for Joanne Malar in the 400, after winning the 200 free. Holly McComb takes second spot and the trip to Japan. In the men's 400 free, Turlough O'Hare salvages a frustrating meet with a solitary gold in this event. Owen VonRichter battles for second and his fifth medal of the championships. ■

MEN'S 200 BACK WINNERS

1984	**2:01.20 Mike West,ROW**
1984	**2:04.17 Sean Murphy,ESC**
1985	2:01.76 Alex Baumann,LUSC
1985	**2:02.70 Mike West,ROW**
1986	**2:02.22 Sean Murphy,ESC**
1986	**2:03.73 Kevin Draxinger,CDSC**
1987	**2:03.42 Mark Tewksbury,UCSC**
1987	**2:04.99 Kevin Draxinger,CDSC**
1988	**2:02.99 Kevin Draxinger,CDSC**
1988	**2:01.27 Sean Murphy,EPS**
1988	**2:02.98 Kevin Draxinger,CDSC**
1989	1:59.71 Kevin Draxinger,CDSC
1989	**2:02.91 Gary Anderson,NYAC**
1989	**2:01.93 Kevin Draxinger,CDSC**
1990	1:58.90 Mark Tewksbury,UCSC
1990	**2:01.18 Kevin Draxinger,PDS**
1990	**2:03.64 Paul Szekula,EPS**
1991	1:55.93 Mark Tewksbury,UCSC
1991	**2:01.96 Kevin Draxinger,PDSA**
1992	1:57.82 Kevin Draxinger,PDSA
1992	**2:01.53 Kevin Draxinger, PDSA**
1992	**2:05.42 Stephen Hulford, ROW**
1993	1:58.18 Stephen Hulford,ROW

Bold = 50 m pool, light = 25 m pool

RESULTS

COREL SUMMER NATIONALS
Edmonton, July 28-31 (50 M) ✻ = Canadian Record

MEN

50 FREESTYLE	Heat	Final
1 Dean Kondziolka,21,LASC	23.43	23.18
2 Robert Braknis,20,CAC	23.46	23.20
3 Vlastimil Cerny,30,CASC	23.70	23.62
4 Stephen Clarke,20,COBRA	23.88	23.71
5 Miguel Munoz,20,UNATT	23.88	23.90
6 Martin Hebert,24,UL	24.05	23.95
7 Jason Lukeman,20,ATP	24.05	24.03
8 Sebastien Goulet,23,POLAR	24.05	24.13
Consolation		
9 Jeff Welechuk,22,EKSC	24.13	23.95
10 Martin Russocki,20,EYSC	24.14	24.05
11 Kris Fisher,17,MAC	24.09	24.05
12 Ron Page,25,PDSA	24.09	24.06
13 Iain Tennent,20,NEWS	24.11	24.19
14 Lothar Schwarz,20,SAMAK	24.19	24.28
15 Ryan Laurin,17,SPART	24.20	24.32
16 Conor Braiden,17,EKSC	24.19	24.37

100 FREESTYLE	Heat	Final
1 Stephen Clarke,20,COBRA	51.32	51.64
2 Dean Kondziolka,21,LASC	51.88	51.68
3 Sebastien Goulet,23,POLAR	51.71	51.71
4 Ron Watson,24,NYAC	52.12	52.07
5 Frank Samel,20,PEPSI	52.01	52.09
6 Stephane Hebert,24,UL	52.12	52.11
7 Robert Braknis,20,CAC	52.21	52.54
8 Eddie Parenti,20,GO	52.37	52.59
Consolation		
9 Miguel Munoz,20,UNATT	52.60	52.50
10 Ron Page,25,PDSA	52.57	52.75
11 Jason Lukeman,20,ATP	52.48	52.85
12 Darren Ward,24,UCSC	52.41	52.95
13 Lee Wanie,19,YORK	52.54	52.98
14 Steve VanderMeulen,24,UCSC	52.40	53.08
15 Martin Hebert,24,UL	52.60	53.10
16 Derek DeJong,22,PEPSI	52.87	53.26

200 FREESTYLE	Heat	Final
1 Owen VonRichter,18,PEPSI	1:54.00	1:52.24
2 Darren Ward,24,UCSC	1:54.51	1:52.76
3 Rob McFarlane,19,UCSC	1:53.59	1:52.80
4 Turlough O'Hare,23,NYAC	1:53.45	1:52.99
5 Frank Samel,20,PEPSI	1:55.18	1:53.50
6 Eddie Parenti,20,GO	1:54.79	1:54.13
7 Brett Regan,22,IS	1:54.83	1:54.34
8 Greg Streppel,25,IS	1:55.21	1:55.32
Consolation		
9 Ron Page,25,PDSA	1:55.36	1:54.98
10 Stan McLaurin,24,GO	1:56.33	1:55.58
11 Baldev Ahluwalia,23,BROCK	1:55.43	1:55.68
12 Dave McLellan,20,LAC	1:56.18	1:55.72
13 Alex Leduc,20,UL	1:55.99	1:55.81
14 Jaret Abel,19,EKSC	1:56.12	1:56.48
15 Trevor Scheffel,22,BRANT	1:56.55	1:57.06
16 Sean Swain,22,UCSC	1:56.55	1:57.24

400 FREESTYLE	**Heat**	**Final**
1 Turlough O'Hare,23,NYAC	4:03.43	3:57.80
2 Owen VonRichter,18,PEPSI	4:03.25	3:59.15
3 Greg Streppel,25,IS	4:02.47	4:01.00
4 Jaret Abel,19,EKSC	4:02.54	4:01.19
5 Dave McLellan,20,LAC	4:03.80	4:03.55
David Chisholm,20,LUSC	4:03.43	4:03.55
7 Stan McLaurin,24,GO	4:03.56	4:03.83
8 Brett Regan,22,IS	4:03.70	4:04.57
Consolation		
9 Bill Lomax,21,EKSC	4:05.17	4:03.15
10 Rob McFarlane,19,UCSC	4:04.76	4:03.37
11 Trevor Scheffel,22,BRANT	4:06.05	4:05.37
12 Alex Leduc,20,UL	4:06.08	4:07.22
13 Brett Creed,18,PDSA	4:09.00	4:08.36
14 Ron Voordouw,17,UCSC	4:09.78	4:08.79
15 Baldev Ahluwalia,23,BROCK	4:09.38	4:09.92
16 Adam Peacey,17,GO	4:08.95	4:10.28

800 FREESTYLE	**Time Final**
1 Greg Streppel,25,IS	8:16.60
2 Dave McLellan,20,LAC	8:18.60
3 Liam Weseloh,17,NYAC	8:22.24
4 Jaret Abel,19,EKSC	8:23.48
5 Trevor Scheffel,22,BRANT	8:29.04
6 Brett Creed,18,PDSA	8:30.76
7 Ron Voordouw,17,UCSC	8:33.03
8 Sebastien Georgescu,17,YORK	8:35.26
Consolation	
9 Matthew Cardwell,19,PCSC	8:36.47
10 Michael McWha,16,WAC	8:38.20
11 Craig Devitt,20,GO	8:39.43
12 John McArthur,18,PDSA	8:40.30
13 Brent Sallee,16,PDSA	8:40.36
14 Francis Madore,18,CAGRA	8:40.74
15 Sean Swain,22,UCSC	8:41.19
16 Mark Johnson,.15,CAJ	8:41.89

1500 FREESTYLE	**800 spit**	**Final**
1 Bill Lomax,21,EKSC	8:18.55	15:44.83
2 Dave McLellan,20,LAC	8:22.04	15:47.67
3 Liam Weseloh,17,NYAC	8:22.45	15:49.18
4 Turlough O'Hare,23,NYAC	8:22.45	15:55.82
5 Greg Streppel,25,IS	8:27.02	15:57.42
6 Brett Creed,18,PDSA	8:29.72	16:09.45
7 Trevor Scheffel,22,BRANT	8:32.56	16:09.88
8 Jaret Abel,19,EKSC	8:25.64	16:11.72
Consolation		
9 Alex Leduc,20,UL	8:37.52	16:17.37
10 Robert Pearson,23,PCSC	8:36.45	16:17.53
11 Michael McWha,16,WAC	8:37.04	16:22.95
12 Brett Regan,22,IS	8:35.01	16:25.39
13 Francis Madore,18,CAGRA	8:43.16	16:27.20
14 Chris Peck,21,CASC	8:44.42	16:28.51
15 Brent Sallee,16,PDSA	8:44.88	16:30.69
16 Ron Voordouw,17,UCSC	8:43.58	16:31.23

50 BACKSTROKE	**Heat**	**Final**
1 Robert Barknis,20,CAC	27.00	26.43
2 Chris Renaud,16,UCSC	27.09	26.66
3 Kris Fisher,17,MAC	27.31	26.92
4 Francois Gravel,UL	27.20	27.00
5 Kevin Draxinger,26,PDSA	27.17	27.11
6 Jeff Welechuk,22,EKSC	27.21	27.22
7 Darren Ward,24,UCSC	27.35	27.85
8 Mark Versfeld,17,EKSC	27.50	28.30

100 BACKSTROKE	**Heat**	**Final**
1 Robert Braknis,20,CAC	57.10	56.99
2 Gary Anderson,23,NYAC	57.00	57.02
3 Kevin Draxinger,26,PDSA	57.76	57.07
4 Raymond Brown,24,UNATT	57.09	57.15
5 Chris Renaud,16,UCSC	57.84	57.47
6 Mark Versfeld,17,EKSC	58.29	57.73
7 Stephen Hulford,21,ROW	58.49	58.16
8 Francois Gravel,UL	58.20	58.44
Consolation		
9 Jeff Welechuk,22,EKSC	58.67	58.89
10 Kris Fisher,17,MAC	58.84	59.34
11 Shawn Button,18,ROW	59.18	59.41
12 Bob Hayes,16,SCAR	59.79	59.65
13 Ken McDonald,22,CASC	59.99	59.69
14 Chris Clark,20,SSCD (USA)	59.94	59.81
15 Steve VanderMeulen,24,UCSC	58.76	1:00.10
16 Kevin Mertz,17,LASC	1:00.12	1:00.73

200 BACKSTROKE	**Heat**	**Final**
1 Kevin Draxinger,26,PDSA	2:03.43	2:01.85
2 Raymond Brown,24,UNATT	2:05.72	2:02.85
3 Chris Renaud,16,UCSC	2:05.66	2:03.72
4 Mark Versfeld,17,EKSC	2:07.02	2:03.94
5 Stephen Hulfrod,21,ROW	2:04.72	2:04.01
6 Gary Anderson,23,NYAC	2:06.40	2:06.41
7 Shawn Button,18,ROW	2:06.84	2:08.14
8 Ron Watson,24,NYAC	2:07.31	2:10.25
Consolation		
9 Francois Gravel,UL	2:07.91	2:08.12
10 Curtis Myden,19,UCSC	2:07.94	2:08.18
11 Chris Clark,20,SSCD (USA)	2:09.69	2:08.91
12 Greg Hamm,17,DELTA	2:08.89	2:08.92
13 Trevor Scheffel,22,BRANT	2:08.93	2:09.81
14 Mathew Leaker,16,PEPSI	2:09.79	2:10.04
15 Dustin Hersee,17,PDSA	2:09.74	2:10.19
16 Steve VanderMeulen,24,UCSC	2:07.97	2:10.47

50 BREASTSTROKE	Heat	Final
1 Jon Cleveland,22,UCSC	29.23	28.88
2 Russell Patrick,18,UCSC	29.72	29.57
3 Andrew Trussler,20,GO	30.07	30.07
4 Emile Veroni,21,UCSC	30.02	30.10
5 Curtis Myden,19,UCSC	29.96	30.10
6 Jean-N Poirier,17,SAMAK	29.96	30.11
7 Stephen Shumka,22,RAYS	30.19	30.25
8 Daryl Shannon,17,SPART	30.17	30.27

100 BREASTSTROKE	**Heat**	**Final**
1 Jon Cleveland,22,UCSC	1:02.88	1:03.27
2 Andrew Trussler,20,GO	1:05.54	1:04.82
3 Jean-N Poirier,17,SAMAK	1:05.76	1:05.24
4 Russell Patrick,18,UCSC	1:06.68	1:06.13
5 Rodney Thomas,25,MM	1:06.93	1:06.56
6 Vaughn Thompson,18,PEPSI	1:06.97	1:06.69
7 Clint Stevens,20,UCSC	1:06.97	1:06.89
8 Ben Bell,19,SPART	1:07.15	1:07.51
Consolation		
9 Vilmos Kovacs,18,FTC (HUN)	1:06.46	1:06.22
10 Bryce Milsom,21,CASC	1:07.25	1:06.55
11 Daryl Shannon,17,SPART	1:07.54	1:06.70
12 Stephen Shumka,22,RAYS	1:07.20	1:07.52
13 Edward Ng,17,PDSA	1:07.40	1:07.56
14 Jason Meyer,21,HYACK	1:07.50	1:07.58
15 Michael Moore,19,COBRA	1:07.28	1:07.75
16 Curtis Myden,19,UCSC	1:07.67	1:07.79

200 BREASTSTROKE	**Heat**	**Final**
1 Jon Cleveland,22,UCSC	2:18.19	2:14.81
2 Vaughn Thompson,18,PEPSI	2:20.81	2:19.82
3 Andrew Trussler,20,GO	2:20.95	2:19.94
4 Curtis Myden,19,UCSC	2:21.66	2:20.31
5 Jean-N Poirier,17,SAMAK	2:22.31	2:22.21
6 Edward Ng,17,PDSA	2:24.10	2:24.79
7 John Grootveld,NYAC	2:25.01	2:26.01
8 Michael Moore,19,COBRA	2:24.87	2:27.48
Consolation		
9 Vilmos Kovacs,18,FTC (HUN)	2:23.93	2:23.45
10 Russell Patrick,18,UCSC	2:26.09	2:24.53
11 Glendon Flint,18,TAT	2:25.76	2:25.19
12 Rodney Thomas,25,MM	2:26.11	2:25.75
13 Brce Milsom,21,CASC	2:25.75	2:25.93
14 Jason Meyer,21,HYACK	2:26.20	2:26.50
15 Ben Kleine,17,GO	2:26.41	2:26.67
16 Jesse Jodoin,21,DH	2:26.06	2:30.91

50 BUTTERFLY	**Heat**	**Final**
1 Justin Finney,19,PCSC	25.16	24.98
2 Miguel Munoz,20,UNATT	25.37	25.11
3 Stephen Clarke,20,COBRA	25.45	25.16
4 Stephane Hebert,24,UL	25.55	25.42
5 Martin Hebert,24,UL	25.70	25.44
6 Iain Tennent,20,NEWS	25.65	25.55
7 Val Weaver,22,CASC	25.59	25.75
8 Darren Ward,24,UCSC	25.68	26.28

100 BUTTERFLY	**Heat**	**Final**
1 Justin Finney,19,PCSC	56.30	55.57
2 Eddie Parenti,20,GO	56.19	55.60
3 Stephen Clarke,20,COBRA	56.22	55.68
4 Sebastien Goulet,23,POLAR	55.66	55.90
5 Stephane Hebert,24,UL	56.35	56.47
6 Doug Wake,16,ROD	56.52	56.38
7 Miguel Munoz,20,UNATT	56.84	56.81
8 Darren Ward,24,UCSC	56.75	58.04
Consolation		
9 Jonathan McLeod,17,ROD	56.93	56.92
10 Francois Gravel,UL	56.93	57.05
11 Iain Tennent,20,NEWS	57.31	57.23
12 Philippe Pominville,18,PCSC	57.27	57.44
13 Dino Verbrugge,18,HYACK	57.50	57.51
14 Dan Letourneau,17,CNCB	57.76	57.54
15 Derek McEachern,20,GMAC	57.63	57.68
16 Ken McDonald,22,CASC	57.35	57.80

200 BUTTERFLY	**Heat**	**Final**
1 Eddie Parenti,20,GO	2:03.90	2:01.92
2 Kyle Seeback,21,NYAC	2:04.01	2:02.97
3 Owen VonRichter,18,PEPSI	2:03.91	2:03.06
4 Rob McFarlane,19,UCSC	2:03.49	2:03.26
5 Dan Letourneau,17,CNCB	2:04.30	2:03.49
6 Frank Samel,20,PEPSI	2:04.39	2:03.84
7 Jonathan McLeod,17,ROD	2:04.38	2:04.39
8 Philippe Pominville,18,PCSC	2:04.50	2:04.76
Consolation		
9 Justin Finney,19,PCSC	2:05.03	2:04.03
10 Robert Sampson,18,GO	2:05.32	2:05.15
11 Doug Wake,16,ROD	2:06.96	2:05.34
12 Dino Verbrugge,18,HYACK	2:05.06	2:05.48
13 Ken McDonald,22,CASC	2:06.03	2:05.79
14 David Chisholm,20,LUSC	2:08.41	2:06.79
15 Stan McLaurin,24,GO	2:07.70	2:08.33
16 Andrew Cho,15,HYACK	2:08.33	2:09.31

200 INDIVIDUAL MEDLEY	**Heat**	**Final**
1 Curtis Myden,19,UCSC	2:05.82	2:03.75
2 Owen VonRichter,18,PEPSI	2:07.88	2:04.98
3 Darren Ward,24,UCSC	2:06.13	2:05.07
4 Ron Watson,24,NYAC	2:07.72	2:05.12
5 Gary Anderson,23,NYAC	2:06.73	2:05.57
6 Raymond Brown,24,UNATT	2:06.75	2:05.88
7 Mark Versfeld,17,EKSC	2:06.40	2:06.36

8	Jasen Pratt,21,EKSC	2:07.42	2:06.92
Consolation			
9	Russell Patrick,18,UCSC	2:08.53	2:08.37
10	Kevin Draxinger,26,PDSA	2:08.86	2:09.38
11	Jon Cleveland,22,UCSC	2:09.40	2:09.97
12	Dan Letourneau,17,CNCB	2:10.52	2:10.00
13	Jean-N. Poirier,17,SAMAK	2:09.99	2:10.23
14	Stephen Clarke,20,COBRA	2:10.59	2:10.66
15	Clinton Stevens,20,UCSC	2:10.33	2:12.13
16	Jonathan McLeod,17,ROD	2:09.68	no show
400 INDIVIDUAL MEDLEY		**Heat**	**Final**
1	Owen VonRichter,18,PEPSI	4:34.04	4:26.75
2	Curtis Myden,19,UCSC	4:33.11	4:27.04
3	Jasen Pratt,21,EKSC	4:35.32	4:30.20
4	Jonathan McLeod,17,ROD	4:36.06	4:34.87
5	Adam Peacey,17,GO	4:38.79	4:35.21
6	David Chisholm,20,LUSC	4:38.90	4:36.85
7	Sebastien Guerard,17,CNMN	4:38.15	4:39.53
8	Ben Kleine,17,GO	4:39.55	4:47.30
Consolation			
9	Dino Verbrugge,18,HYACK	4:41.88	4:36.82
10	Dan Letourneau,17,CNCB	4:40.83	4:37.93
11	Vaughn Thompson,18,PEPSI	4:41.32	4:39.81
12	Robert Sampson,18,GO	4:42.11	4:40.85
13	John McArthur,18,PDSA	4:42.33	4:42.90
14	Andrew Cho,15,HYACK	4:42.35	4:44.02
15	Edward Ng,17,PDSA	4:42.92	4:51.84
16	Jayson Knack,20,BRANT	4:43.77	no show
4 x 50 MEDLEY RELAY			**Time Final**
1	University of Calgary SC, UCSC		1:43.18
2	Edmonton Keyano SC, EKSC		1:45.22
3	Universite Laval Rouge & Or, UL		1:45.66
4	North York AC, NYAC		1:45.72
5	University of Calgary SC B, UCSC		1:46.04
6	Cascade Swim Club, CASC		1:46.88
7	Markham Aquatic Club, MAC		1:47.15
8	Gloucester-Ottawa Kingfish, GO		1:47.26
4 x 100 MEDLEY RELAY			**Time Final**
1	University of Calgary SC, UCSC		3:48.76
2	Gloucester-Ottawa Kingfish, GO		3:53.09
3	North York AC, NYAC		3:53.66
4	Edmonton Keyano SC, EKSC		3:54.97
5	Cascade Swim Club, CASC		3:55.40
6	Pacific Dolphin SA, PDSA		3:55.52
7	Universite Laval Rouge & Or, UL		3:55.57
8	University of Calgary SC B, UCSC		3:57.44
4 x 100 FREE RELAY			**Time Final**
1	University of Calgary SC, UCSC		3:29.18
2	North York AC, NYAC		3:29.72
3	Universite Laval Rouge & Or, UL		3:30.03
4	Pepsi Swimming, PEPSI		3:30.86
5	Pacific Dolphin SA, PDSA		3:32.60
6	Edmonton Keyano SC, EKSC		3:33.17
7	University of Calgary SC B, UCSC		3:34.30
8	Gloucester-Ottawa Kingfish, GO		3:35.39
4 x 200 FREE RELAY			**Time Final**
1	University of Calgary SC, UCSC		7:38.16
2	North York AC, NYAC		7:39.84
3	Pepsi Swimming, PEPSI		7:44.16
4	Pacific Dolphin SA, PDSA		7:45.66
5	Gloucester-Ottawa Kingfish, GO		7:47.72
6	University of Calgary SC B, UCSC		7:48.64
7	Universite Laval Rouge & Or, UL		7:52.26
8	Edmonton Keyano SC, EKSC		7:55.90
MEN'S TEAM SCORES			
1	University of Calgary Swim Club		663.0
2	North York Aquatic Club		317.0
3	Edmonton Keyano Swim Club		285.0
4	Gloucester-Ottawa Kingfish		272.0
5	Pepsi Swimming		258.0
6	Pacific Dolphin Swim Association		209.0
7	Universite Laval Rouge & Or		195.0
8	City of Brampton Swim Club		104.0
9	Island Swimming		103.0
	Pointe Claire Swim Club		103.0
10	Chateauguay Aquatic Club		97.0
WOMEN			
50 FREESTYLE		**Heat**	**Final**
1	Jessica Amey,16,UCSC	26.16	26.16
2	Shannon Shakespeare,16,MM	26.46	26.32
3	Andrea Nugent,24,UL	26.65	26.69
4	Patricia Levesque,19,UL	27.18	26.84
5	Joanne Malar,17,HWAC	26.76	26.85
6	Lori Melien,21,UCSC	26.99	27.00
7	Sharon Turner,20,HYACK	27.24	27.13
8	Karen Chow,19,HYACK	27.23	27.32
Consolation			
9	Gyongyver Lakos,15,FTC (HUN)	27.05	26.82
10	Anita Lee,18,PDSA	27.33	26.98
11	Patricia Noall-Lauzon,23,CAS	27.47	27.09
12	Cindy Unruh,22,SPART	27.40	27.14
13	Erin Murphy,23,CASC	27.51	27.31
14	Anne Blachford,16,COBRA	27.40	27.37
15	Laura Nicholls,14,ROW	27.48	27.46
16	Julie Howard,16,BRANT	27.46	27.68
100 FREESTYLE		**Heat**	**Final**
1	Marianne Limpert,20,NYAC	57.61	56.87
2	Joanne Malar,17,HWAC	57.70	57.65
3	Jessica Amey,16,UCSC	58.33	57.87
4	Kim Paton,21,BRANT	58.08	57.96
5	Patricia Levesque,19,UL	58.08	58.02
6	Julie Barbeau,18,CNMN	58.24	58.04
7	Shannon Shakespeare,16,MM	57.79	58.17
8	Julie Howard,16,BRANT	58.64	59.08
Consolation			
9	Gyongyver Lakos,15,FTC (HUN)	58.11	58.14
10	Cindy Unruh,22,SPART	58.93	58.60
	Glencora Maughan,16,PDSA	58.66	58.60
12	Lori Melien,21,UCSC	58.71	58.85
13	Sharon Turner.20,HYACK	58.65	58.91
14	Michelle Killins,18,PEPSI	59.01	58.98
15	Edith Lachapelle,16,DH	58.84	59.08
16	Petrina Lessard,19,PCSC	58.88	59.73
200 FREESTYLE		**Heat**	**Final**
1	Joanne Malar,17,HWAC	2:05.28	2:03.16
2	Marianne Limpert,20,NYAC	2:04.84	2:03.48
3	Tara Fullbrandt,15,EKSC	2:05.87	2:04.29
4	Julie Barbeau,18,CNMN	2:04.05	2:04.55
5	Jocelyn Jay,21,BRANT	2:06.90	2:06.28
6	Shannon Shakespeare,16,MM	2:06.22	2:06.32
7	Holly McComb,17,PCSC	2:05.90	2:06.40
8	Andrea Papamandjaris,22,NYAC	2:06.11	2:07.83
Consolation			
9	Kim Paton,21,BRANT	2:06.90	2:06.46
10	Gyongyver Lakos,15,FTC (HUN)	2:06.55	2:06.57
11	Donna Wu,16,PDSA	2:07.53	2:07.19
12	Tanya Tighe,19,IS	2:07.66	2:07.78
13	Michelle Killins,18,PEPSI	2:07.41	2:07.81
14	Alicia Hicken,18,PEPSI	2:09.06	2:08.41
15	Petrina Lessard,19,PCSC	2:07.10	2:08.47
16	Melissa Knox,14,PDSA	2:08.56	2:09.12
400 FREESTYLE		**Heat**	**Final**
1	Joanne Malar,17,HWAC	4:22.15	4:18.41
2	Holly McComb,17,PCSC	4:25.75	4:21.89
3	Cindy Bertelink,17,COBRA	4:26.02	4:23.31
4	Joanne Currah,LAC	4:26.29	4:23.74
5	Tanya Tighe,19,IS	4:26.65	4:26.01
6	Michelle Sallee,19,PDSA	4:24.95	4:26.44
7	Christine Jeffrey,20,GMAC	4:24.34	4:28.54
8	Jocelyn Jay,21,BRANT	4:25.07	4:31.15
Consolation			
9	Tara Fullbrandt,15,EKSC	4:28.26	4:25.45
10	Michelle Killins,18,PEPSI	4:28.72	4:26.02
11	Melissa Knox,14,PDSA	4:30.92	4:26.97
12	Susan Barnes,23,CASC	4:30.23	4:27.71
13	Julie Dufour,18,ETORY	4:29.63	4:28.18
14	Kim Kerr,16,HWAC	4:30.03	4:30.55
15	Gwen Grubski,17,UL	4:28.83	4:30.95
16	Donna Wu,16,PDSA	4:30.20	4:32.90
800 FREESTYLE			**Time Final**
1	Melissa Knox,14,PDSA		8:51.47
2	Nikki Dryden,18,IS		8:52.87
3	Michelle Sallee,19,PDSA		8:53.02
4	Holly McComb,17,PCSC		8:59.20
5	Joanne Currah,LAC		8:59.40
6	Kim Kerr,16,HWAC		9:04.14
7	Cindy Bertelink,17,COBRA		9:04.96
8	Tanya Tighe,19,IS		9:08.50
Consolation			
9	Tara Seymour,20,EKSC		9:09.61
10	Susan Barnes,23,CASC		9:11.40
11	Orenda Cornwell,16,ROD		9:14.75
12	Julie Dufour,18,ETORY		9:14.99
13	Tara Fullbrandt,15,EKSC		9:15.61
14	Jocelyn Jay,21,BRANT		9:16.37
15	Gwen Grubski,17,UL		9:16.50
16	Karine Legault,14,CASE		9:16.99
1500 FREESTYLE		**800 split**	**Final**
1	Cindy Bertelink,17,COBRA	8:57.71	16:56.58
2	Melissa Knox,14,PDSA	9:01.18	17:03.10
3	Michelle Sallee,19,PDSA	9:03.52	17:07.43
4	Jocelyn Jay,21,BRANT	9:13.05	17:26.40
5	Susan Barnes,23,CASC	9:18.61	17:31.13
6	Tara Seymour,20,EKSC	9:14.37	17:31.70
7	Stephanie Labelle,17,CNB	9:18.26	17:36.62
8	Julie Dufour,18,ETORY	9:27.09	17:42.53
Consolation			
9	Orenda Cornwell,16,ROD	9:27.18	17:45.88
10	Stephanie Richardson,16,NYAC	9:17.69	17:47.96
11	Cara Lachmuth,15,UCSC	9:31.84	17:50.93
12	Michelle Pilling,18,NYAC	9:26.26	17:51.27
13	Karine Legault,14,CASE	9:24.58	17:51.66
14	Jenny Scott,13,EKSC	9:29.15	17:53.24
15	Natalie Sauvageau,16,CAMO	9:31.89	17:55.64
16	Shelby Brown,18,BOSS	9:28.98	17:56.99
50 BACKSTROKE		**Heat**	**Final**
1	Jessica Amey,16,UCSC	30.37	30.35
2	Christine Harris,22,EYSC	30.54	30.60
3	Julie Howard,16,BRANT	30.61	30.62
4	Lori Melien,21,UCSC	30.88	30.63
5	Nadine Rolland,18,CNB	30.93	30.73
6	Suzanne Weckend,16,IS	31.13	30.74
7	Glencora Maughan,16,PDSA	30.87	30.79
8	Katrina Walters,17,PSW	31.01	30.85
Consolation			
9	Rikki Janes,14,GOLD	31.17	30.75
10	Anne Barnes,21,PDSA	31.31	31.04
11	Shona Baillie,17,PEPSI	31.46	31.17
12	Allison Barriscale,17,IS	31.36	31.20
13	Karla Klein,MAC	31.68	31.27
14	Kathy Monar,18,UCSC	31.19	31.29
15	Christine Natywary,16,PEPSI	31.48	31.80
16	Katharine Dunn,18,HTAC	31.76	31.97
100 BACKSTROKE		**Heat**	**Final**
1	Suzanne Weckend,16,IS	1:04.37	1:03.92
2	Jessica Amey,16,UCSC	1:05.05	1:04.07
3	Katrina Walters,17,PSW	1:04.67	1:04.30
4	Nikki Dryden,18,IS	1:05.14	1:04.44
5	Kathy Monar,18,UCSC	1:05.38	1:04.90
6	Christine Harris,22,EYSC	1:05.02	1:05.14
7	Beth Hazel,19,LAC	1:05.48	1:05.60
8	Karen Seland,18,UCSC	1:05.75	1:05.91
Consolation			
9	Lori Melien,21,UCSC	1:05.84	1:05.24
10	Julie Howard,16,BRANT	1:05.89	1:05.44
11	Anne Barnes,21,PDSA	1:06.10	1:05.74
12	Lisa Virgini,16,PCSC	1:05.78	1:05.99
13	Nadine Emond,20,CNMN	1:06.55	1:06.36
14	Allison Barriscale,17,IS	1:06.06	1:06.67
15	Colleen Ray,16,GO	1:06.53	1:06.72
16	Nadine Rolland,18,CNB	1:06.59	1:06.81
200 BACKSTROKE		**Heat**	**Final**
1	Katrina Walters,17,PSW	2:17.28	2:17.03
2	Beth Hazel,19,LAC	2:18.44	2:17.87
3	Nikki Dryden,18,IS	2:18.54	2:18.26
4	Lisa Virgini,16,PCSC	2:19.46	2:18.52
5	Karen Seland,18,UCSC	2:20.20	2:18.67
6	Joanne Malar,17,HWAC	2:18.99	2:19.18
7	Colleen Ray,16,GO	2:20.35	2:19.48
8	Nadine Emond,20,CNMN	2:20.63	2:20.20
Consolation			
9	Julie Howard,16,BRANT	2:23.67	2:19.86
10	Kathy Monar,18,UCSC	2:22.14	2:20.39
11	Suzanne Weckend,16,IS	2:22.62	2:21.58
12	Allison Barriscale,17,IS	2:21.33	2:22.24
13	Erica Klohn,15,SKSC	2:22.36	2:22.54
14	Kim Kerr,16,HWAC	2:23.98	2:23.05
15	Anne Barnes,21,PDSA	2:23.18	2:23.26
16	Teresa Kuran.17,GO	2:24.15	2:23.95
50 BREASTSTROKE		**Heat**	**Final**
1	Keltie Duggan,22,UCSC	32.75	32.48
2	Guylaine Cloutier,21,LAVAL	32.70	32.60
3	Lisa Flood,21,UNATT	32.85	32.71
4	Nancy Gravel,2,SHER	33.10	33.28
5	Lisa Blackburn,20,GO	33.14	33.49
6	Tara Higgins,21,ROW	33.55	33.60
7	Jennifer Heagy,16,SPART	33.52	33.71
8	Anne Blachford,16.COBRA	33.76	34.06
100 BREASTSTROKE		**Heat**	**Final**
1	Guylaine Cloutier,21,LAVAL	1:10.52	1:10.52
2	Lisa Flood,21,UNATT	1:11.97	1:10.61
3	Keltie Duggan,22,UCSC	1:12.13	1:11.46
4	Tara Higgins,21,ROW	1:13.68	1:12.74
5	Lisa Blackburn,20,GO	1:13.39	1:13.24
6	Natalie Giguere,20,UL	1:14.17	1:13.76
7	Nancy Gravel,20,SHER	1:13.55	1:13.93
8	Marianne Limpert,20,NYAC	1:13.99	1:14.09
Consolation			

9	Nancy Sweetnam,19,LUSC	1:15.15	1:13.31
10	Jennifer Heagy,16,SPART	1:14.44	1:13.76
11	Laura Adams,20,NEW	1:14.33	1:13.85
12	Willa Bostock,14,PEPSI	1:14.42	1:14.35
13	Carwai Seto,20,HTAC	1:14.66	1:14.42
14	Ellen Grams,16,AAC	1:14.88	1:14.75
15	Shannon Shakespeare,16,MM	1:15.18	1:15.26
16	Danica Wizniuk,12,STSC	1:15.12	1:16.69
200 BREASTSTROKE		**Heat**	**Final**
1	Natalie Giguere,20,UL	2:34.56	2:32.30
2	Lisa Flood,21,UNATT	2:37.58	2:33.38
3	Guylaine Cloutier,21,LAVAL	2:34.77	2:33.90
4	Nancy Sweetnam,19,LUSC	2:37.80	2:34.05
5	Chantal Oubois,19,UL	2:35.80	2:35.44
6	Jennifer Heagy,16,SPART	2:38.81	2:40.08
7	Tara Higgins,21,ROW	2:38.39	2:40.54
8	Keltie Ouggan,22,UCSC	2:39.09	2:40.57
Consolation			
9	Rae Abbott,16,HYACK	2:41.43	2:38.51
10	Laura Adams,20,NEW	2:39.40	2:40.64
11	Lisa Blackburn,20,GO	2:42.30	2:41.52
12	Josee Oubois,14,RCA	2:41.33	2:42.07
13	Willa Bostock,14,PEPSI	2:42.22	2:42.13
14	Ellen Grams,16,AAC	2:42.04	2:43.29
15	Nancy Gravel,20,SHER	2:43.36	2:43.31
16	Josianne Laflamme,18,CNB	2:42.70	2:45.71
50 BUTTERFLY		**Heat**	**Final**
1	Jessica Amey,16,UCSC	28.10	27.74
2	Sarah Evanetz,18,PDSA	28.48	28.37
3	Shona Kitson,15,WAC	28.93	28.82
4	Andrea Nugent,24,UL	28.40	28.89
5	Lori Melien,21,UCSC	29.14	28.95
6	Erin Murphy,23,CASC	29.01	29.06
7	Lisa Robertson,18,HYACK	29.06	29.12
8	Patricia Levesque,19,UL	29.18	29.28
100 BUTTERFLY		**Heat**	**Final**
1	Sarah Evanetz,18,PDSA	1:02.58	1:01.28
2	Jessica Amey,16,UCSC	1:01.50	1:02.07
3	Oebbie Gaudin,22,EKSC	1:03.58	1:02.98
4	Julie Barbeau,18,CNMN	1:03.49	1:03.04
5	Shona Kitson,15,WAC	1:03.95	1:03.39
6	Lisa Robertson,18,HYACK	1:03.52	1:03.53
7	Lori Melien,21,UCSC	1:03.63	1:03.78
8	Patricia Levesque,19,UL	1:04.09	1:04.94
Consolation			
9	Julie Howard,16,UCSC	1:04.91	1:03.80
10	Beth Hollihan,20,NYAC	1:04.31	1:04.02
11	Jennifer Ramsden,16,GO	1:04.69	1:04.02
12	Iona Allen,19,HTAC	1:04.63	1:04.13
13	Kelly Stevens,18,PEPSI	1:04.65	1:04.43
14	Jennifer Hutchison,21,PCSC	1:04.82	1:04.55
15	Chris Courtemanche,17,EKSC	1:05.07	1:05.37
16	Jacynthe Pineau,19.,EXCEL	1:04.94	1:05.47
200 BUTTERFLY		**Heat**	**Final**
1	Jacynthe Pineau,19,EXCEL	2:18.00	2:16.62
2	Kelly Stevens,18,PEPSI	2:19.73	2:16.79
	Beth Hollihan,20,NYAC	2:18.26	2:16.79
4	Jennifer Ramsden,16,GO	2:19.98	2:17.91
5	Josee Santillan,17,LAVAL	2:17.62	2:18.44
6	Sarah Evanetz,18,PDSA	2:18.93	2:19.08
7	Oebbie Gaudin,22,EKSC	2:20.61	2:19.96
8	Beth Hazel,19,LAC	2:19.79	2:20.42
Consolation			
9	Iona Allen,19,HTAC	2:21.06	2:18.18
10	Shona Kitson,15,WAC	2:21.76	2:20.24
11	Jennifer Button,15,ROW	2:21.45	2:20.75
12	Jennifer Hutchison,21,PCSC	2:21.12	2:20.91
13	Lisa Robertson,18,HYACK	2:20.73	2:21.36
14	Sheila Hewerdine,LAC	2:20.83	2:21.65
15	Kathryn Kimber,17,GO	2:21.04	2:21.74
16	Lori Eshom,18,CASC	2:21.35	2:21.86
200 INDIVIDUAL MEDLEY		**Heat**	**Final**
1	Marianne Limpert,20,NYAC	2:18.66	2:15.53
2	Nancy Sweetnam,19,LUSC	2:20.59	2:16.32
3	Joanne Malar,17,HWAC	2:19.57	2:18.63
4	Katrina Walters,17,PSW	2:22.48	2:21.94
5	Anne Blachford,16,COBRA	2:22.19	2:22.70
6	Guylaine Cloutier,21,LAVAL	2:23.10	2:23.39
7	Christine Jeffrey,20,GMAC	2:22.84	2:23.52
8	Sarah Evanetz,18,POSA	2:21.51	2:27.66
Consolation			
9	Allison Barriscale,17,IS	2:23.10	2:22.23
10	Chantal Oubois,19,UL	2:25.68	2:22.96
11	Julie Howard,16,BRANT	2:25.17	2:22.99
12	Sabrina Kolga,16,RDCSC	2:25.63	2:24.28
13	Suzanne Weckend,16,IS	2:25.67	2:25.73
14	Lisa Blackburn,20,GO	2:24.01	2:25.98
15	Natalie Giguere,20,UL	2:25.99	2:26.55
16	Laura Adams,20,NEW	2:25.86	2:29.68
400 INDIVIDUAL MEDLEY		**Heat**	**Final**
1	Nancy Sweetnam,19,LUSC	4:56.05	4:47.64
2	Joanne Malar,17,HWAC	4:58.14	4:53.68
3	Christine Jeffrey,20,GMAC	5:02.30	4:58.55
4	Iona Allen,19,HTAC	5:03.04	5:01.48
5	Sheila Hewerdine,LAC	5:03.27	5:01.62
6	Jocelyn Jay,21,BRANT	5:04.76	5:03.34
7	Katrina Walters,17,PSW	5:04.23	5:04.56
8	Allison Barriscale,17,IS	5:05.38	5:07.99
Consolation			
9	Chantal Oubois,19,UL	5:09.09	5:01.00
10	Patti Hutchinson,21,BBF	5:09.63	5:03.55
11	Joanne Currah,LAC	5:07.69	5:04.99
12	Tara Seymour,20,EKSC	5:07.98	5:05.73
13	Natalie Giguere,20,UL	5:06.85	5:06.00
14	Tania Belisle-Leclerc,15,GO	5:06.20	5:08.00
15	Josianne Laflamme,18,CNB	5:06.89	5:09.86
16	Erin Adams,16,GO	5:10.29	5:13.33
4 x 50 MEDLEY RELAY			**Time Final**
1	University of Calgary SC, UCSC		*1.56.44
2	Pacific Oolphin SA, PDSA		1:58.53
3	Universite Laval Rouge & Or, UL		2:00.64
4	Edmonton Keyano SC, EKSC		2:01.14
5	Region of Waterloo, ROW		2:01.16
6	Pointe Claire SC, PCSC		2:01.44
7	Pepsi Swimming, PEPSI		2:01.51
8	Gloucester-Ottawa Kingfish, GO		2:01.57
4 x 100 MEDLEY RELAY			**Time Final**
1	University of Calgary SC, UCSC		4.17.69
2	Pacific Dolphin SA, POSA		4.18.71
3	Region of Waterloo, ROW		4.22.17
4	Gloucester-Ottawa Kingfish, GO		4.22.84
5	Pepsi Swimming, PEPSI		4:25.22
6	Island Swimming, IS		4.26.76
7	North York AC, NYAC		4:27.35
8	Universite Laval Rouge & Or, UL		4:27.68
4 x 100 FREE RELAY			**Time Final**
1	Pacific Dolphin SA, POSA		3:53.77
2	North York AC, NYAC		3:55.24
3	University of Calgary SC, UCSC		3:55.44
4	Pointe Claire SC, PCSC		3:57.55
5	Brantford AC, BRANT		3:57.84
6	Island Swimming, IS		3:58.44
7	Region of Waterloo, ROW		3:59.57
8	Hyack Swim Club, HYACK		3:59.69
4 x 200 FREE RELAY			**Time Final**
1	Pointe Claire SC, PCSC		8:25.60
2	Pacific Oolphin SA, POSA		8:27.59
3	Brantford AC, BRANT		8:27.60
4	Island Swimming, IS		8:31.94
5	Pepsi Swimming, PEPSI		8:34.60
6	North York AC, NYAC		8:36.60
7	Region of Waterloo, ROW		8:41.27
8	Gloucester-Ottawa Kingfish, GO		8.43.82
WOMEN'S TEAM SCORE			
1	University of Calgary Swim Club		427.0
2	Pacific Oolphin Swim Association		356.0
3	Island Swimming		217.0
4	North York Aquatic Club		207.0
5	Universite Laval Rouge & Or		200.0
6	Brantford Aquatic Club		177.0
7	Hamilton-Wentworth Aquatic Club		176.0
8	Pointe Claire Swim Club		147.0
9	Gloucester-Ottawa Kingfish		116.5
10	Edmonton Keyano Swim Club		113.0

TOP PERFORMANCES

1	958	2:14.81	200 Breast	Jon Cleveland, 22, UCSC
2	954	2:15.53	200 I.M.	Marianne Limpert, 20, NYAC
3	950	2:03.75	200 I.M	Curtis Myden, 19, UCSC
4	942	2:16.32	200 I.M.	Nancy Sweetnam, 19, LUSC
5	940	2:01.85	200 Back	Kevin Draxinger, 26, PDSA
6	934	1.10.52	100 Breast	Guylaine Cloutier, 21, LAVAL
7	931	1:10.61	100 Breast	Lisa Flood, 21, UNATT
8	930	2:04.98	200 I.M	Owen VonRichter, 18, PEPSI
9	928	2:05.12	200 I.M	Ron Watson, 24, NYAC
10	928	2:05.07	200 I.M.	Darren Ward, 24, UCSC
11	927	2:32.30	200 Breast	Nathalie Giguere, 20, UL
12	926	0:26.16	50 Free	Jessica Amey, 16, UCSC
13	923	2:02.85	200 Back	Raymond Brown, 24, UNATT
14	918	2:01.92	200 Fly	Eddie Parenti, 22, GO
15	916	0:56.99	100 Back	Robert Braknis, 20, CAC

1000 points – Average of all time top 8 performances

PAN PACIFIC TEAM

WOMEN

Jessica Amey,16, Univ Calgary SC	50 free, 100 back, 100 fly
Julie Barbeau,18, CN Montreal-Nord	200 free relay
Cindy Berfelink,17, Brampton COBRA	1500 free
Guylaine Cloutier, 21, CN Laval	100 breast
Nikki Dryden, 18, Island Swimming	800 free, 200 back
Sarah Evanetz,18, Pacific Dolphins	100 fly
Lisa Flood, 21, unattached	100-200 breast
Tara Fullbrandt, 15, Edmonton Keyano SC	200 free relay
Nathalie Giguere,20, Univ Laval	200 breast
Beth Hollihan, 20, North York AC	200 fly
Christine Jeffrey, 20, Guelph Marlins AC	400 IM
Melissa Knox, 14, Pacific Dolphin SA	800-1500 free
Marianne Limpert, 20, North York AC	100-200 free, 200 IM
Joanne Malar, 17, HWAC	100-200-400 free, 200-400 IM
Holly McComb, 17, Pointe Claire SC	400 free
Jacynthe Pineau,18, EXCEL	200 fly
Shannon Shakespeare,16, Manitoba Marlins	50 free
Kelly Stevens, 18, Pepsi Swimming	200 fly
Katrina Walters, 17, Pacific Seawolves	200 back
Suzanne Weckend, 16, Island Swimming	100 back

MEN

Gary Anderson, 24, North York AC	100 back
Robert Braknis, 20, CA Chateauguay	50 free, 100 back
Raymond Brown, 24, unattached	200 back
Stephen Clarke, 20, Brampton COBRA	100 free
Jon Cleveland, 22, Univ.Calgary SC	100-200 breast
Kevin Draxinger, 26, Pacific Dolphin SA	200 back
Justin Finney, 19, Pointe Claire SC	100 fly
Sebastien Goulet, 23, Montreal POLAR	100 free relay
Dean Kondziolka, 21, Lethbridge ASC	50-100 free
Bill Lomax, 21, Edmonton Keyano SC	1500 free
Rob McFarlane, 19, Univ Calgary SC	200 free relay
Dave McLellan, 20, London AC	800-1500 free
Curtis Myden, 19, Univ Calgary SC	200-400 IM
Turlough O'Hare, 24, North York AC	400 free
Eddie Parenti, 22, Gloucester-Ottawa	100-200 fly
Kyle Seeback, 21, North York AC	200 fly
Greg Streppel, 25, Island Swimming	800 free
Vaughn Thompson, 18, Pepsi Swimming	200 breast
Andrew Trussler, 20, Gloucester-Ottawa	100 breast
Owen VonRichter, 18, Pepsi Swimming	200-400 free 200-400 IM
Darren Ward, 24, Univ Calgary SC	200 free relay
Ron Watson, 24, North York AC	100 free relay

STAFF

Head Coach: Ron Jacks, Island Swimming
Performance Coaches:
Gaye Stratten, Hamilton-Wentworth AC
Eduard Levites, Gloucester-Ottawa
Selected Coaches
Bill Barton, Lethbridge ASC
Mike Pliuskaitis, Brampton COBRA
Managers:
Micheline Gravel, Quebec
Lynn Sewell, Ontario
Therapists:
Aurel Hamran
Kathleen Knox

COMBINED TEAM SCORES

	Points	*Club*	*Head Coach*
1	1090.0	University of Calgary SC	Deryk Snelling
2	565.0	Pacific Dolphin SA	Tom Johnson
3	524.0	North York AC	B.MacDonald/M.Gurgol
4	398.0	Edmonton Keyano SC	Dave Johnson
5	395.0	Universite Laval	Benoit LeBrun
6	388.5	Gloucester-Ottawa	Eduard Levites
7	361.5	Pepsi Swimming	Clifford A. Barry
8	320.0	Island Swimming	Ron Jacks
9	250.0	Pointe Claire SC	Russ Franklin
10	215.0	Brantford AC	Mark Fellner
11	201.0	City of Brampton	Mike Pliuskaitis
12	176.0	Hamilton-Wentworth AC	Gaye Stratten
13	168.5	London Aquatic Club	Paul Midgley
14	160.0	Region of Waterloo	Dean Boles
15	126.0	Cascade Swim Club	Ken Olson

THE 'FREAK GENIUS' THAT MAKES TRUE CHAMPIONS

What is it that makes world champions? Are they the result of a specific swimming system? There's always been a tendency to ascribe success to clearly delineated factors. If we were to believe all we hear then it's almost for ambitious countries to possess great facilities, depth participation, four year plans, full state sponsorships, and all the other rigmarole that goes with synthesis.

There's always been a rush to climb on the bandwagon of the leading swimmers and swimming countries of the moment. And, to a certain extent, this is good, especially if the way others do it stimulates fresh thought, new avenues of action.

But I deplore the tendency to analyze, dissect, and reassemble the way its done elsewhere and present the "new" package as the answer to all that ails countries with sagging swimming egos.

Swimming, being technical (or seeming to be) has long lent itself to this predisposition—the readiness to file the 'answers' in neat pigeon holes.

You can't deny that better facilities, better coaching, and more talented swimmers should improve any nation's standards. But what about the great swimmers? What makes world champions? Talent alone? It's been said that "doing easily what others find difficult is talent; doing what is impossible for talent is genius."

I'm convinced that great champions have the touch of "genius". In swimming it's a "freak genius" because swimming is an adapted sport for humans. The Mary T. Meaghers, the Matt Biondis, the Kristen Ottos, and the Alex Baumanns have an amazing affinity for handling water effectively.

But achieving world supremacy is more than combining talent with hard work. It's more than just another formula—it's something that comes from the spirit in all the great swimmers I've known.

Is it the excitement of the occasion, an emotional uplift? No, it's something creative.

It's not only a talent but an instrument of physical expression. Combine it with flashes of spirit and it results in sheer artistry, grace, poetry of motion, supreme dignity of performance.

While humans still swim and are not supplemented by robots, the drive, spirit, "life force", call it what you will, will always mark the difference between mediocrity and the scintillating performances of the great.

Synthetic formulas are all very well. But don't forget the human personality when you make your plans.

Don't depersonalize sport.

After all, it's the Meaghers, the Biondis, the Ottos the Baumanns, the great personalities, that make a sport like swimming flourish and grow.

TRUDY DEFIED ODDS IN EPIC SWIM

Sixty-seven years ago this month, Gertrude Ederle (pronounced "Edderlee") became the first female to swim the English Channel

It was the largest sports trophy I had seen. Next to it sat a slightly deaf middle-aged lady who tilted her head when people stopped to talk to her. I didn't know then that I was looking at the famous Wrigley Trophy and it's winner, the great Gertrude Ederle.

But let me start my story at the beginning. The year was 1952 and American Olympic Coach, Bob Kiputh, had invited me to join a live TV show from station WOR, New York, in aid of funds to send the American team to that year's Olympics in Helsinki.

As we stepped off Broadway into the studio, I was dazzled by an amazing array of sports stars, past and present. They were all there, it seemed. Jesse Owens, Joe Louis, Jack Dempsey, Gene Tunney, Johnny Weissmuller, Ethelda Bleibtrey, John Marshall, Jim McLane, "Buster" Crabbe, Ann Curtis ... and so on and on.

But it was the quiet lady with the big trophy who interested me most. She sat there with an attitude that seemed to say: "This isn't really for me. I've had my moment of glory so why dwell on it. ..."

However, her feat is still recognized as one of the greatest in the history of "firsts" in human physical achievements; in the same category as Hillary and Tensing on Mt. Everest or Bannister and the four-minute mile.

Yes, it's a fact that when Gertrude Ederle, daughter of a German-American butcher, set out on August 6, 1926, to swim from Cap Gris-Nez, France, to Kingsdown, England, the London Daily News published an article the same day decrying the "general lack of skill, speed, and endurance" of women athletes.

According to famous sports journalist Paul Gallico, "the gent who wrote these words probably spent the next 24 hours eating them without cream or sugar."

Gertrude's tacit reply was to not only conquer the Channel, but clip 2 hours 23 minutes off the fastest time recorded by a male swimmer, Charles Toth of Boston.

Back to Gallico, "Conquest of that twenty-five mile strip of treacherous tides and roaring currents has lured swimmers for the past seventy years, and who knows what attempts were made that remain unrecorded? Five persons swam the Channel before Gertrude Ederle. But they were all men. No women had ever accomplished it. Several had tried but failed."

Trudy took 14 hours and 31 minutes to swim the Channel but, during that time, she must have lived several lifetimes.

According to Gallico, "Trudy went through hell. The story of her crossing is a classic of grit, stamina and guts. Frozen, exhausted and battered, sickened, she never once complained, and she never for a moment thought of giving up. She had to fight not only the sea and elements of the wind, rain and cold, but the contents of the sea, dangerous red jellyfish with long, stinging tentacles.

"At one point the sea was raging so furiously and buffeting her so badly that she was advised to give up lest she be injured. The English coast was three miles away. Pop Ederle called to her to ask her whether she wanted to quit. And out of the hissing spume of the stormy sea came her classic reply that was to ring around the world: "What for?"

And when it was all over, the 19-year-old girl was inundated with fame. She came home to one of the greatest New York ticker-tape welcomes of all time. She was given the Wrigley Trophy in recognition of her great and unexpected feat. Gertrude Ederle became the darling of sport's Golden Twenties.

But the night I saw her in New York, amid the glittering cavalcade of the sporting famous, the Wrigley Trophy could have been more dross brought along out of courtesy to show to the interested audience of a newer generation. To Gertrude 'Trudy" Ederle, now partially deaf from the battering she took from the waves, the giant trophy was just a dim reminder of another day, another age, when she set out to do something "to prove to myself it could be done." ■

DIGEST

World SC Championships Selection

To be eligible to compete a swimmer must be a finalist (top 8) at the 1993 Pan Pacific Championships. Men's 800 and Women's 1500 are not included. Additional swimmers may be selected (up to the maximum team size) based on the highest ranking (top 8) swimmers not on the team, provided the swim equals or betters the 12th place time from the 1992 Olympic Games. World Performance Charts will then be used to determine the ranking order of the swimmers up to the maximum team size total of 26 (13 men, 13 women).

Relays will be considered if they rank 6th or better in the World as of Aug. 31, 1993, and subject to overall team size.

Commonwealth Games Selection

The 1994 Commonwealth Games overall team size will be 39 (18 women and 21 men) Trials will be held in Victoria, BC, March 5-9, 1994. The competition takes place in Victoria, August 19-24, 1994

Selection Criteria:

All eligible individual **winners** at the selection meet will be automatically selected.

The top four (4) eligible swimmers in the men's and women's 100 and 200 freestyle events will be automatically selected.

Second and third place eligible swimmers will be selected based on Commonwealth rankings, 3 per country, as of October 31, 1993 to a maximum allowable team size of 18 women and 21 men. In the event of a tie, the highest ranked eligible swimmer according to the 1993 World Long Course Performance Chart will be selected.

Any unresolved tie will be broken by agreement of the swimmers involved, if possible, if not, then by a swim-off.

Keep track of your workouts

An excellent **Training Diary** has been developed in Calgary. The 400 page wire-bound book has space for daily workouts, food intake record, nutrition information, mental training information, charts for keeping track of races, tests and goals, provincial and national standards, nutrient composition tables. Individual copies are $24/copy, 11-24 books are $22/copy, over 25 copies are $20/copy. To order:

B.T.B Swim,
447 Cedarille Cresc. S.W.,
Calgary, AB, T2W 2H5.
Phone (403)251-1679 or
Fax (403) 230-4376

End of an era

The Edmonton Keyano Swim Club is pleased to announce that Mr.Don Packer has accepted the position of Head Coach.

Packer held the position of Assistant Coach with EKSC for the past nine years. During this time he was responsible for coaching swimmers from the age group through to the National qualifying level. He has coached teams at national and international events, dating from to the 1976 Olympics up to the 1991 Pan Pacific Championships.

Packer's own competitive career began at age 10 with the Edmonton East End Boys Club, moving to water polo at age 14. He represented Canada at the 1967-71 Pan Ams Games and 1972 Olympics as a water polo player.

EKSC iw pleased to to have secured his services. He will replace current Head Coach Dave Johnson, who will be moving to Ottawa to become SNC's Coach-High Performance Services effective October 1.

"My mandate is to work with the swimmers ranked 25th in the world and higher," said Johnson. "To focus on their programs and offer them support and services they might need.

"The primary effort would be to get kids on the medal podium. Mark Tewksbury worked for years to make the jump; his coach Deryk Snelling did a fantastic job, but he'll be the first to tell you the resources of his club were tapped to the limit."

Club Grant: simple and effective

Swimming/Natation Canada unveiled its 1993-94 Club Grant Program at Summer Nationals.

Its purpose is to provide support, encouragement, and recognition for those SNC clubs producing **fast** swimming.

Guiding principles:

- Recognize fast swimming.
- Reward a limited number of clubs according to team standings at summer nationals based on Olympic individual and relay events. (Each season the long course competition chosen for the club grant will be designated. For 1994 it will be the Commonwealth Trials in early March.)
- Reward all clubs which have any individual swimmer point scores of 935 male, 915 female, or higher on the current World Performance Charts.
- Make it simple and easily understood.
- Minimal obligations for recipient clubs.
- Promote the concept of "prepare, get up and race on a specific day."
- Swimmers must be eligible to score club points as per SNC rules. The individual grant portion is accessible only to swimmers who are eligible to represent Canada at major international events.
- For individual scoring, all eligible swims will be counted. For team scoring, all individual swims shall count, plus one relay per club event.

Total available funds: $147,000 to be distributed as follows: Club Standings-$50,000; Individual Swims-$97,000.

Distribution for 1993 was as follows:

CLUB	Rank	Funds	Swims	Funds	TOTAL
UCSC	1	15,000	4	32,333.32	47,333.32
NYAC	2	12,000	2	16,166.66	28,166.66
PDSA	3	8,000	2	16,166.66	24,166.66
LUSC			2	16,166.66	16,166.66
UL			1	8,083.33	8,083.33
LAVAL			1	8,083.33	8,083.33
PEPSI	4	6,000			6,000.00
GO	5	5,000			5,000.00
EKSC	6	4,000			4,000.66
Totals		**50,000**		**97,000.00**	**147,000.00**

BIG MEDAL HAUL FOR BEST SHOWING EVER

World University Games Buffalo'93

How successful was this year's Canadian Team at the World University Games (FISU) in Buffalo? It won more medals (15) and more gold (6) than any previous team.

In the very first event of the competition, Guylaine Cloutier upset favoured Olympic gold medal winner Elena Rudkovskaya, RUS, who finished third behind the Ukraine's Svetlana Bondarenko. Canada was on a roll that would not end until the final event—when the women's 4x200 free relay finished up with the gold medal after a USA disqualification.

When you're hot, you're also lucky.

It started out as the "who cares" Games as even the mayor of Buffalo was quoted as saying the city never should have bid for the Games. There was no major TV network coverage, and local interest was poor until the event actually got underway. Other than a probable loss of a few hundred thousand dollars, the Games were well run, with 73 countries in attendance, including first time participants from Lebanon. The swimming events had 334 entries.

Canada's most successful individual was Turlough O'Hare, who picked up two individual golds for the 400-800 free. His strategy was simple: stay with the leaders until the half-way point, move away by the three-quarter mark and then control the finish. "I'm extremely happy with the golds," O'Hare said, "I know I can go faster, as both races were paced to go for gold and not worry about the time."

O'Hare moved to Toronto this winter to train under Byron MacDonald, who said, "Turlough had never won gold internationally so this was a very big opportunity for him and he responded with great swims."

He was actually in the hunt for his third gold only to be thwarted by another Canadian success—Calgary's Rob McFarlane. After leading off Canada's 4x200 free relay with a personal best by two seconds (1:51.56), McFarlane went by O'Hare who moved too quickly off the final turn and ran out of gas. McFarlane picked up a silver, and O'Hare the bronze, as France's Yann deFabrique took the gold.

4 x 100 free relay—the mad dashers Lewko Hryhorijiw

McFarlane was a doubtful starter in the meet as he had a sore shoulder, and only on the evening of the relay was it decided he could swim. Later in the meet, he swam his best 200 fly, just missing a medal.

Another medal winner was 'Kondo' Kondziolka in the 50 free. "I expected to go faster from the training I've been doing," he said. "I'm pleased with the bronze medal."

Most disappointing for Canada's team was the absence from the podium of Calgary's Jon Cleveland and Curtis Myden, who were not rested for the competition, opting to swim through—a missed opportunity, and an odd decision given the level of the competition.

The three most experienced Canadian women contributed most of the other fireworks. Cloutier added a bronze in the 200 breast and a silver in 4x100 medley relay. Nancy Sweetnam made it look easy, despite a slight groin pull, winning gold in the 400 IM after leaving the field well behind in her breaststroke leg. She was a finalist in both 100-200 breast and battled Marianne Limpert in the 200 IM. "The rivalry between Nancy and I is a great motivator," Limpert said. "It helps both of us to swim faster."

Limpert's strong freestyle leg won her the 200 IM and allowed her to break the Canadian record on the 4x100 free relay leading off with a 56.29. Her lead-off in the 4x200 free relay of 2:02.29 would have won gold in the individual event, but since both 200's (free and IM) were on the same day she opted to bypass the freestyle.

"Marianne should do very well internationally in the 200 free, after she gains some experience," MacDonald said.

The women's 4x100 missed upseting the Americans by only 2/10ths as the Canadians bettered last year's Olympic Team's time by over a second.

Debbie Gaudin won an individual bronze in the 100 fly and another one in the medley relay.

Although American swimmers took the most medals their performance was somewhat below expectations. China only sent four competitors, but Jingyi Le looks like a potential world beater in the sprints. Cuban swimmers upset favoured Americans in backstroke (Rodolfo Falcon) and breaststroke (Mario Gonzalez).

Turlough O'Hare Lewko Hryhorijiw

WORLD UNIVERSITY GAMES

Buffalo, July 9-15 (50 M)

MEN

50 METRES FREESTYLE
1 22.30 F David Fox,USA
2 22.41 F Brian Kurza,USA
3 22.93 F Dean Kondziolka,CAN
4 23.14 F Bin Hu,CHN
5 23.26 F Krysztof Cwalina,POL
23.26 F Pavlo Khnykin,UKR
7 23.35 F Robert Pufleb,GER
8 23.46 F Sergei Borisenko,KAZ
Cns: 23.37 CFernando Scherer,BRA
13 23.86 C Martin Hebert,CAN

100 METRES FREESTYLE
1 50.18 F David Fox,USA
2 50.38 F Seth Pepper,USA
3 50.88 F Pavlo Khnykin,UKR
4 51.14 F Fernando Scherer,BRA
5 51.38 F Werner Suttner,GER
6 51.72 F Artur Wojdat,POL
7 52.02 F Axel Hickmann,GER
8 52.05 F Mladen Kapor,YUG
Cns: 52.15 C Ron Watson,CAN
53.21 H Steven VanderMeulen,CAN

200 METRES FREESTYLE
1 1:51.24 F Yann deFabrique,FRA
2 1:51.69 F Robbie McFarlane,CAN
3 1:51.77 F Turlough O'Hare,CAN
4 1:52.84 F John Keppeler,USA
5 1:52.93 F Oliver Lampe,GER
6 1:53.04 F Dan Phillips,USA
7 1:54.31 F Taihei Maeda,JPN
8 1:55.06 F Walter Kalaus,HUN
Cns:1:52.00 Artur Wojdat,POL

400 METRES FREESTYLE
1 3:55.01 F Turlough O'Hare,CAN
2 3:55.82 F Yann deFabrique,FRA
3 3:57.49 F Walter Kalaus,HUN
4 3:58.04 F Jay Craft,USA
5 3:58.16 F Jaret Abel,CAN
6 3:58.37 F Masayuki Fujimoto,JPN
7 4:00.47 F James Hamrick,USA
8 4:02.11 F Taihei Maeda,JPN
Cns:3:59.61Yumin Yan,CHN

800 METRES FREESTYLE
1 8:04.80 F Turlough O'Hare,CAN
2 8:07.46 F Lars Jorgensen,USA
3 8:08.74 F Masayuki Fujimoto,JPN
4 8:09.48 F Rob Darzynkiewicz,USA
5 8:10.67 F Walter Kalaus,HUN
6 8:16.59 F Jaret Abel,CAN
7 8:19.52 F Steven Mellor,GBR
8 8:20.53 F Stephen Akers,GBR

1500 METRES FREESTYLE
1 15:33.96 F Rob Darzynkiewicz,USA
2 15:38.43 F Marco Formentini,ITA
3 15:40.19 F Masayuki Fujimoto,JPN
4 15:40.36 F Lars Jorgensen,USA
5 15:44.95 F Masashi Yamamoto,JPN
6 15:53.95 F Yumin Yan,CHN
7 15:54.19 F Trevor Scheffel,CAN
8 16:22.50 F Dejan Trshovich,SLO

100 METRES BACKSTROKE
1 55.60 F Rodolfo Falcon,CUB
2 55.78 F Tripp Schwenk,USA
3 56.31 F Emanuele Merisi,ITA
4 56.94 F Gary Anderson,CAN
5 57.09 F Jim Giottonini,USA
6 57.55 F Francois Gravel,CAN
7 58.00 F Masakazu Hinata,JPN
8 58.12 F Matthew O'Connor,GBR
Cns: 57.94 C Chris Ford,AUS

200 METRES BACKSTROKE
1 1:59.90 F Rodolfo Falcon,CUB
2 2:00.45 F Emanuele Merisi,ITA
3 2:01.05 F Tripp Schwenk,USA
4 2:02.56 F Ryuji Horii,JPN
5 2:02.79 F Sang-Joon Ji,KOR
6 2:03.20 F Matthew O'Connor,GBR
7 2:04.41 F Patrick Hermanspann,GER
8 2:05.38 F James Wells,USA
Cns:2:04.56 Vladimir Nikolajchuk,UKR
10 2:04.82 C Stephen Hulford,CAN
14 2:06.07 H Francois Gravel,CAN

100 METRES BREASTSTROKE
1 1:02.79 F Judd Crawford,USA
2 1:02.03 F Akira Hayashi,JPN
3 1:03.51 F Mario Gonzalez,CUB
4 1:03.84 F Andrea Cecchi,ITA
5 1:03.95 F Alex Dzhaburiya,UKR
6 1:03.99 F Jon Cleveland,CAN
7 1:04.33 F Marcel Hackel,GER
8 1:04.83 F Vladimir Latocha,FRA
Cns:1:04.49 Michel Arnoux,FRA

200 METRES BREASTSTROKE
1 2:16.24 F Mario Gonzalez,CUB
2 2:17.05 F Jean-L. Rey,FRA
3 2:17.14 F Akira Hayashi,JPN
4 2:17.51 F Michel Arnoux,FRA
5 2:17.62 F Gabriel Vazquez,MEX
6 2:17.96 F Judd Crawford,USA
7 2:18.16 F Kurt Grote,USA
8 2:18.73 F Jon Cleveland,CAN
Cns:2:20.08 Tomohiro Hattori,JPN
20 2:28.05 H Curtis Myden,CAN

100 METRES BUTTERFLY
1 54.14 F Martin Roberts,AUS
2 54.65 F Mitsuharu Takane,JPN
3 54.66 F Oliver Lampe,GER
4 55.07 F Andre L. Teixeira,BRA
5 55.41 F Seth Pepper,USA
6 55.44 F Bernd Zeruhn,GER
7 56.09 F Josef Horky,CZE
8 56.28 F Rafal Szukala,POL
Cns: 55.54 Alexander Brandl,AUT
12 56.04 C Stephane Hebert,CAN
17 56.96 H Francois Gravel,CAN

200 METRES BUTTERFLY
1 2:00.91 F Martin Roberts,AUS
2 2:01.12 F Oliver Lampe,GER
3 2:01.32 F Mitsuharu Takane,JPN
4 2:01.34 F Randy Hartley,USA
5 2:01.41 F Kevin Crosby,GBR
6 2:02.26 F Robbie McFarlane,CAN
7 2:03.08 F Viaceslav Valdaev,UKR
8 2:04.76 F Josef Horky,CZE
Cons:2:02.88 Tomohiro Miyoshi,JPN
23 2:10.18 H Stephen Hulford,CAN

200 METRES IND.MEDLEY
1 2:04.48 F Fraser Walker,GBR
2 2:04.64 F Viaceslav Valdaev,UKR
3 2:04.71 F Jonathan Jennings,USA
4 2:04.78 F Alexander Savitski,KAZ
5 2:04.90 F Tatsuya Kinugasa,JPN
6 2:04.94 F Ron Karnaugh,USA
7 2:06.83 F Ron Watson,CAN
8 2:09.21 F Curtis Myden,CAN
Cns:2:07.26 Josef Horky,CZE

400 METRES IND.MEDLEY
1 4:24.08 F Ian Mull,USA
2 4:25.85 F Viaceslav Valdaev,UKR
3 4:27.81 F Tatsuya Kinugasa,JPN
4 4:28.55 F Curtis Myden,CAN
5 4:29.52 F Yann deFabrique,FRA
6 4:30.42 F Jean-L. Rey,FRA
7 4:30.64 F Uwe Volk,GER
8 4:32.58 F Fabio Fusi,ITA
Cns:4:29.07 Jasen Pratt,CAN

4X100 MEDLEY RELAY
1 3:43.20 United States,USA
2 3:45.37 Germany,GER
3 3:45.76 Japan,JPN
4 3:47.42 Canada,CAN
57.83 Gravel, 1:03.24 Cleveland, 55.43 Hebert, 51.27 Watson
5 3:47.57 Cuba,CUB
6 3:48.53 Italy,ITA
7 3:49.85 Ukraine,UKR
8 3:50.32 France,FRA

4X100 FREE RELAY
1 3:21.28 United States,USA
2 3:23.25 Germany,GER
3 3:25.94 Poland,POL
4 3:27.45 Ukraine,UKR
5 3:28.98 France,FRA
6 3:29.39 Great Britain,GBR
7 3:35.08 Brazil,BRA
disq.3:27.47 Canada,CAN

4X200 FREE RELAY
1 7:25.90 United States,USA
2 7:27.70 France,FRA
3 7:29.06 Germany,GER
4 7:29.67 Canada,CAN
1:51.56 McFarlane, 1:51.09 O'Hare, 1:52.46 Abel, 1:54.66 Ahluwalia
5 7:36.62 Great Britain,GBR
6 7:38.62 Japan,JPN
7 7:44.66 Poland,POL
8 7:54.38 Brazil,BRA

WOMEN

50 METRES FREESTYLE
1 25.17 F Jingyi Le,CHN
2 25.77 F Beibei Ye,CHN
3 25.86 F Richelle DePold,USA
4 26.20 F Sarah Perroni,USA
5 26.29 F Marianne Kriel,RSA
6 26.34 F Andrea Nugent,CAN
7 26.64 F Judith Draxler,AUT
8 26.71 F Ayako Nakano,JPN
Cns: 26.64 Deborah Figueroa,CUB
10 26.69 C Lori Melien,CAN

100 METRES FREESTYLE
1 55.16 F Jingyi Le,CHN
2 57.11 F Patricia Levesque,CAN
3 57.49 F Sarah Perroni,USA
4 57.49 F Ayako Nakano,JPN
5 57.65 F Marianne Kriel,RSA
6 58.20 F Andrea Nugent,CAN
7 58.24 F Ulriekw Reinholdt,GER
8 58.30 F Laura Booth,USA
Cns: 58.27 Deborah Figueroa,CUB

200 METRES FREESTYLE
1 2:03.18 F Heike Lunenschloss,GER
2 2:03.53 F Whitney Hedgepeth,USA
3 2:04.05 F Claire Huddart,GBR
4 2:04.17 F Ayako Nakano,JPN
5 2:04.82 F Baukje Wiersma,NED
6 2:05.56 F Patricia Noall-Lauzon,CAN
7 2:06.11 F Ulrike Reinholdt,GER
8 2:06.64 F Andrea Papamandjaris,CAN
Cns:2:05.73 Fran McDermid,USA

400 METRES FREESTYLE
1 4:18.21 F Sandra Cam,BEL
2 4:18.39 F Heike Lunenschloss,GER
3 4:19.18 F Isabelle Arnould,BEL
4 4:19.59 F Baukje Wiersma,NED
5 4:23.90 F Joanne Deakins,GBR
6 4:24.06 F April Diez,USA
7 4:25.39 F Mimosa McNerney,USA
8 4:28.90 F Patricia Noall-Lauzon,CAN
Cns:4:22.14 Tanya Tighe,CAN

800 METRES FREESTYLE
1 8:48.82 F Christine Stephenson,USA
2 8:51.55 F Sandra Cam,BEL
3 8:52.17 F Marie-P. Wirth,FRA
4 8:57.73 F Baukje Wiersma,NED
5 8:57.92 F Sophie Gosse,FRA
6 9:01.82 F Melissa Pasquali,ITA
7 9:03.21 F Toni Greaves,AUS
8 9:03.74 F Patricia Noall-Lauzon,CAN
12 9:23.64 F Darcy Musselman,CAN

1500 METRES FREESTYLE
1 16:41.75 F Christine Stephenson,USA
2 16:52.26 F Isabelle Arnould,BEL
3 16:56.29 F Marie-P. Wirth,FRA
4 17:00.00 F Hana Cerna,CZE
5 17:21.82 F Mimosa McNerney,USA
6 17:26.82 F Nicola Atkinson,GBR
7 17:40.27 F Melissa Pasquali,ITA
8 17:46.51 F Darcy Musselman,CAN

100 METRES BACKSTROKE
1 1:01.60 F Barbara Bedford,USA
2 1:02.93 F Yoko Koikawa,JPN
3 1:03.44 F Alecia Humphrey,USA
4 1:03.52 F Marianne Kriel,RSA
5 1:05.29 F Ana Barros,POR
6 1:05.49 F Sabrina Cocchi,ITA
7 1:05.68 F Joanne Deakins,GBR
8 1:05.70 F Christine Harris,CAN
Cns:1:04.97 Jill Bruckman,RSA
11 1:05.97 C Nadine Rolland,CAN

200 METRES BACKSTROKE
1 2:11.31 F Whitney Hedgepeth,USA
2 2:13.78 F Alecia Humphrey,USA
3 2:16.16 F Yoko Koikawa,JPN
4 2:16.33 F Joanne Deakins,GBR
5 2:17.53 F Ana Barros,POR
6 2:17.93 F Nadine Emond,CAN
7 2:19.15 F Kathy Monar,CAN
8 2:20.10 F Malgorzata Galwas,POL
Cns:2:19.59 Agnieszka Wilczynska,POL

100 METRES BREASTSTROKE
1 1:10.91 F Guylaine Cloutier,CAN
2 1:11.02 F Svetlana Bondarenko,UKR
3 1:11.47 F Elena Rudkovskaya,BLR
4 1:11.48 F Keri Reynolds,USA
5 1:12.47 F Yoshie Nishioka,JPN
6 1:12.88 F Nancy Sweetnam,CAN
7 1:13.16 F Helen Gorman,GBR
8 1:13.39 F Shannon Price,USA
Cns:1:14.43 Mayumi Ikeda,JPN

200 METRES BREASTSTROKE
1 2:31.41 F Svetlana Bondarenko,UKR
2 2:32.88 F Yoshie Nishioka,JPN
3 2:33.42 F Guylaine Cloutier,CAN
4 2:33.52 F Kristi Busico,USA
5 2:35.04 F Nancy Sweetnam,CAN
6 2:37.86 F Helen Gorman,GBR
7 2:37.93 F Tanya Bilorus,UKR
8 2:38.24 F Lori Heisick,USA
Cns:2:40.49 Mayumi Ikeda,JPN

100 METRES BUTTERFLY
1 1:01.59 F Yoko Kando,JPN
2 1:01.76 F Kristie Krueger,USA
3 1:02.07 F Debbie Gaudin,CAN
4 1:02.80 F Niuvis Rosales,CUB
5 1:03.20 F Beth Hollihan,CAN
6 1:03.35 F Richelle DePold,USA
7 1:04.00 F Petra Fritzsche,GER
8 1:04.63 F Helen Jepson,GBR
Cns:1:03.81 Kirsten Silvester,NED

200 METRES BUTTERFLY
1 2:14.45 F Yoko Kando,JPN
2 2:14.60 F Paige Wilson,USA
3 2:14.95 F Kirsten Silvester,NED
4 2:16.33 F Beth Hollihan,CAN
5 2:16.89 F Helen Jepson,GBR
6 2:18.60 F Joana Arantes,POR
7 2:20.10 F Hideko Hiranaka,JPN
8 disq. Elizabeth Scholzen,USA
Cns:2:17.49 Alexandra Angelot,FRA
10 2:19.04 C Debbie Gaudin,CAN

200 METRES IND.MEDLEY
1 2:15.46 F Marianne Limpert,CAN
2 2:15.90 F Nancy Sweetnam,CAN
3 2:19.67 F Whitney Hedgepeth,USA
4 2:20.05 F Hideko Hiranaka,JPN
5 2:20.24 F Hana Cerna,CZE
6 2:20.49 F Mindy Gehrs,USA
7 2:24.23 F Alexandra Angelot,FRA
8 2:24.81 F Helen Gorman,GBR
Cns:2:24.88 Marie-P. Wirth,FRA

400 METRES IND.MEDLEY
1 4:46.91 F Nancy Sweetnam,CAN
2 4:50.14 F Hana Cerna,CZE
3 4:53.80 F Hideko Hiranaka,JPN
4 4:54.60 F Mindy Gehrs,USA
5 4:57.17 F Carrie Szulc,USA
6 4:59.10 F Iona Allen,CAN
7 5:01.51 F Alexandra Angelot,FRA
8 5:19.53 F Elfira Nasution,INA
Cns:5:11.40 Shirley McGill,GBR

4X100 MEDLEY RELAY
1 4:12.55 United States,USA
2 4:14.96 Japan,JPN
3 4:16.86 Canada,CAN
1:05.99 Harris, 1:10.43 Cloutier, 1:02.47 Gaudin, 57.96 Nugent
4 4:20.39 Great Britain,GBR
5 4:28.38 South Africa,RSA
6 4:29.06 Italy,ITA
7 4:29.35 France,FRA
8 4:34.56 Portugal,POR

4X100 FREE RELAY
1 3:47.83 United States,USA
2 3:48.05 Canada,CAN
56.29 Limpert, 57.30 Nugent, 58.05 Melien, 56.41 Levesque
3 3:53.99 Germany,GER
4 3:56.55 Italy,ITA
5 3:56.88 Great Britain,GBR
6 3:57.41 Australia,AUS
7 3:57.78 South Africa,RSA

4X200 FREE RELAY
1 8:18.00 Canada,CAN
2:02.26 Limpert, 2:05.53 Papamandjaris, 2:05.68 Tighe, 2:04.53 Noall-Lauzon
2 8:26.67 Great Britain,GBR
3 8:31.02 France,FRA
4 8:36.62 Germany,GER
5 8:40.25 Italy,ITA
6 8:42.01 South Africa,RSA
disq. United States,USA

BACKWASH

Backwash features short clips, gossip, letters and opinion. Contributions are welcomed. ***Now for the rumours behind the news.***

Mad dashers in Buffalo: At the FISU Games, the Canadian women's 4x100 free relay marched on for the final wearing plastic see through raingear (safe swimming eh...) which was part of the regular team issue. It caused a sensation and really set the fashion statement of the competition. Didn't hurt lead-off swimmer Marianne Limpert either as her 56.29 set a new Canadian record for 100 free ...

Tonsils can stay Bill Lomax national champion in the 1500 free, was scheduled to have tonsillitis surgery the week after nationals. With a trip to Japan upcoming his family doctor advised postponement to early September as it's a simple procedure that can be done any time — hardly worth giving up a chance to compete in Kobe, and pick up a few tips from the likes of Kieren Perkins.

A new Australian Rose Hungarian former world record holder for the 100 breast Norbert Rozsa ("rose" in Hungarian) has moved to Perth, Australia, where he's already received landed immigrant status and will be eligible for citizenship in two years, just in time to help his adopted country at the Atlanta Olympics.

Substance abuse: Polish breaststroker Alicja Peczak underwent a routine drug test at her nationals early in June. In addition to the usual urine test a blood sample was also taken. It showed unusually high testosterone levels. The swimmer asked for a second test wich proved to be negative. Now it has been announced that the initial two year suspension has been reduced to two months.

Cat out of the Bag: At the Gold Medal Clinic last May in Hawaii, hosted by the World Swimming Coaches Association, coaches of Olympic gold medal winners lectured, and a Chinese coach describing different training phases decribed one as *Anabolic Training* ... any wonder we're all suspicious of the sudden emergence of Chinese women to prominence.

Editor: I wonder if it is possible to compile an international age group ranking (50 m) on a regular basis. I would be interested in the following ages 14/15, 16/17, 18/19 for boys and 12/13, 14/15 and 16/17 for girls.

The reason for my interest, and that of other European coaches, is that we have an annual European Junior Championships in July/August and we would like to compare the performances of the Europeans with those of other swimmers in the world.

I would also like to promote the idea of a Junior World Championships Boys 18/19 and Girls 16/17, instead of ever more senior level competitions like World Cups and World Short Course Championships in addition to the traditional World, Olympic and regional Champs. (Europe, Pan Pacific, Pan Americam, Asia etc.)

In Germany, we've come to realize that we need to do something different to motivate young swimmers to stay in the game, this might be one solution!

Niels E.Bouws, National Coach, Heidelberg, Germany

No gender-equity for Commonwealth Team. With a team size of 39 (21 men, 18 women) the missing three women's positions have been allocated to the women's synchro team. With exactly the same number of events for men and women, it's hardly fair.

Sucess breeds success: When Canadian rowers came back from Barcelona last summer with five Olympic medals, four of those gold, there was bound to be an increase in rowing club membership and interest. Actually a country-wide boom is underway. There has been a 35% jump in Rowing Canada membership and expectations are for a doubling by year end. 14 new rowing clubs have been established during the past two years bringing the total to 78 across the country.

New sponsorship deals have also been made as companies like to associate with world-class teams. An innovative athlete identification and development plan established in 1990 is paying off. Canada took medals, five of them gold, in all 13 events at the World University Games. It pays to strive to be successful.

Disorder at Nationals: Complaints on deck during Summer Nationals regarding the order of events were growing daily. It seems that ganging up of the distance events (800 + 1500) on the first two days was part of the difficulty. The 4x200 free relay on the second day added to the problem—it finished off some freestylers. The scoring of the stroke 50's distorted club and individual high point scores—they are not international events and have not improved the stroke 100's. Curiously the event order at the Pan Pacific Championships is a modified version of the Canadian 4-day program in use for over a decade, which the new event order replaced.

Another one bites the dust: UCLA will drop men's swimming due to mounting fiscal difficulties, after the completion of the 1993-94 season. Also cut, men's and women's gymnastics.

Summer shines no more: American superstar Summer Sanders has retired. Winner of gold (200 fly) silver (200 IM) and bronze (400 IM) at Barcelona Olympics she swam 59.83 for 100 fly at US Swimming's springs nationals this year.

Change as good as a rest: Keltie Duggan, 22, has switched to the University of Calgary, and won the 50 breast at Summer Nationals, and won a bronze in the 100.

"I had a really rough Olympic year (1992)," Duggan told Laurie MacFayden of The Edmonton Sun, after the long-time Edmonton Keyano swimmer moved to Calgary and coach Deryk Snelling in April of this year.

"1992 was horrific. I was busy with school, and not eating well, swimming just wasn't my focus. I started swimming in Calgary with my boyfriend ... and found it a nice change. It got me re-motivated."

Her career peaked in 1989-90 (Commonwealth gold medal winner for the 100). But knee surgery in 1991 sidelined her.

"My career basically went down the tubes ... but it's starting to be fun again.

"I panicked after the surgery; tried to do too much. I really have no plans beyond these nationals."

Remember ... It's not true until it has been officially denied.

CECIL COLWIN'S SWIMMING HISTORY

HOW COACH BEN FRANKLIN COAXED HIS PUPILS INTO THE DELAWARE

Dr. Benjamin Franklin, early American statesman, printer, author, publisher, inventor, scientist, and diplomat, was probably also America's first swimming coach. He would ask his pupils to plunge under water and try to retrieve eggs which he had thrown into shallow water. In this way, he encouraged his pupils to discover how "the water buoys you up against your inclination. Thus you feel the power of the water to support you and learn to confide in its power."

I can just imagine coach Ben going down to the Delaware, unpolluted then, with a basket of eggs to get the locals water-borne. Dr.Franklin's keen injunctions were followed, however, by a vogue of "Bath Masters" and self-styled "Professors du Natacion."

In 1797, one Oronzio de Bernardi published details of his system of "upright swimming" in a book with the imposing title of "Arte de Nadar Compendiade del que Escribio en Italiano."

Believe it or not, his pupils were claimed to progress in upright position for several miles after only a couple of day's coaching.

Around 1817, General Pfuel of Berlin produced his celebrated treatise which introduced a system of "drilling" for swimming. Swimming classes were sorted into groups of three. One boy would bend over on all fours while the next boy lay across the first boy's back practicing the swimming stroke, and the function if the third boy as to steady the second boy in case he fell of the first boy's back. Got it?

So much for General Pfuel's foolish capers. Now for a look at the methods used in British public schools in the days of yore.

At Clifton, J.J. Sheasby, the swimming instructor, was one of the institutions of the school, "There was keen rivalry to see who could be the first boy in the water. To be the last boy was another distinction keenly fought for." A two-way race?

According to Mr. C. Dudfield Willis, captain of the Otter Swimming Club in 1890, "successful competitors ran the risk of receiving a flick from Sheasby with a wet towel, which, if successful, was remembered for the rest of the day.

"However, he always gave us a sporting chance, and was deservedly popular, a popularity he enhanced by never reporting a boy without sufficient reason."

Over at Repton, there seemed an ulterior motive behind the aquatic activities of their afficionados. According to Mr. F.G.J. Ford, the old Cambridge cricketer from 1880 to 1886, "we bathed in the Trent below Burton, from which source we got the full benefits (!) of the breweries at times. The cricket XI did not bathe the day before the match." Method in their madness?

At Eton, "swimming was a favourite amusement taught by certain 'cads' who, in a more informal fashion, took new boys out in a boat and threw them overboard.

"George Selwyn, then private tutor to Lord Powis, and afterwards Bishop of Melanesia and of Lichtfield, was an Eton swimmer of most remarkable skill. One of Selwyn's recorded feats was taking a running header and diving across the river at Upper Hope."

Unfortunately, the records don't describe fully how he arrived at the other side. This could make the most interesting reading. Probably, at Upper House, it was better to travel hopefully than to arrive. ■

TEAM STRANCO

COMPETITIVE SWIM EQUIPMENT

SALES AND SERVICE

FINALS	RACING LANES
TYR	STARTING BLOCKS
SPEEDO	PACE CLOCKS
PULL BUOYS	TIMING SYSTEMS
GOGGLES	CUSTOM CAPS
KICKBOARDS	WATER POLO
PARKAS	WATCHES
FINS	VIDEOS
BOOKS	HAND PADDLES
TEAM SUITS	TEAM BAGS

CALL OR WRITE FOR YOUR CATALOGUE

TEAM STRANCO
Unit #201, 1305 WELCH STREET,
NORTH VANCOUVER, B.C., V7P 1B3
TEL: 1-800-663-5905
OR
TEL: 1-604-980-2805
Fax: 1-604-980-0196

HOW TO SUBSCRIBE

If you're not looking at your own copy of SWIM Canada Magazine and you wish to subscribe use this form. Cost is **$30** per year **(GST included)**. Foreign cost $65 (air mailed)

FAMILY NAME

ADDRESS

CITY PROV CODE

TEL: CLUB

GIVEN NAME(S) M/F MM DD YY
BIRTHDATE

BIRTHDATE

BIRTHDATE

RETURN THIS FORM WITH PAYMENT
(Make cheque payable to SWIM Magazine) and mail to:
402 King Street East,
Toronto, Ontario, M5A 1L3
CANADA

TOP AGE GROUP TIMES

1993 LONG COURSE TAG®

Rankings for the period (results received)
Jan.1 to **July 31**, 1993
TAG is financially supported by Swimming Canada.
Rankings compiled by SWIM Magazine.
Software by Advantage Software.

GIRLS 11-12

50 METRES FREESTYLE
Rec: 27.16 S.Collins,ROD,90

27.38	ONTAGJUL	Michelle Cruz	12,ACE
28.83	ONTAGJUL	Alix Pollard	11,TOMAC
28.96	ESSOMAY	Anne-M. Pelletier	12,SL
29.18	ONTAGJUL	Jill Samakese	12,TBT
29.19	N8MAY	Jane Gregg	12,FAST
29.19	ONTAGJUL	Ashley Gibson	11,STARS
29.43	ONTAGJUL	Alana Madder	12,COBRA
29.46	YOUTHJUN	Genevieve Gregoire	12,CJV
29.52	EKSCAPR	Oebra Hidson	12,WO
29.52	ONTAGJUL	Audrey Ganif	12,COBRA
29.54	ONTAGJUL	Sara Havekes	12,OSAC
29.56	ONTAGJUL	Robyn McCulloch	12,WISC
29.63	ONTAGJUL	Heather Lee	11,USC
29.71	OTTJUN	Amelie Lavoie	12,CAMO
29.76	POMMAY	Sany Oelagrave	12,CNCB
29.80	ONTAGJUL	Amelie Caron	12,GO
29.81	AACAPR	Christine Manuel	12,OSHAC
29.88	ONTAGJUL	Melissa Pfaller	12,NYAC
29.88	ONTAGJUL	Samantha Pfaller	11,NYAC
29.88	HWACJUN	Tanya Hunks	12,HWAC
29.89	YOUTHJUN	Katie Sheridan	12,TRENT
29.95	EKSCAPR	Mariellen Furs	12,PEPSI
29.95	ESSOMAY	Genevieve Houle	11,CNSH
29.97	OTTJUN	Karine Senechal-B.	12,CAMO
29.97	ONTAGJUL	Jennifer Jonusaitis	12,SSMAC

100 METRES FREESTYLE
Rec: 58.04 S.Collins,ROD,90

1:01.10	ONTAGJUL	Michelle Cruz	12,ACE
1:02.20	ESSOJUL	Anne-M. Pelletier	12,SL
1:03.05	ONTAGJUL	Alix Pollard	11,TOMAC
1:03.14	YOUTHJUN	Katie Sheridan	12,TRENT
1:03.36	BROCKAPR	Tanya Hunks	12,HWAC
1:03.70	EASTJUL	Jane Gregg	12,FAST
1:04.20	YOUTHMAY	Melissa MacDonald	12,BRANT
1:04.97	PEPSIJUN	Adrienne Hafemann	12,ROW
1:05.14	PEPSIJUN	Audrey Ganif	12,COBRA
1:05.23	POMMAY	Amelie Lavoie	12,CAMO
1:05.28	BCAGJUL	Carly Goepel	12,PDSA
1:05.40	POMMAY	Claudia Menard	12,CNCB
1:05.43	ONTAGJUL	Sara Havekes	12,OSAC
1:05.51	EKSCAPR	Mariellen Furs	12,PEPSI
1:05.61	YOUTHJUN	Genevieve Gregoire	12,CJV
1:05.62	EKSCAPR	Bekki Seaman	12,ROD
1:05.63	LACMAY	Christine Manuel	12,OSHAC
1:05.63	ONTAGJUL	Melissa Pfaller	12,NYAC
1:05.75	PEPSIJUN	Pamela Tung	11,NEW
1:05.76	POMMAY	Karine Sirois	12,CSO
1:05.78	MBSKJUN	Kathryn McKnight	12,GOLO
1:05.79	MBSKJUN	Dawn Skrypichayko	11,EKSC
1:05.84	COSCAPR	Jessica Oeglau	12,POSA
1:05.85	LACMAY	Laura Phillips	12,OSHAC
1:05.93	YOUTHMAY	Catherine Perron	12,RCA

200 METRES FREESTYLE
Rec: 2:03.72 S.Collins,ROD,90

2:12.94	ONTAGJUL	Michelle Cruz	12,ACE
2:13.19	YOUTHMAY	Tanya Hunks	12,HWAC
2:17.00	ONTAGJUL	Katie Sheridan	12,TRENT
2:18.23	YOUTHMAY	Melissa MacDonald	12,BRANT
2:18.94	EASTJUL	Jane Gregg	12,FAST
2:19.46	EKSCAPR	Bekki Seaman	12,ROO
2:20.08	YOUTHJUN	Gina Grujic	12,TOMAC
2:20.09	ONTAGJUL	Alix Pollard	11,TOMAC
2:20.51	HYACKMAY	Jessica Oeglau	12,POSA
2:20.62	PEPSIJUN	Stephanie Brueschke	12,MAC
2:20.67	MBSKJUN	Dawn Skrypichayko	11,EKSC
2:20.87	BCAGJUL	Carly Goepel	12,POSA
2:20.94	PEPSIJUN	Pamela Tung	11,NEW
2:21.32	MBSKJUN	Kristen Schneider	12,ROD
2:21.48	MBSKJUN	Kathryn McKnight	12,GOLO
2:21.50	SHERAPR	Genevieve Houle	11,CNSH
2:21.62	NSAGJUN	Sarah Rodriguez	12,UNATT
2:22.10	SSCOJUN	Fiona West	12,PSW
2:22.39	ESSOMAY	Anne-M. Pelletier	12,SL
2:22.39	PEPSIJUN	Audrey Ganil	12,COBRA
2:22.47	ONTAGJUL	Kate Julig	12,LUSC
2:22.50	ESSOMAY	Helene Painchaud	12,EXCEL
2:22.52	AACAPR	Christine Manuel	12,OSHAC
2:22.52	BCAGJUL	Morgan Sundin	12,PN
2:22.73	ONTAGJUL	Tori Aloisi	12,LUSC

400 METRES FREESTYLE
Rec: 4:28.48 S.Collins,ROD,90

4:31.69	YOUTHMAY	Tanya Hunks	12,HWAC
4:39.13	YOUTHMAY	Michelle Cruz	12,ACE
4:47.70	YOUTHMAY	Melissa MacDonald	12,8RANT
4:51.04	HYACKMAY	Jessica Oeglau	12,PDSA
4:51.48	BRANTAPR	Stephanie Zarins	12,GO
4:51.49	HYACKMAY	Kellie Rolston	12,IS
4:51.85	ESSOMAY	Genevieve Houle	11,CNSH
4:52.72	GMACMAY	Sue Orodge	12,NEWS
4:54.24	ONTAGJUL	Kristen Schneider	12,ROO
4:54.50	ONTAGJUL	Alix Pollard	11,TOMAC
4:55.05	ONTAGJUL	Lara Graves	12,TOMAC
4:55.15	GMACMAY	Andrea Jenkins	12,HWAC
4:55.69	NSAGJUN	Sarah Rodriguez	12,UNATT
4:55.74	YOUTHMAY	Fiona West	12,PSW
4:56.07	EASTJUL	Jane Gregg	12,FAST
4:56.25	MBSKJUN	Kathryn McKnight	12,GOLO
4:57.36	YOUTHJUN	Tori Aloisi	12,LUSC
4:58.17	ONTAGJUL	Lindsay Beavers	12,STARS
4:58.49	YOUTHJUN	Gina Grujic	12,TOMAC
4:58.61	ESSOMAY	Helene Painchaud	12,EXCEL
4:58.73	POMMAY	Claudia Menard	12,CNCB
4:58.77	ONTAGJUL	Kate Julig	12,LUSC
4:58.83	ONTAGJUL	Hannah Buchanan	12,NKB
4:59.86	ONTAGJUL	Julie Campbell	11,HWAC
5:00.48	PEPSIJUN	Pamela Tung	11,NEW

800 METRES FREESTYLE
Rec: 9:12.83 S.Smith,VANPK,74

9:18.42	YOUTHMAY	Tanya Hunks	12,HWAC
9:39.82	PEPSIJUN	Michelle Cruz	12,ACE
9:52.74	ESSOMAY	Helene Painchaud	12,EXCEL
10:00.20	ONTAGJUL	Katie Sheridan	12,TRENT
10:02.22	LUSCMAY	Andrea Jenkins	12,HWAC
10:06.77	HYACKMAY	Kellie Rolston	12,IS
10:07.42	GMACMAY	Sue Orodge	12,NEWS
10:07.70	HYACKMAY	Fiona West	12,PSW
10:07.89	ONTAGJUL	Tori Aloisi	12,LUSC
10:10.50	POMMAY	Claudia Menard	12,CNCB
10:10.86	TOMACMAY	Gina Grujic	12,TOMAC
10:10.99	HYACKMAY	Jessica Oeglau	12,POSA
10:13.03	EKSCJUN	Dawn Skrypichayko	11,EKSC
10:13.85	MBSKJUN	Kathryn McKnight	12,GOLO
10:14.58	ONTAGJUL	Hannah Buchanan	12,NKB
10:15.96	LUSCJUN	Kate Julig	12,LUSC
10:17.12	YOUTHJUN	Lindsay Beavers	12,STARS
10:17.36	ONTAGJUL	Christie Smith	12,LUSC
10:17.97	NSAGJUN	Sarah Rodriguez	12,UNATT
10:18.69	BRANTAPR	Melissa MacDonald	12,BRANT
10:21.69	ONTAGJUL	Lara Graves	12,TOMAC
10:27.35	ONTAGJUL	Julie Campbell	11,HWAC
10:27.48	EKSCAPR	Bekki Seaman	12,ROO
10:28.16	POMMAY	Tara Sloan	11,PCSC
10:28.19	POMMAY	Vanessa Hemmerechts	12,DDO

100 METRES BACKSTROKE
Rec: 1:07.31 M.Cruz,ACE,93

1:07.31	ONTAGJUL	Michelle Cruz	12,ACE
1:11.46	YOUTHMAY	Katie Mazzucco	12,PEPSI
1:11.57	YOUTHMAY	Fiona West	12,PSW
1:11.66	YOUTHMAY	Genevieve Houle	11,CNSH
1:11.81	ONTAGJUL	Stephanie Brueschke	12,MAC
1:12.39	ONTAGJUL	Robyn McCulloch	12,WISC
1:12.92	ONTAGJUL	Pamela Tung	11,NEW
1:13.20	ONTAGJUL	Katie Sheridan	12,TRENT
1:13.40	ONTAGJUL	Alix Pollard	11,TOMAC
1:13.46	ESSOMAY	Karine Senechal-B.	12,CAMO
1:13.67	YOUTHJUN	Ginelle Oavey	11,YORK
1:14.17	MBSKJUN	Kristen Schneider	12,ROO
1:14.43	LACMAY	Kristi Wolosinecky	12,CAJ
1:14.59	EKSCAPR	Kim Meloche	11,EKSC
1:14.65	ONTAGJUL	Melissa Pfaller	12,NYAC
1:14.70	EKSCAPR	Cassie Prost	12,KAC
1:14.76	ONTAGJUL	Kristin Thomas	12,USC
1:15.10	HYACKMAY	Kellie Rolston	12,IS
1:15.26	BCAGJUL	Emily Binkley	12,PDSA
1:15.29	YOUTHMAY	Melissa MacDonald	12,BRANT
1:15.32	POIVAPR	Isabelle Belley-Ferris	12,CNJO
1:15.40	ROWMAY	Lindsay Dennis	12,CYPS
1:15.52	AACAPR	Megan Harvey	12,PERTH
1:15.70	NSAGJUN	Molly Seto	11,HTAC
1:15.90	ROWMAY	Meaghan Jastrebski	12,ROW

200 METRES BACKSTROKE
Rec: 2:24.64 Michelle Cruz,ACE,93

2:24.64	YOUTHMAY	Michelle Cruz	12,ACE
2:32.09	YOUTHMAY	Fiona West	12,PSW
2:32.35	YOUTHMAY	Genevieve Houle	11,CNSH
2:33.15	PEPSIJUN	Stephanie Brueschke	12,MAC
2:33.75	YOUTHJUN	Robyn McCulloch	12,WISC
2:34.10	YOUTHJUN	Katie Sheridan	12,TRENT
2:34.73	YOUTHMAY	Katie Mazzucco	12,PEPSI
2:35.20	YOUTHMAY	Pamela Tung	11,NEW
2:36.18	ONTAGJUL	Ginelle Oavey	11,YORK
2:36.36	ONTAGJUL	Alix Pollard	11,TOMAC
2:37.01	LACMAY	Kristi Wolosinecky	12,CAJ
2:37.05	BRANTAPR	Stephanie Zarins	12,GO
2:37.48	YOUTHMAY	Melissa MacDonald	12,BRANT
2:38.63	MBSKJUN	Kristen Schneider	12,ROO
2:39.57	HYACKMAY	Kellie Rolston	12,IS
2:39.88	POIVAPR	Isabelle Belley-Ferris	12,CNJO
2:40.12	ONTAGJUL	Kate Julig	12,LUSC
2:40.43	NSAGJUN	Molly Seto	11,HTAC
2:40.72	ELITEAPR	Karine Senechal-B.	12,CAMO
2:40.76	NBMAY	Lisa Graham	12,HTAC
2:40.99	PEPSIJUN	Melissa Pfaller	12,NYAC
2:41.00	ONTAGJUL	Kristin Thomas	12,USC
2:41.22	HYACKMAY	Lisa Huffman	12,VKSC
2:41.34	AACAPR	Megan Harvey	12,PERTH
2:41.51	LUSCMAY	Andrea Jenkins	12,HWAC

100 METRES BREASTSTROKE
Rec: 1:10.94 A.Higson,ESC,86

1:15.12	CANJUL	Danica Wizniuk	12,STSC
1:16.23	ONTAGJUL	Jennifer Jonusaitis	11,SSMAC
1:17.25	PEPSIJUN	Adrienne Hafemann	12,ROW
1:18.76	ESSOMAY	Catherine Perron	12,RCA
1:19.24	8CAGJUL	Jessica Scott	12,POSA
1:19.47	EKSCAPR	8ekki Seaman	12,ROO
1:20.11	POMMAY	Marylene Goudreault	12,ELITE
1:20.92	ESSOJUL	Anne-M. Pelletier	12,SL
1:21.90	ONTAGJUL	Kelly Jackson	12,8RANT
1:23.00	BRANTAPR	Stephanie Zarins	12,GO
1:23.41	ONTAGJUL	Heather Lee	11,USC
1:23.61	PEPSIJUN	Sarah Lo	12,WISC
1:24.21	ONTAGJUL	Carrie Patterson	12,COBRA
1:24.37	NEWSJUN	Laurie Green	11,NEWS
1:24.41	YOUTHJUN	Gillian Martin	12,STARS
1:24.45	ONTAGJUL	Tara Arnott	12,WISC
1:24.61	LUSCJUN	Jackie Hutchings	11,MUSAC
1:24.80	SHERAPR	Catherine Verreault	12,SHER
1:25.11	EKSCAPR	Alison Zwarich	12,UCSC
1:25.39	POMMAY	Claudia Menard	12,CNC8
1:25.43	OTTJUN	Michelle Laprade	12,CAG
1:25.72	GMACMAY	Julia Berglund	11,HWAC
1:25.74	ONTAGJUL	Erin O'Brien	12,OAK
1:25.87	ONTAGJUL	Christie Smith	12,LUSC
1:25.99	AACAPR	Lesley Coltman	11,YORK

200 METRES BREASTSTROKE
Rec: 2:34.11 A.Higson,ESC,86

2:45.62	ONTAGJUL	Jennifer Jonusaitis	12,SSMAC
2:48.94	YOUTHMAY	Catherine Perron	12,RCA
2:50.60	YOUTHJUN	Adrienne Hafemann	12,ROW
2:51.24	EKSCAPR	Danica Wizniuk	12,STSC
2:52.53	EKSCAPR	Bekki Seaman	12,ROO
2:53.81	POMMAY	Marylene Goudreault	12,ELITE
2:54.78	POMMAY	Catherine Verreault	12,SHER
2:55.48	BRANTAPR	Stephanie Zarins	12,GO
2:57.15	BCAGJUL	Jessica Scott	12,POSA
2:57.61	ONTAGJUL	Kelly Jackson	12,BRANT
2:57.70	ESSOJUL	Anne-M. Pelletier	12,SL
2:58.35	NEWSJUN	Laurie Green	11,NEWS
3:00.36	ONTAGJUL	Heather Lee	11,USC
3:00.83	ONTAGJUL	Jackie Hutchings	12,MUSAC
3:01.15	ONTAGJUL	Tara Arnott	12,WISC
3:01.53	MBSKJUN	Jelena Jokic	12,WAVE
3:02.00	ONTAGJUL	Meredith Szewchuk	12,PEPSI
3:02.52	YOUTHJUN	Hannah Buchanan	11,NKB
3:03.05	LUSCMAY	Julia Berglund	11,HWAC
3:03.44	HWACJUN	Tanya Hunks	12,HWAC
3:03.57	POMMAY	Sara Bernard-M.	11,PCSC
3:03.76	BCAGJUL	Amber Wuensche	12,PN
3:04.20	POMMAY	Tara Sloan	11,PCSC
3:04.24	OTTJUN	Michelle Laprade	12,CAG
3:04.32	YOUTHJUN	Gillian Martin	12,STARS

100 METRES BUTTERFLY
Rec: 1:05.51 S.Collins,ROD,90

1:08.16	ONTAGJUL	Tanya Hunks	12,HWAC
1:09.33	ONTAGJUL	Pamela Tung	11,NEW
1:09.92	YOUTHMAY	Gina Grujic	12,TOMAC
1:10.59	YOUTHJUN	Christina Kubacki	11,TOMAC
1:11.01	HYACKMAY	Kellie Rolston	12,IS
1:11.88	POMMAY	Jane Gregg	12,FAST
1:11.91	EKSCAPR	Jessica Oeglau	12,POSA
1:12.25	ONTAGJUL	Jill Samakese	12,TBT
1:12.72	TOMACMAY	Michelle Cruz	12,ACE
1:13.01	PEPSIJUN	Meaghan Jastrebski	12,ROW
1:13.07	ONTAGJUL	Kate Julig	12,LUSC
1:13.52	ESSOMAY	Anne-M. Pelletier	12,SL
1:13.52	GMACMAY	Sue Orodge	12,NEWS
1:13.63	ONTAGJUL	Amelie Caron	12,GO
1:13.68	YOUTHJUN	Jennifer Jonusaitis	11,SSMAC
1:13.74	MBSKJUN	Kristen Schneider	12,ROO
1:13.75	ONTAGJUL	Kelly Crampton	11,PERTH
1:13.77	PEPSIJUN	Adrienne Hafemann	12,ROW
1:13.91	MBSKJUN	Jelena Jokic	12,WAVE
1:13.92	EKSCAPR	Stacey Tetz	11,UCSC
1:13.99	LASCMAY	Corissa Reid	11,LASC
1:14.19	ROWMAY	Melissa MacDonald	12,BRANT
1:14.50	AACAPR	Danielle Howard	12,MAC
1:14.50	POMMAY	Melissa Laflamme	11,RCA
1:14.63	EKSCAPR	Mariellen Furs	12,PEPSI

200 METRES BUTTERFLY
Rec: 2:22.47 M.Coulombe,CNMN,77

2:27.48	ONTAGJUL	Tanya Hunks	12,HWAC
2:32.49	BCAGJUL	Kellie Rolston	12,IS
2:36.83	YOUTHJUN	Christina Kubacki	11,TOMAC
2:37.02	YOUTHJUN	Gina Grujic	12,TOMAC
2:37.70	PEPSIJUN	Carolyn Korneluk	11,LAC
2:37.93	HYACKMAY	Jessica Oeglau	12,POSA
2:38.34	PEPSIJUN	Meaghan Jastrebski	12,ROW
2:39.34	ROWMAY	Melissa MacDonald	12,BRANT
2:39.76	ONTAGJUL	Jill Samakese	12,TBT
2:40.40	BRANTAPR	Stephanie Zarins	12,GO
2:41.32	MBSKJUN	Kristen Schneider	12,ROO
2:41.40	TASKMAY	Pamela Tung	11,NEW
2:44.05	ONTAGJUL	Julie Campbell	11,HWAC
2:44.59	TASKMAY	Jackie Hutchings	11,MUSAC
2:44.85	GMACMAY	Sue Orodge	12,NEWS
2:44.98	EKSCAPR	Stacey Tetz	11,UCSC
2:45.00	BCAGJUL	Carly Goepel	12,POSA
2:45.14	MBSKJUN	Jelena Jokic	12,WAVE
2:45.63	YOUTHJUN	Robyn McCulloch	12,WISC
2:45.68	EASTJUL	Jane Gregg	12,FAST
2:46.01	ONTAGJUL	Katrina Siks	12,MAC
2:46.15	AACAPR	Danielle Howard	12,MAC
2:46.74	POMMAY	Karine Senechal-B.	12,CAMO
2:46.78	BCAGJUL	Erin McNamara	12,IS
2:47.21	ONTAGJUL	Lindsay Beavers	12,STARS

200 METRES IND.MEDLEY
Rec: 2:21.55 A.Higson,ESC,86

2:31.91	ONTAGJUL	Tanya Hunks	12,HWAC
2:33.75	PEPSIJUN	Michelle Cruz	12,ACE
2:34.01	PEPSIJUN	Adrienne Hafemann	12,ROW
2:34.53	BRANTAPR	Stephanie Zarins	12,GO
2:35.21	YOUTHJUN	Robyn McCulloch	12,WISC
2:35.32	ONTAGJUL	Jennifer Jonusaitis	11,SSMAC
2:36.88	ONTAGJUL	Pamela Tung	11,NEW
2:37.29	YOUTHMAY	Katie Mazzucco	12,PEPSI
2:38.08	YOUTHJUN	Gina Grujic	12,TOMAC
2:39.34	HYACKMAY	Kellie Rolston	12,IS
2:39.34	ONTAGJUL	Heather Lee	11,USC
2:40.15	EKSCAPR	Bekki Seaman	12,ROD
2:40.66	TASKMAY	Katie Sheridan	12,TRENT
2:41.04	ROWMAY	Melissa MacDonald	12,BRANT
2:41.06	M8SKJUN	Kristen Schneider	12,ROO
2:41.42	NSAGJUN	Lisa Graham	12,HTAC
2:41.81	POMMAY	Jane Gregg	12,FAST
2:41.95	POMMAY	Karine Senechal-B.	12,CAMO
2:42.08	TOMACMAY	Ivanka Koulik	12,YORK
2:42.24	NEWSMAY	Sue Drodge	12,NEWS
2:42.25	HYACKMAY	Megan Lloyd	12,PSW
2:42.29	POMMAY	Catherine Verreault	12,SHER
2:42.30	NSAGJUN	Molly Seto	11,HTAC
2:42.93	AACAPR	Danielle Howard	12,MAC
2:43.00	LUSCJUN	Jackie Hutchings	11,MUSAC

400 METRES IND.MEDLEY
Rec: 5:02.71 J.Malar,HWAC,88

5:17.50	HWACJUN	Tanya Hunks	12,HWAC
5:29.91	ONTAGJUL	Robyn McCulloch	12,WISC
5:30.88	ONTAGJUL	Adrienne Hafemann	12,ROW
5:33.36	ESSOMAY	Helene Painchaud	12,EXCEL
5:34.70	TOMACMAY	Michelle Cruz	12,ACE
5:35.28	PEPSIJUN	Gina Grujic	12,TOMAC
5:36.92	ONTAGJUL	Jennifer Jonusaitis	11,SSMAC
5:37.56	HYACKMAY	Kellie Rolston	12,IS
5:37.78	ONTAGJUL	Ivanka Koulik	12,YORK
5:38.49	OTTJUN	Genevieve Houle	11,CNSH
5:38.75	ONTAGJUL	Heather Lee	11,USC
5:39.73	ONTAGJUL	Beth Frisk	12,USC
5:39.86	BRANTAPR	Melissa MacDonald	12,BRANT
5:40.46	PEPSIJUN	Pamela Tung	11,NEW
5:41.57	LUSCJUN	Jackie Hutchings	11,MUSAC
5:41.72	MBSKJUN	Kristen Schneider	12,ROD
5:42.13	ONTAGJUL	Kelly Jackson	12,BRANT
5:42.38	EKSCAPR	Bekki Seaman	12,ROO
5:43.01	ONTAGJUL	Carolyn Korneluk	11,LAC
5:43.15	ONTAGJUL	Hannah Buchanan	12,NKB
5:43.59	LUSCJUN	Kate Julig	12,LUSC
5:43.75	LUSCMAY	Julie Campbell	11,HWAC
5:45.45	NSAGJUN	Lisa Graham	12,HTAC
5:46.28	BCAGJUL	Lisa Huffman	12,VKSC
5:47.00	ONTAGJUL	Katrina Siks	12,MAC

4X50 MEDLEY RELAY
Rec: 2:10.53 Regina DD,ROD,90

2:15.05	OTTJUN	Montreal Aquatique	CAMO
2:17.29	EKSCAPR	Univ.Calgary SC	UCSC
2:17.86	BRANTAPR	Mississauga AC	TOMAC
2:18.26	ONTAGJUL	City of Brampton AC	COBRA
2:18.72	EKSCAPR	Regina Opt.Oolphins	ROD
2:18.88	BCAGJUL	Pacific Dolphin SA	POSA
2:19.59	ROWMAY	Region of Waterloo	ROW
2:20.67	ONTAGJUL	Nepean Kanata	NKB
2:21.02	ONTAGJUL	Uxbridge SC	USC
2:21.61	YOUTHJUN	York Swim Club	YORK
2:21.73	MBSKJUN	Edmonton Keyano	EKSC
2:21.95	LUSCMAY	Hamilt-Wentworth AC	HWAC
2:21.97	LASCMAY	Lethbridge ASC	LASC
2:22.11	POMMAY	CA Chateauguay	CAC
2:22.45	PEPSIJUN	Markham AC	MAC
2:22.99	PEPSIJUN	Whitby Iroquois SC	WISC
2:23.35	BCAGJUL	Pacific Seawolves	PSW
2:23.44	ELITEAPR	Oollard Swim Team	ODO
2:23.89	EASTJUL	Halifax Trojans	HTAC
2:23.92	YOUTHJUN	North York AC	NYAC
2:24.53	ONTAGJUL	Oorado SC	STARS
2:24.59	LUSCJUN	Laurentian Univ.	LU
2:24.70	BCAGJUL	Island Swimming	IS
2:24.89	BRANTAPR	Gloucester-Ottawa Kingfish	GO
2:25.08	ONTAGJUL	Chatham Y	CYPS

4X50 FREE RELAY
Rec: 1:55.93 Regina OD,ROD,90

2:01.24	EKSCAPR	Univ.Calgary SC	UCSC
2:02.68	YOUTHJUN	Mississauga AC	TOMAC
2:02.80	EKSCAPR	Regina Opt.Oolphins	ROO
2:03.53	ONTAGJUL	Uxbridge SC	USC
2:03.81	POMMAY	Montreal Aqualique	CAMO
2:04.14	EKSCAPR	Pacific Oolphin SA	POSA
2:04.20	ONTAGJUL	City of Brampton AC	COBRA
2:04.42	AACAPR	Markham AC	MAC
2:04.54	HYACKMAY	Pacific Seawolves	PSW
2:04.98	BRANTAPR	Gloucester-Ottawa Kingfish	GO
2:05.15	LUSCMAY	Hamilt-Wentworth AC	HWAC
2:05.18	ONTAGJUL	Nepean Kanata	NKB
2:05.34	LASCMAY	Lethbridge ASC	LASC
2:05.50	MBSKJUN	Edmonton Keyano	EKSC
2:05.78	AACAPR	York Swim Club	YORK
2:06.18	YOUTHJUN	North York AC	NYAC
2:06.27	BRANTAPR	Region of Waterloo	ROW
2:06.40	ONTAGJUL	Oorado SC	STARS
2:06.41	POMMAY	Oollard Swim Team	DDO
2:06.52	MBSKJUN	Saskatoon Goldfins	GOLD
2:06.61	ELITEAPR	Pointe Claire SC	PCSC
2:07.06	MBSKJUN	Manta Aquatic Club	MANTA
2:07.25	LUSCJUN	Laurentian Univ SC	LUSC
2:07.59	ONTAGJUL	Bluewater Otters	BOSC
2:07.76	TASKMAY	Trent Swim Club	TRENT

1993 LONG COURSE TAG®

BOYS 11-12

50 METRES FREESTYLE
Rec: 26 17 John M Mills,GO,92

27 62	EKSCAPR	Ryan Acaster,12,GOLD
27 74	ONTAGJUL	Adam Nicholson,12,GMAC
27.74	ONTAGJUL	Ari Lantos,12,YORK
27.87	ONTAGJUL	Mark Shivers,12,CATS
27 99	ELITEAPR	Nicolas Jorgensen,12,PCSC
28 00	EKSCMAR	Kwasi Boadi,12,UCSC
28.02	PDSAMAR	Stephen Wong,12,RACER
28.06	LUSCJUN	Bryan Taylor,12,BTSC
28.11	BRANTAPR	Eric Gabsch,12,TOMAC
28.36	MBSKJUN	Curtis Heffernan,12,GOLD
28.41	ONTAGJUL	Keith Barrett,12,HWAC
28.52	ONTAGJUL	Brandon Robinson,12,HWAC
28.64	MBSKJUN	Muga Miyakawa,12,MANTA
28.64	ONTAGJUL	Robbie Taylor,12,COBRA
28.66	BCAGJUL	Adrian Gheorgheos,12,PDSA
28.73	ONTAGJUL	Joey Stewart,12,KWY
28.78	ONTAGJUL	Serge Loiselle,12,VEW
28.80	ONTAGJUL	Robert Wood,12,OAK
28.80	ONTAGJUL	Brett Clouthier,12,USC
28.83	AACAPR	Mitchell Reid,12,TMSC
28.83	BCAGJUL	Olivier Leroy,12,UNATT
28.96	EKSCMAR	Miki Martinovic,12,UCSC
29 01	POMMAY	Mathieu Hudon,12,PLUS
29 17	AACAPR	Andrew Kwa,12,RHAC

100 METRES FREESTYLE
Rec. 57 20 M.Munoz,ESC,86

1:01 14	BCAGJUL	Olivier Leroy,12,UNATT
1:01.45	BRANTAPR	Eric Gabsch,12,TOMAC
1:01.62	ONTAGJUL	Adam Nicholson,12,GMAC
1:01.69	EKSCMAR	Kwasi Boadi,12,UCSC
1:01 78	ONTAGJUL	Brandon Robinson,12,HWAC
1:01.92	EKSCMAR	Ryan Acaster,12,UNATT
1:02.65	PEPSIJUN	Joey Stewart,12,KWY
1:02.93	MBSKJUN	Curtis Heffernan,12,GOLD
1:02.97	AACAPR	Mitchell Reid,12,TMSC
1:03 11	EKSCAPR	Miki Martinovic,12,UCSC
1:03.18	ONTAGJUL	Robert Wood,12,OAK
1:03 33	ONTAGJUL	Brett Clouthier,12,USC
1:03.40	LUSCMAY	Keith Barrett,12,HWAC
1:03.60	YOUTHJUN	Willie Paul,12,LUSC
1:03 69	POMMAY	Charles-E Goyette,12,ETORY
1:03 74	TOMACMAY	Ari Lantos,12,YORK
1:03.84	BCAGJUL	Adrian Gheorgheos,12,PDSA
1:04 18	POMMAY	James Govan,11,PCSC
1:04 18	ONTAGJUL	Robbie Taylor,12,COBRA
1:04 34	AACAPR	Michael Lockett,12,PICK
1:04 42	ELITEAPR	Nicolas Jorgensen,12,PCSC
1:04 47	TOMACMAY	Nir Rotenberg,12,YORK
1:04 49	ONTAGJUL	Bryan Taylor,12,BTSC
1:04 55	ONTAGJUL	Brad Jones,12,NKB
1:04 57	ONTAGJUL	Mark Shivers 12,CATS

200 METRES FREESTYLE
Rec 2:07 56 P Webster,LYAC,80

2 11 60	BCAGJUL	Olivier Leroy,12,UNATT
2 14 05	BRANTAPR	Eric Gabsch,12,TOMAC
2:14 64	ONTAGJUL	Brandon Robinson,12,HWAC
2:14 69	ONTAGJUL	Willie Paul,12,LUSC
2:15.31	YOUTHJUN	Adam Nicholson 12,GMAC
2 16.12	HYACKMAY	Ryan Acaster,12,GOLD
2:16 96	PEPSIJUN	Joey Stewart,12,KWY
2:17.08	MBSKJUN	Curtis Heffernan 12,GOLD
2:17 38	EKSCAPR	Riley Janes,12,GOLD
2:17.86	GMACMAY	Keith Barrett,12,HWAC
2:17 98	ONTAGJUL	Brad Jones,12,NKB
2:18.04	AACAPR	Mitchell Reid,12 TMSC
2 18 32	POMMAY	Charles-E Goyette,12,ETORY
2 18 49	ONTAGJUL	Brett Clouthier,12,USC
2 18 53	EKSCAPR	Miki Martinovic,12,UCSC
2 18 67	ONTAGJUL	Robert Wood,12,OAK
2:18 69	YLSCAPR	Ryan Keesey,12,GOLD
2:18 75	NKBMAY	Louis-O Bonneau,12,DH
2:18 81	AACAPR	Andrew Kwa,12,RHAC
2:18 83	ONTAGJUL	Sean Robinson,12,TOMAC
2:19 07	HYACKMAY	Adrian Gheorgheos,12,PDSA
2:19.27	EKSCAPR	Daniel Weckend,12,IS
2:19.37	PEPSIJUN	Stephen Preston,11,NEW
2:19 92	ONTAGJUL	Joel Ahbott,12,NKB
2:20.16	POMMAY	Mathieu Hudon,12,PLUS

400 METRES FREESTYLE
Rec 4 26 47 N Richards,PCSC,84

4 39 99	ONTAGJUL	Keith Barrett,12,HWAC
4 40 49	ONTAGJUL	Brandon Robinson,12,HWAC
4 41 88	ONTAGJUL	Sean Robinson,12,TOMAC
4 42 52	BCAGJUL	Olivier Leroy,12,UNATT
4 43 33	ONTAGJUL	Willie Paul,12,LUSC
4 45 68	BRANTAPR	Eric Gabsch,12,TOMAC
4 49 13	EKSCAPR	Adrian Gheorgheos,12,PDSA
4 50 19	MBSKJUN	Riley Janes,12,GOLD
4 50 83	ONTAGJUL	Brett Clouthier,12,USC
4 51 10	ONTAGJUL	Joel Abbott,12,NKB
4 51 61	ONTAGJUL	Adam Nicholson,12,GMAC
4 51 94	AACAPR	Mitchell Reid,12,TMSC
4 52 38	ONTAGJUL	Ryan Devald,12,NEW
4 53 47	CAGMAY	Charles-E Goyette,12,ETORY
4 53 66	TOMACMAY	Darren Nicol,12,TOMAC
4 54 05	NKBMAY	Louis-O Bonneau,12,DH
4 54 24	ONTAGJUL	Matthew Swanton,12,PEPSI
4 55 90	HYACKMAY	Ryan Acaster,12,GOLD
4 55 94	VICOAPR	Daniel Weckend,12,IS
4 56 22	YOUTHJUN	Brian Troup,12,TOMAC
4 56 32	YOUTHJUN	Brad Jones,12,NKB
4 56 44	MBSKJUN	Curtis Heffernan,12,GOLD
4 56 64	ONTAGJUL	Logan Willis,12,TOMAC
4 57 58	PEPSIJUN	Robert Wood,12,OAK
4 58 12	PEPSIJUN	Adam Cox,12,YORK

1500 METRES FREESTYLE
Rec 17 05 50 N Richards,PCSC,84

18 19 78	ONTAGJUL	Willie Paul,12,LUSC
18 36.85	BCAGJUL	Olivier Leroy,12,UNATT
18 51 11	LUSCMAY	Keith Barrett,12,HWAC
18 52 22	ONTAGJUL	Sean Robinson,12,TOMAC
18 58 98	ONTAGJUL	Brandon Robinson,12,HWAC
19 04 47	ONTAGJUL	Joel Abbott,12,NKB
19 09 42	ONTAGJUL	Matthew Swanton,12,PEPSI
19 10 43	YOUTHJUN	Adam Nicholson,12,GMAC
19 12 26	PEPSIJUN	Stephen Preston,11,NEW
19 13 75	YOUTHJUN	Darren Nicol,12,TOMAC
19 18 34	MBSKJUN	Muga Miyakawa,12,MANTA
19 18 42	EKSCAPR	Daniel Weckend,12,IS
19 21 82	POMMAY	Charles-E Goyette,12,ETORY
19 23 34	ONTAGJUL	Brian Troup,12,TOMAC
19 25 90	EKSCAPR	Robbie Cowan,12,GOLD
19 28 30	EKSCAPR	Curtis Heffernan,12,GOLD
19 34 34	ONTAGJUL	Lee De Silva,12,TOMAC
19 34 55	ONTAGJUL	Brad Franklin 12,BRANT
19 34 58	ONTAGJUL	Brett Clouthier,12,USC
19 35 32	MBSKJUN	Preston Mandamin,11,MM
19 38 56	ONTAGJUL	Jordan Crandall,12,SSMAC
19 38.58	POMMAY	Ryan Mallette,12,DDO
19 44 87	LACMAY	Robert Wood,12,OAK
19 47 87	MBSKJUN	David McEwan,12,ROD
19 49 39	EKSCAPR	Adrian Gheorgheos,12,PDSA

100 METRES BACKSTROKE
Rec 1 06 03 G Miesmer,WAC,92

1 09 03	AACAPR	Michael Lockett,12,PICK
1 09 54	ONTAGJUL	Keith Barrett,12,HWAC
1 09 81	MBSKJUN	Riley Janes,12,GOLD
1 10 23	NKBMAY	Louis-O Bonneau,12,DH
1 11 45	ONTAGJUL	David Cheung,11,CREST
1 11 53	BRANTAPR	David Kimmerly,12,CYPS
1 11 68	MBSKJUN	Muga Miyakawa,12,MANTA
1 11 74	ONTAGJUL	Stephen Preston,11,NEW
1 11 94	BCAGJUL	Olivier Leroy,12,UNATT
1 12 68	PEPSIAPR	Andrew Kwa,12,RHAC
1 12 81	EKSCAPR	Jeff Dirsten,12,RBSC
1 12 82	ONTAGJUL	Brett Clouthier,12,USC
1 12 93	EKSCAPR	Kelly Albrechl 12,RDCSC
1 12 97	TASKMAY	Che'o Neil Mineque,12,CREST
1 13 20	ONTAGJUL	Nicholas Dargus,12,NEW
1 13 31	PEPSIJUN	Craig Ross,12,OAK
1 13 35	LUSCJUN	Matthew Rose,11,LLSC
1 13 85	ONTAGJUL	Serge Loiselle,12,VEW
1 14 15	VICOAPR	Daniel Weckend,12,IS
1 14 27	ONTAGJUL	Mark Shivers,12,CATS
1 14 31	CAGMAY	Charles-E Goyette,12,ETORY
1 14 32	HYACKMAY	Ryan Acaster,12,GOLD
1 14 33	ONTAGJUL	Kasy Soare 12,NYAC
1 14 60	ONTAGJUL	Joey Stewart,12,KWY
1 14 66	AACAPR	Willie Paul,12,LUSC

200 METRES BACKSTROKE
Rec. [illegible] Andrew Chu,HYACK,91

2 29 4[illegible]	AACAPR	Michael Lockett,12,PICK
2 29 61	ONTAGJUL	Keith Barrett,12,HWAC
2 30 46	ONTAGJUL	Stephen Preston,11,NEW
2 32 13	MBSKJUN	Riley Janes,12,GOLD
2 33 32	YOUTHJUN	David Cheung,11,CREST
2 33 73	NKBMAY	Louis-O Bonneau 12,DH
2 35 17	MBSKJUN	Olivier Leroy,12,MANTA
2 35 53	ONTAGJUL	Willie Paul,12,LUSC
2 35 70	AACAPR	Andrew Kwa,12,RHAC
2 36 32	ONTAGJUL	Adam Cox 12 YORK
2 36 53	EKSCAPR	Daniel Weckend,12,IS
2 37 60	ELITEAPR	Neil Shaw,12,PCSC
2 37 63	EKSCAPR	Jeff Dirsten,12,RBSC
2 37 71	YOUTHJUN	Michael Fry,12,NKB
2 37 72	BRANTAPR	David Kimmerly 12,CYPS
2 37 79	MBSKJUN	Muga Miyakawa,12,MANTA
2 38 15	EKSCMAR	Miki Martinovic,12,UCSC
2 38 18	ONTAGJUL	Nicholas Dargus,12,NEW
2 38 37	ELITEAPR	Charles-E Goyette,12,ETORY
2 38 43	YOUTHJUN	Brett Clouthier,11,USC
2 38 61	VICOAPR	Chris Sawbridge 12 IS
2 38 80	AACAPR	Mitchell Reid,12,TMSC
2 38 81	ROWMAY	Joey Stewart,12,KWY
2 38 92	ONTAGJUL	Brad Franklin 12,BRANT
2 39 53	EKSCAPR	Marcus Blouw,12 MM

100 METRES BREASTSTROKE
Rec 1 12 36 M Mason ESC,87

1 16 20	ONTAGJUL	David Cheung 11 CREST
1 17 09	PEPSIJUN	John Lim 12,COBRA
1 18 87	ELITEAPR	Nicolas Jorgensen 12,PCSC
1 20 18	ONTAGJUL	Robert Wood 12,OAK
1 20 20	YOUTHJUN	Gregg Gleason 12,NFY
1 20 38	MBSKJUN	Curtis Heffernan 12 GOLD
1 22 32	TASKMAY	Che'o Neil Mineque,12 CREST
1 22 50	ONTAGJUL	Lee Ooi,12,EBSC
1 22 81	BCAGJUL	Joey Wu,11,PDSA
1 22 82	ELITEAPR	Steve Vallieres,12,ELITE
1 23 01	PEPSIJUN	Andrew Yeung,12,MAC
1 23 16	ONTAGJUL	Nir Rotenberg,12,YORK
1 23 51	PEPSIAPR	Eugene Skrynnyk,12,PEPSI
1 23 68	EKSCAPR	Tyler Stachowicz,11 WAVE
1 23 69	BCAGJUL	Kyle Hancock,12,CRKW
1 23 80	YOUTHJUN	Spencer Cowan 12,EYSC
1 23 80	LUSCJUN	Carlo DiStefano,12,TRENT
1 23 85	BCAGJUL	Robert Richard 12,KCCC
1 24 00	SHERAPR	Jonathan Belanger,12 CARAT
1 24 09	ONTAGJUL	Aaron Snowden,12 TBT
1 24 44	POMMAY	Mathieu Hudon 12 PLUS
1 24 63	ONTAGJUL	Bryan Magpayo,12 CREST
1.24 68	HYACKMAY	Ryan Acaster 12,GOLD
1 24 68	ONTAGJUL	Joe Kwasniewski,12,TMSC
1 24 70	POSAMAR	Neil Evans,12 SPART

200 METRES BREASTSTROKE
Rec [illegible] S Lysak HWAC 91

2 44 08	ONTAGJUL	David Cheung,11 CREST
2 49 16	YOUTHJUN	Gregg Gleason,12 NFY
2 52 50	ONTAGJUL	John Lim 12,COBRA
2 54 85	ELITEAPR	Nicolas Jorgensen 12,PCSC
2 55 13	ONTAGJUL	Robert Wood,12 OAK
2 55 15	TIDEMAR	Maneesh Shanbhag,12,FAST
2 56 53	ONTAGJUL	Carlo DiStefano 12,TRENT
2 57 07	POMMAY	Mathieu Hudon,12 PLUS
2 57 39	ONTAGJUL	Lee Ooi,12,EBSC
2 57 47	MBSKJUN	Curtis Heffernan,12,GOLD
2 58 70	EKSCAPR	Tyler Stachowicz 11 WAVE
2 58 98	BCAGJUL	Joey Wu 11,PDSA
2 59 38	GMACJUN	Adam Nicholson,12,GMAC
2 59 80	EKSCAPR	Robbie Cowan,12,GOLD
2 59 91	ELITEAPR	Steve Vallieres,12,ELITE
3 00 47	TASKMAY	Che'o Neil Mineque,12,CREST
3 01 01	ONTAGJUL	Nir Rotenberg,12,YORK
3 01 12	POMMAY	Chris Birkich 12,DDO
3 01 18	BCAGJUL	Robert Richard,12,KCCC
3 01 46	MBSKJUN	Jacques Doiron,12,GOLD
3 01 55	BCAGJUL	Tyler Weiss 12,SKSC
3 01 72	ONTAGJUL	Bryan Magpayo 12,CREST
3 01 90	ROWMAY	Matthew Lauzon,12,BOSC
3 02 50	HYACKMAY	Kristian Elgh,12 IS
3 02 89	BCAGJUL	Ryan McLaughlin 12 VKSC

100 METRES BUTTERFLY
Rec 1 03 30 M Calkins IS 90

1 06 80	ONTAGJUL	Robert Wood,12,OAK
1 06 84	BRANTAPR	Eric Gabsch,12 TOMAC
1 08 67	HYACKMAY	Ryan Acaster,12,GOLD
1 09 39	BCAGJUL	Tyler Weiss 12,SKSC
1 09 56	ONTAGJUL	Stephen Preston,11 NEW
1 09 94	AACAPR	Mitchell Reid 12,TMSC
1 10 19	EKSCMAR	Kwasi Boadi 12 UCSC
1 10 19	YOUTHJUN	David Cheung 11,CREST
1 10 46	MBSKJUN	Muga Miyakawa 12,MANTA
1 10 90	ONTAGJUL	Brad Jones 12,NKB
1 10 99	ONTAGJUL	Kasy Soare 12,NYAC
1 11 07	HYACKMAY	Shaun Johnston 12,PDSA
1 11 09	EKSCAPR	Niels Versteld,11 EKSC
1 11 10	MBSKJUN	Curtis Heffernan,12 GOLD
1 11 23	EKSCAPR	Dylan Schiewe,12 EKSC
1 11 25	BCAGJUL	Kyle Hancock,12,CRKW
1 11 26	YOUTHJUN	Willie Paul,12,LUSC
1 11 34	ONTAGJUL	Anthony Decarla,12 PEPSI
1 11 58	POMMAY	Timothee DeWailly,12,CSO
1 11 81	EKSCAPR	Garth Coxford,12 PN
1 12 22	PEPSIAPR	Andrew Kwa,12,RHAC
1 12 33	LUSCJUN	Matthew Rose,11,LLSC
1 12 42	POMMAY	Ryan Mallette,12 DDO
1 12 48	BCAGJUL	Jeff Kube,12 T
1 13 00	TOMACMAY	Adam Cox 12 YORK

200 METRES BUTTERFLY
Rec [illegible] PLU,91

[illegible]	ONTAGJUL	Willie Paul 12,LUSC
[illegible]	ONTAGJUL	Kasy Soare 12 NYAC
[illegible]	POMMAY	Ryan Mallette 12 DDO
[illegible]	POMMAY	Timothee DeWailly 12 CSO
[illegible]	ONTAGJUL	Mark Lock Yan 11 TOMAC
[illegible]	MBSKJUN	Niels Versteld,11,EKSC
[illegible]	ONTAGJUL	Anthony Decarla,12 PEPSI
[illegible]	BCAGJUL	Tyler Weiss 12 SKSC
[illegible]	BCAGJUL	Olivier Leroy 12,UNATT
[illegible]	MBSKJUN	Muga Miyakawa,12 MANTA
[illegible]	ONTAGJUL	Brad Jones 12 NKB
[illegible]	MBSKJUN	Chad Hinkewich 11 GOLD
[illegible]	BRANTAPR	Eric Gabsch 12 TOMAC
[illegible]	EKSCAPR	Preston Mandamin 11 MM
[illegible]	ONTAGJUL	Aaron Snowden 12 TBT
[illegible]	EKSCAPR	Dylan Schiewe 12 EKSC
[illegible]	BCAGJUL	Jeff Kube 12 T
[illegible]	ONTAGJUL	Ryan Devald 12 NEW
[illegible]	VICOAPR	Daniel Weckend 12 IS
[illegible]	OMACMAY	Alex Middleton 12 PEPSI
[illegible]	ONTAGJUL	Logan Willis 12,TOMAC
[illegible]	HYACKMAY	Ryan Acaster 12 GOLD
[illegible]	ONTAGJUL	Lee De Silva,12 TOMAC
[illegible]	ONTAGJUL	Adam Cox 12,YORK
[illegible]	BCAGJUL	Lee Patterson 12 IS

200 METRES IND.MEDLEY
Rec [illegible] B Creelman TOMAC 83

[illegible]	ONTAGJUL	David Cheung,11 CREST
[illegible]	ONTAGJUL	Keith Barrett,12 HWAC
[illegible]	ONTAGJUL	Stephen Preston,11 NEW
[illegible]	MANTAAPR	Muga Miyakawa,12,MANTA
[illegible]	MANTAAPR	Olivier Leroy,12,MANTA
[illegible]	AACAPR	Michael Lockett,12,PICK
[illegible]	HYACKMAY	Ryan Acaster,12,GOLD
[illegible]	MBSKJUN	Riley Janes,12,GOLD
[illegible]	ELITEAPR	Nicolas Jorgensen,12,PCSC
[illegible]	BRANTAPR	Eric Gabsch,12,TOMAC
[illegible]	EKSCMAR	Kwasi Boadi,12,UCSC
[illegible]	ELITEAPR	Ryan Mallette 12,DDO
[illegible]	BCAGJUL	Shaun Johnston,12,PDSA
[illegible]	LUSCJUN	Willie Paul,12,LUSC
[illegible]	EKSCAPR	Daniel Weckend,12,IS
[illegible]	EKSCAPR	Miki Martinovic 12,UCSC
[illegible]	YLSCAPR	Ryan Keesey 12,GOLD
[illegible]	ONTAGJUL	Logan Willis,12,TOMAC
[illegible]	BCAGJUL	Tyler Weiss,12,SKSC
[illegible]	ONTAGJUL	John Lim 12,COBRA
[illegible]	YOUTHJUN	Brad Jones,12,NKB
[illegible]	LACMAY	Robert Wood,12,OAK
[illegible]	ONTAGJUL	Adam Nicholson,12,GMAC
2 40 10	TOMACMAY	Mark Look Yan,11,TOMAC
2 40 19	POMMAY	Mathieu Hudon,12,PLUS

400 METRES IND.MEDLEY
Rec [illegible] Andrew Chu HYACK 91

5 17 30	ONTAGJUL	Keith Barrett,12,HWAC
5 22 91	ONTAGJUL	David Cheung,11,CREST
5 25 80	NKBMAY	Louis-O Bonneau 12,DH
5 28 31	BCAGJUL	Olivier Leroy,12,UNATT
5 29 25	MBSKJUN	Riley Janes,12,GOLD
5 29 67	EKSCAPR	Daniel Weckend,12,IS
5 29 91	BRANTAPR	Eric Gabsch 12,TOMAC
5 30 59	ONTAGJUL	Brandon Robinson,12,HWAC
5 31 05	MBSKJUN	Muga Miyakawa 12,MANTA
5 31 12	ONTAGJUL	Logan Willis,12,TOMAC
5 32 14	POMMAY	Ryan Mallette,12,DDO
5 35 29	ONTAGJUL	Adam Cox,12,YORK
5 36 35	ONTAGJUL	Matthew Swanton,12,PEPSI
5 36 90	ONTAGJUL	Brad Franklin,12,BRANT
5 39 01	EKSCAPR	Niels Versteld,11 EKSC
5 39 04	HYACKMAY	Tyler Weiss,12,SKSC
5 40 64	ONTAGJUL	Anthony Decarla,12 PEPSI
5 41 17	ONTAGJUL	Mark Look-Yan,11,TOMAC
5 41 18	ONTAGJUL	Joel Abbott 12 NKB
5 41 32	ONTAGJUL	Aaron Snowden,12,TBT
5 41 32	BCAGJUL	Shaun Johnston,12,PDSA
5 41 47	ONTAGJUL	Carlo DiStefano,12,TRENT
5 41 53	ONTAGJUL	Blaine Dolcetti,11,SSMAC
5 41 62	ONTAGJUL	David McEwan,12,ROD
5 42 29	BCAGJUL	Ricardo Lacerte 11,IS

4X50 MEOLEY RELAY
Rec [illegible] Mississauga AC,TOMAC,92

2 11 41	EKSCAPR	Saskatoon Goldfins GOLD
2 13 72	ONTAGJUL	Oakville AC,OAK
2 14 92	BCAGJUL	Pacific Dolphin SA,PDSA
2 16 26	PEPSIJUN	City of Brampton AC,COBRA
2 16 43	YOUTHJUN	York Swim Club,YORK
2 16 62	BRANTAPR	Mississauga AC,TOMAC
2 16 93	EKSCAPR	Univ Calgary SC UCSC
2 17 38	ELITEAPR	Pointe Claire SC PCSC
2 17 76	ONTAGJUL	Hamilt-Wentworth AC HWAC
2 20 36	ONTAGJUL	Nepean Kanata,NKB
2 21 82	AACAPR	Crescent Town SC,CREST
[illegible]	LUSCJUN	Laurentian Univ SC LUSC
[illegible]	MBSKJUN	Manta Aquatic Club MANTA
[illegible]	TASKMAY	Newmarket SC,NEW
[illegible]	MBSKJUN	Edmonton Keyano,EKSC
[illegible]	ELITEAPR	Dollard Swim Team,DDO
[illegible]	BCAGJUL	Island Swimming,IS
[illegible]	MBSKJUN	Manitoba Marlins,MM
[illegible]	ONTAGJUL	Guelph Marlin AC,GMAC
[illegible]	THSCAPR	Surrey KnightsSC SKSC
[illegible]	EKSCAPR	Regina Opt Dolphins,ROD
[illegible]	YOUTHJUN	North York AC,NYAC
[illegible]	EKSCAPR	Olympic Swim Club [illegible]
[illegible]	ONTAGJUL	Pepsi Swimming,PEPSI
[illegible]	ONTAGJUL	The Bay [illegible]

4X50 FREE RELAY
Rec [illegible]

[illegible]	EKSCAPR	[illegible]
[illegible]	MBSKJUN	Manta Aquatic Club MANTA
[illegible]	ONTAGJUL	Hamilt-Wentworth AC HWAC
[illegible]	BCAGJUL	Pacific Dolphin SA PDSA
[illegible]	BRANTAPR	Mississauga AC TOMAC
[illegible]	ELITEAPR	Pointe Claire SC PCSC
[illegible]	YOUTHJUN	York Swim Club,YORK
[illegible]	EKSCAPR	Edmonton Keyano AC EKSC
[illegible]	ONTAGJUL	Brampton AC COBRA
[illegible]	ONTAGJUL	Nepean Kanata,NKB
[illegible]	[illegible]	[illegible] OAK
[illegible]	[illegible]	[illegible] Dolphin BCD
[illegible]	[illegible]	[illegible] NEW
[illegible]	[illegible]	[illegible] AC GMAC
[illegible]	[illegible]	[illegible] Univ LUSC
[illegible]	[illegible]	[illegible] Keyano EKSC
[illegible]	[illegible]	[illegible] AC RHAC
[illegible]	[illegible]	[illegible] AC NYAC
[illegible]	[illegible]	[illegible]
[illegible]	[illegible]	Markham AC MAC
[illegible]	[illegible]	Windsor AC WAC
[illegible]	[illegible]	Tillsonburg AC TAT
[illegible]	MBSKJUN	Manitoba Marlins,MM
[illegible]	POMMAY	Dollard Swim Team,DDO
[illegible]	BCAGJUL	Ponds North SC PN

1993 LONG COURSE TAG®

GIRLS 13-14

50 METRES FREESTYLE
Rec: 26.51 L.Melien,AAC,86

27.11	PEPSIJUL	Laura Nicholls,14,ROW
27.19	ONTAGJUL	Robyn Miller,14,COBRA
27.31	ONTAGJUL	Carly Porter,14,COBRA
27.39	ONTAGJUL	Nicole Davey,14,MAC
27.63	NSAGJUN	Stephanie Hughes,14,HTAC
27.69	PEPSIJUL	Willa Bostock,14,PEPSI
27.69	ONTAGJUL	Tanya Stachiw,14,PEPSI
27.79	ONTAGJUL	Christa Burgess,14,ROD
27.83	ONTAGJUL	Katie O'Dwyer,14,PEPSI
27.93	YOUTHMAY	Kate Brambley,14,IS
28.02	ESSOMAY	Sophie Malboeuf,14,HIPPO
28.07	CANJUL	Rikki Janes,14,GOLD
28.08	ONTAGJUL	Michelle Lee,13,COBRA
28.09	YOUTHMAY	Elaine Duranceau,13,PCSC
28.09	CANJUL	Melissa Knox,14,PDSA
28.12	ONTAGJUL	Lindsay Griffin,13,COBRA
28.19	ONTAGJUL	Meredith Davis,14,NKB
28.26	ONTAGJUL	Jaclyn Moro,13,PEPSI
28.28	ONTAGJUL	Alina Toma,14,AAC
28.33	CANJUL	Beatrix Schwarz,14,SAMAK
28.38	ONTAGJUL	Julie Morgan,14,BRANT
28.41	YOUTHMAY	Jennifer Noddle,13,COBRA
28.45	ONTAGJUL	Laura Lee,14,USC
28.56	YOUTHMAY	Genevieve Cauffope,14,UL
28.63	ROWMAY	Angela MacAlpine,14,CCSC

100 METRES FREESTYLE
Rec: 56.91 J.Howard,BRANT,91

58.81	PEPSIJUL	Laura Nicholls,14,ROW
59.54	YOUTHMAY	Kate Brambley,14,IS
59.65	ONTAGJUL	Carly Porter,14,COBRA
59.80	DORTMAPR	Robyn Miller,14,COBRA
1:00.30	YOUTHMAY	Elaine Duranceau,13,PCSC
1:00.48	ONTAGJUL	Nicole Davey,14,MAC
1:00.62	ONTAGJUL	Willa Bostock,14,PEPSI
1:00.77	YOUTHMAY	Marsha Hamilton,15,UCSC
1:00.89	ROWMAY	Angela MacAlpine,14,CCSC
1:00.99	SCSCJUL	Melissa Knox,14,PDSA
1:00.99	ONTAGJUL	Tanya Stachiw,14,PEPSI
1:01.07	YOUTHMAY	Jaclyn Moro,13,PEPSI
1:01.18	CANJUL	Rikki Janes,14,GOLD
1:01.22	CANJUL	Jenny Scott,13,EKSC
1:01.41	CANJUL	Lindsay Griffin,13,COBRA
1:01.54	YOUTHMAY	Genevieve Cauffope,14,UL
1:01.68	NSAGJUN	Stephanie Hughes,14,HTAC
1:01.84	YOUTHJUN	Shannon Marklew,14,NKB
1:01.90	YOUTHMAY	Megan Gillis,14,CP
1:01.96	YOUTHMAY	Sophie Malboeuf,14,HIPPO
1:02.23	YOUTHMAY	Michelle Lee,13,COBRA
1:02.25	YOUTHMAY	Alina Toma,14,AAC
1:02.26	CANJUL	Meredith Davis,14,NKB
1:02.27	CANJUL	Jolanta Przepiorka,14,ROD
1:02.42	YOUTHMAY	Riley Mants,14,MANTA

200 METRES FREESTYLE
Rec: 2:03.35 J.Barbeau,ELITE,89

2:08.33	DORTMAPR	Elaine Duranceau,13,PCSC
2:08.56	CANJUL	Melissa Knox,14,PDSA
2:09.28	YOUTHMAY	Kate Brambley,14,IS
2:10.35	PEPSIJUL	Laura Nicholls,14,ROW
2:10.87	ONTAGJUL	Carly Porter,14,COBRA
2:11.39	CANJUL	Jenny Scott,13,EKSC
2:11.40	NSAGJUN	Stephanie Hughes,14,HTAC
2:11.53	ONTAGJUL	Shannon Marklew,14,NKB
2:11.87	ROWMAY	Angela MacAlpine,14,CCSC
2:12.23	YOUTHMAY	Karine Legault,14,CASE
2:12.37	ONTAGJUL	Willa Bostock,14,PEPSI
2:12.62	YOUTHMAY	Julie Gravelle,13,GO
2:12.79	YOUTHMAY	Lindsay McLennan,14,LEDUC
2:12.83	YOUTHMAY	Katie O'Dwyer,14,PEPSI
2:12.92	POIVAPR	Sophie Simard,14,CNCI
2:13.48	CANJUL	Rikki Janes,14,GOLD
2:13.90	NBMAY	Krista Morrison,14,FAST
2:14.05	ONTAGJUL	Julie Morgan,14,BRANT
2:14.11	SHERAPR	Amelie Grignon,14,LAVAL
2:14.23	YOUTHMAY	Erin Berard,13,CSL
2:14.28	TOMACMAY	Elaine Estrada,13,NYAC
2:14.36	ONTAGJUL	Jaclyn Moro,13,PEPSI
2:14.38	YOUTHMAY	Megan Gillis,14,CP
2:14.70	BCAGJUL	Catrin Jones,14,IS
2:14.90	PEPSIJUL	Leigh Tynan,14,BOSS

400 METRES FREESTYLE
Rec: 4:14.60 S.Smith,HYACK,76

4:22.52	SCSCJUL	Melissa Knox,14,PDSA
4:29.75	YOUTHMAY	Karine Legault,14,CASE
4:32.36	YOUTHMAY	Julie Gravelle,13,GO
4:33.21	ONTAGJUL	Shannon Marklew,14,NKB
4:34.87	LACAPR	Sophie Simard,14,CNCI
4:36.94	BCAGJUL	Kristine McGraw,14,IS
4:36.96	YOUTHMAY	Kate Brambley,14,IS
4:37.60	YOUTHMAY	Kristina Leslie-Spinks,13,LEDUC
4:37.67	BCAGJUL	Catrin Jones,14,IS
4:38.66	ONTAGJUL	Carly Porter,14,COBRA
4:38.80	ONTAGJUL	Katie O'Dwyer,14,PEPSI
4:38.80	ONTAGJUL	Kiza Francis,14,TBT
4:39.48	YOUTHMAY	Jenny Scott,13,EKSC
4:40.24	ESSOMAY	Elaine Duranceau,13,PCSC
4:41.29	ROWMAY	Laura Nicholls,14,ROW
4:42.75	ONTAGJUL	Julie Morgan,14,BRANT
4:42.75	ONTAGJUL	Erin Berard,13,CSL
4:42.86	ONTAGJUL	Jennifer Pivetta,14,MAC
4:42.93	ONTAGJUL	Karen Sanders,14,LAC
4:43.17	YOUTHMAY	Michelle Prosek,14,HWAC
4:43.21	PEPSIJUL	Leigh Tynan,14,BOSS
4:43.75	YOUTHMAY	Valerie Hadd,14,CNSH
4:43.93	YOUTHMAY	Sophie Emond,14,EXCEL
4:44.36	EKSCAPR	Rikki Janes,14,GOLD
4:44.79	VICOAPR	Marlena Prill,14,IS

800 METRES FREESTYLE
Rec: 8:44.45 M.Sallee,CDSC,88

8:51.47	CANJUL	Melissa Knox,14,PDSA
9:09.52	ESSOMAY	Karine Legault,14,CASE
9:14.24	YOUTHMAY	Julie Gravelle,13,GO
9:14.37	YOUTHMAY	Sophie Simard,14,CNCI
9:23.84	ONTAGJUL	Shannon Marklew,14,NKB
9:28.09	ESSOJUL	Sophie Emond,14,EXCEL
9:28.51	BCAGJUL	Kristine McGraw,14,IS
9:29.15	CANJUL	Jenny Scott,13,EKSC
9:30.76	ONTAGJUL	Julie Morgan,14,BRANT
9:32.32	YOUTHMAY	Michelle Prosek,14,HWAC
9:32.75	BCAGJUL	Catrin Jones,14,IS
9:33.10	ONTAGJUL	Kiza Francis,14,TBT
9:36.76	YOUTHMAY	Kate Brambley,14,IS
9:38.92	ONTAGJUL	Erin Berard,13,CSL
9:39.59	ONTAGJUL	Sandra Colburn,14,PEPSI
9:40.79	YOUTHMAY	Kelly Johnson,13,CAJ
9:43.69	ONTAGJUL	Karen Sanders,14,LAC
9:44.12	ESSOMAY	Caroline Poulin,13,EXCEL
9:44.14	VICOAPR	Marlena Prill,14,IS
9:46.18	ESSOMAY	Christine Jette,14,CNB
9:46.55	YOUTHMAY	Jennifer Pivetta,14,MAC
9:46.70	PEPSIJUN	Katie O'Dwyer,14,PEPSI
9:46.91	ONTAGJUL	Elaine Estrada,13,NYAC
9:47.99	CANJUL	Kristina Leslie-Spinks,14,LEDUC
9:49.03	BELLVAPR	Kelly Ellis,13,PSW

100 METRES BACKSTROKE
Rec: 1:03.28 N.Garapick,HTAC,76

1:06.67	YOUTHMAY	Ashleigh Crowder,14,WISC
1:06.93	CANJUL	Rikki Janes,14,GOLD
1:07.95	YOUTHMAY	Karina Klein,14,FMSC
1:08.91	ONTAGJUL	Shannon Marklew,14,NKB
1:09.16	ONTAGJUL	Katie Mazzucco,13,PEPSI
1:09.20	YOUTHMAY	Carla Greer,14,CTSC
1:09.24	ONTAGJUL	Carly Porter,14,COBRA
1:09.35	CANJUL	Tara Ross,14,NEW
1:09.38	YOUTHMAY	Jennifer Radolla,14,WLBF
1:09.69	YOUTHMAY	Sarah Burke,14,MUSAC
1:09.85	CANJUL	Sue McKay,14,BROCK
1:10.04	ONTAGJUL	Leah Nelson,14,PEPSI
1:10.08	YOUTHMAY	Valerie Hadd,14,CNSH
1:10.16	YOUTHMAY	Jill Friend,14,KAJ
1:10.17	YOUTHMAY	Jackie Strahl,13,RHAC
1:10.40	BCAGJUL	Kirsten Eby,13,PN
1:10.51	YOUTHMAY	Robyn Miller,14,COBRA
1:10.71	NEWSMAY	Lisa Grant,14,NEWS
1:10.78	YOUTHMAY	Michelle Lee,13,COBRA
1:10.86	LACAPR	Jen Archdekin,14,COBRA
1:10.93	ONTAGJUL	Renee Cronier,13,ACE
1:11.11	ONTAGJUL	Shareen Woodford,13,NYAC
1:11.12	ONTAGJUL	Sarah Stephen,14,ROD
1:11.13	ONTAGJUL	Megan Harvey,13,PERTH
1:11.16	YOUTHMAY	Anne-M. Larrivee,14,CSO

200 METRES BACKSTROKE
Rec: 2:15.60 N.Garapick,HTAC,76

2:21.82	YOUTHMAY	Ashleigh Crowder,14,WISC
2:27.06	YOUTHMAY	Shannon Marklew,14,NKB
2:27.53	YOUTHMAY	Karina Klein,14,FMSC
2:27.70	CANJUL	Carla Greer,14,CTSC
2:27.89	CANJUL	Rikki Janes,14,GOLD
2:28.28	ONTAGJUL	Kelly Bryon,14,USC
2:28.48	YOUTHMAY	Valerie Hadd,14,CNSH
2:28.49	CANJUL	Tara Ross,14,NEW
2:28.63	EKSCJUN	Amy Rogerson,14,EKSC
2:29.35	PEPSIJUL	Anne Cassidy,14,EYSC
2:29.57	YOUTHMAY	Lesley A. Culham,14,NESA
2:29.68	YOUTHMAY	Kelly Ellis,14,PSW
2:29.81	ONTAGJUL	Katie Mazzucco,13,PEPSI
2:29.89	ONTAGJUL	Kiza Francis,14,TBT
2:30.65	YOUTHJUN	Sarah Kennedy,14,SSMAC
2:31.27	CANJUL	Sue McKay,14,BROCK
2:31.28	ONTAGJUL	Leah Nelson,14,PEPSI
2:31.30	ONTAGJUL	Renee Cronier,13,ACE
2:31.58	NEWSMAY	Lisa Grant,14,NEWS
2:31.64	YOUTHMAY	Sarah Burke,14,MUSAC
2:31.86	BCAGJUL	Kirsten Eby,13,PN
2:32.15	YOUTHMAY	Jackie Strahl,13,RHAC
2:32.26	BCAGJUL	Jill Friend,14,KAJ
2:32.52	ONTAGJUL	Shelley Babin,13,PEPSI
2:32.69	YOUTHMAY	Emma Beauchamp,14,CAMO

100 METRES BREASTSTROKE
Rec: 1:09.84 A.Higson,ESC,86

1:12.02	PEPSIJUL	Willa Bostock,14,PEPSI
1:15.81	ESSOMAY	Josee Dubois,14,RCA
1:16.64	YOUTHMAY	Christina Hajdu,14,RHAC
1:17.20	BCAGJUL	Lauren Van Oosten,14,IS
1:17.24	ONTAGJUL	Katie O'Dwyer,14,PEPSI
1:17.36	CANJUL	Jennifer Noddle,13,COBRA
1:18.00	ONTAGJUL	Brandie Smith,14,GMAC
1:18.31	YOUTHMAY	Julie Daudelin,13,ETORY
1:18.44	YOUTHMAY	Alina Toma,14,AAC
1:18.69	MBSKJUN	Riley Mants,14,MANTA
1:18.71	CANJUL	Jenny Foreman,13,IS
1:18.76	MBSKJUN	Bekki Seaman,13,ROD
1:18.77	YOUTHMAY	Kristyn Ullberg,14,MANTA
1:18.83	ONTAGJUL	Jeanine Doret,14,LSC
1:19.15	SSCDJUN	Danica Wizniuk,13,STSC
1:19.18	YOUTHMAY	Karin Vancampenhout,14,EKSC
1:19.32	ONTAGJUL	Carole Cottingham,14,NEW
1:19.39	ONTAGJUL	Erin Jones,14,NKB
1:19.41	DORTMAPR	Alicia Cowan,14,EYSC
1:19.45	NBMAY	Jill Jennings,14,TIDE
1:19.69	YOUTHMAY	Tanya Barudzija,13,MAC
1:19.79	CANJUL	Kerry Cregan,13,PCSC
1:19.81	BCAGJUL	Nadine Zariteh,14,PDSA
1:19.92	YOUTHMAY	Krista Morrison,14,FAST
1:20.28	ESSOMAY	Sophie Malboeuf,14,HIPPO

200 METRES BREASTSTROKE
Rec: 2:31.20 A.Higson,ESC,86

2:36.23	PEPSIJUL	Willa Bostock,14,PEPSI
2:41.33	CANJUL	Josee Dubois,14,RCA
2:45.28	CANJUL	Jenny Foreman,13,IS
2:45.35	YOUTHMAY	Kristyn Ullberg,14,MANTA
2:46.18	BCAGJUL	Lauren Van Oosten,14,IS
2:47.08	CANJUL	Jennifer Noddle,13,COBRA
2:48.34	YOUTHMAY	Alina Toma,14,AAC
2:48.53	CANJUL	Brandie Smith,14,GMAC
2:49.32	ONTAGJUL	Carla DiFilippo,14,HWAC
2:50.19	NBMAY	Jill Jennings,14,TIDE
2:50.34	YOUTHMAY	Katie O'Dwyer,14,PEPSI
2:50.68	CANJUL	Kerry Cregan,13,PCSC
2:50.95	ONTAGJUL	Sandra Colburn,14,PEPSI
2:51.33	YOUTHMAY	Christina Hajdu,14,RHAC
2:51.54	CANJUL	Erin Jones,14,NKB
2:51.72	ONTAGJUL	Tanya Barudzija,13,MAC
2:51.89	DORTMAPR	Alicia Cowan,14,EYSC
2:52.80	YOUTHMAY	Amy Rogerson,14,EKSC
2:52.82	YOUTHMAY	Erin Berard,13,CSL
2:52.85	SSCDJUN	Danica Wizniuk,13,STSC
2:53.15	ONTAGJUL	Melody Brayford,14,RHAC
2:53.17	YOUTHMAY	Tara Sloan,13,UCSC
2:53.49	ONTAGJUL	Kelly Ianiero,13,HWAC
2:53.52	YOUTHJUN	Michelle Bricknell,14,AAC
2:53.58	BCAGJUL	Nadine Zariteh,14,PDSA

100 METRES BUTTERFLY
Rec: 1:02.87 J.Howard,BRANT,91

1:04.13	PEPSIJUL	Carly Porter,14,COBRA
1:05.88	YOUTHMAY	Laura Lee,14,USC
1:07.09	YOUTHMAY	Krista Morrison,14,FAST
1:07.09	YOUTHMAY	Judith Labelle,14,LAVAL
1:07.13	YOUTHMAY	Nicole Davey,14,MAC
1:07.14	YOUTHMAY	Karina Klein,14,FMSC
1:07.63	ELITEAPR	Kate Ingram,13,PCSC
1:07.63	ONTAGJUL	Michelle Bricknell,14,AAC
1:07.66	CANJUL	Jolanta Przepiorka,14,ROD
1:07.79	ONTAGJUL	Gena Milligan,14,MAC
1:07.84	ONTAGJUL	Jaclyn Moro,13,PEPSI
1:07.85	YOUTHMAY	Sarah Burke,14,MUSAC
1:08.05	ESSOJUL	Valerie Mesplier,14,PCSC
1:08.09	YOUTHMAY	Jennifer Noddle,13,COBRA
1:08.20	YOUTHMAY	Sophie Emond,14,EXCEL
1:08.24	TOMACMAY	Tanya Stachiw,14,PEPSI
1:08.30	ROWMAY	Laura Nicholls,14,ROW
1:08.38	ESSOJUL	Sophie Simard,14,CNCI
1:08.55	ROWMAY	Angela MacAlpine,14,CCSC
1:08.75	YOUTHMAY	Robyn Miller,14,COBRA
1:08.76	ONTAGJUL	Katie Mazzucco,13,PEPSI
1:08.78	ONTAGJUL	Judy Koonstra,13,USC
1:08.80	BCAGJUL	Stephanie Hannos,14,PDSA
1:08.92	YOUTHMAY	Audrey Marchand,14,CAMO
1:08.93	ONTAGJUL	Sarah Balbaa,13,COBRA

200 METRES BUTTERFLY
Rec: 2:15.76 S.Marchand,ENL,88

2:22.81	YOUTHMAY	Sophie Simard,14,CNCI
2:25.77	YOUTHMAY	Laura Lee,14,USC
2:26.04	YOUTHMAY	Kate Ingram,13,PCSC
2:26.43	ONTAGJUL	Jolanta Przepiorka,14,ROD
2:26.56	YOUTHMAY	Julie Gravelle,13,GO
2:26.60	ONTAGJUL	Gena Milligan,14,MAC
2:29.38	YOUTHMAY	Judy Koonstra,13,USC
2:29.39	BCAGJUL	Catrin Jones,14,IS
2:29.71	YOUTHMAY	Sarah Burke,14,MUSAC
2:30.36	ONTAGJUL	Tanya Stachiw,14,PEPSI
2:30.75	BCAGJUL	Stephanie Hannos,14,PDSA
2:30.86	YOUTHMAY	Judith Labelle,14,LAVAL
2:31.03	BCAGJUL	Amanda Downing,13,IS
2:31.39	PEPSIJUN	Sarah Baillie,14,ROW
2:31.52	YOUTHMAY	Anna Marandi,14,PDSA
2:31.73	PEPSIJUN	Emma Callaghan,13,BOSS
2:31.87	YOUTHMAY	Karina Klein,14,FMSC
2:31.98	YOUTHMAY	Sophie Emond,14,EXCEL
2:32.29	YOUTHMAY	Michelle Bricknell,14,AAC
2:32.80	YOUTHMAY	Kiza Francis,14,TBT
2:32.90	YOUTHMAY	Kelly Johnson,13,CAJ
2:32.91	YOUTHMAY	Sandra Manning,13,CNT
2:32.93	SJOHNFEB	Krista Morrison,14,FAST
2:33.01	YOUTHMAY	Carla Greer,14,CTSC
2:33.13	YOUTHMAY	Lindsay McLennan,14,LEDUC

200 METRES IND.MEDLEY
Rec: 2:18.08 A.Higson,ESC,88

2:26.19	ONTAGJUL	Katie O'Dwyer,14,PEPSI
2:28.57	ONTAGJUL	Willa Bostock,14,PEPSI
2:29.26	YOUTHMAY	Gena Milligan,14,MAC
2:29.83	YOUTHMAY	Krista Morrison,14,FAST
2:30.04	ONTAGJUL	Jennifer Noddle,13,COBRA
2:30.07	YOUTHMAY	Megan Gillis,14,CP
2:30.24	MBSKJUN	Rikki Janes,14,GOLD
2:30.34	YOUTHMAY	Elaine Duranceau,13,PCSC
2:30.35	YOUTHMAY	Alina Toma,14,AAC
2:30.39	NSAGJUN	Stephanie Hughes,14,HTAC
2:30.64	ONTAGJUL	Katie Mazzucco,13,PEPSI
2:30.84	YOUTHMAY	Valerie Hadd,14,CNSH
2:31.10	YOUTHJUN	Shannon Marklew,14,NKB
2:31.25	YOUTHMAY	Laura Lee,14,USC
2:31.50	YOUTHMAY	Kristina Leslie-Spinks,13,LEDUC
2:31.78	YOUTHMAY	Robyn Miller,14,COBRA
2:32.14	YOUTHMAY	Lindsay McLennan,14,LEDUC
2:32.33	YOUTHMAY	Kate Ingram,13,PCSC
2:32.56	NKBMAY	Erin Berard,13,CSL
2:32.83	YOUTHMAY	Sophie Emond,14,EXCEL
2:32.84	YOUTHMAY	Julie Daudelin,13,ETORY
2:32.91	YOUTHMAY	Laura Nicholls,14,ROW
2:33.34	YOUTHMAY	Jaclyn Moro,13,PEPSI
2:33.35	VICOAPR	Marlena Prill,14,IS
2:33.55	ONTAGJUL	Stephanie Zarins,13,GO

400 METRES IND.MEDLEY
Rec: 4:52.35 J.Malar,HWAC,90

5:11.59	PDSAMAY	Melissa Knox,14,PDSA
5:14.49	ONTAGJUL	Katie O'Dwyer,14,PEPSI
5:14.59	YOUTHMAY	Kiza Francis,14,TBT
5:14.91	ONTAGJUL	Gena Milligan,14,MAC
5:16.05	ESSOMAY	Sophie Simard,14,CNCI
5:18.52	YOUTHMAY	Stephanie Zarins,13,GO
5:19.33	YOUTHMAY	Kelly Bryon,14,USC
5:19.49	BCAGJUL	Kristine McGraw,14,IS
5:19.58	YOUTHMAY	Kelly Doody,13,CASC
5:20.33	BRANTAPR	Julie Gravelle,13,GO
5:21.14	ONTAGJUL	Sandra Colburn,14,PEPSI
5:21.33	YOUTHMAY	Krista Morrison,14,FAST
5:21.81	PEPSIJUL	Shannon Marklew,14,NKB
5:22.08	EKSCAPR	Lindsay McLennan,14,LEDUC
5:22.23	YOUTHMAY	Lauren Van Oosten,14,IS
5:22.45	EKSCAPR	Amanda Downing,13,IS
5:22.84	VICOAPR	Marlena Prill,14,IS
5:22.95	BCAGJUL	Catrin Jones,14,IS
5:23.85	YOUTHMAY	Sophie Emond,14,EXCEL
5:23.96	LUSCMAY	Michelle Prosek,14,HWAC
5:25.07	ONTAGJUL	Erin Berard,13,CSL
5:26.78	ONTAGJUL	Jolanta Przepiorka,14,ROD
5:26.81	EKSCAPR	Rikki Janes,14,GOLD
5:26.82	ONTAGJUL	Carla DiFilippo,14,HWAC
5:26.92	ONTAGJUL	Laura Lee,14,USC

4X50 MEDLEY RELAY
Rec: 2:03.82 Etobicoke Pepsi,PEPSI,93

2:03.82	YOUTHMAY	Pepsi Swimming PEPSI
2:07.79	YOUTHMAY	Region of Waterloo,ROW
2:08.18	YOUTHMAY	Markham AC,MAC
2:08.31	ONTAGJUL	City of Brampton AC,COBRA
2:09.76	YOUTHMAY	Edmonton Keyano,EKSC
2:10.01	MBSKJUN	Regina Opt.Dolphins,ROD
2:10.14	YOUTHMAY	Pointe Claire SC,PCSC
2:10.33	ONTAGJUL	Nepean Kanata,NKB
2:10.35	ONTAGJUL	Uxbridge SC,USC
2:11.13	LACMAY	Ajax Aquatic Club,AAC
2:11.23	EKSCAPR	Cascade Swim Club,CASC
2:13.56	ONTAGJUL	Newmarket SC,NEW
2:13.82	MBSKJUN	Manta Aquatic Club,MANTA
2:13.83	ONTAGJUL	Whitby Iroquois SC,WISC
2:13.86	BCAGJUL	Island Swimming,IS
2:14.08	BCAGJUL	Pacific Dolphin SA,PDSA
2:14.16	EKSCAPR	Univ Calgary,CAL
2:15.04	POMMAY	Cap Rouge-St Augustin,CSO
2:15.55	BCAGJUL	Kamloops Coca Cola,KCCC
2:16.47	ONTAGJUL	Hamilt-Wentworth AC,HWAC
2:16.66	LACMAY	Oakville AC,OAK
2:16.72	LUSCJUN	Laurentian Univ SC,LUSC
2:16.75	POMMAY	Montreal Aquatique,CAMO
2:17.04	ONTAGJUL	Gloucester-Ottawa Kingfish,GO
2:17.31	YOUTHJUN	North York AC,NYAC

4X50 FREE RELAY
Rec: 1:50.81 Regina Opt Dolphins,ROD,91

1:52.03	YOUTHMAY	Pepsi Swimming PEPSI
1:52.50	ONTAGJUL	City of Brampton AC,COBRA
1:53.50	YOUTHMAY	Regina Opt Dolphins,ROD
1:54.71	YOUTHMAY	Markham AC,MAC
1:56.48	ONTAGJUL	Nepean Kanata,NKB
1:56.88	YOUTHMAY	Whitby Iroquois SC,WISC
1:57.11	YOUTHMAY	Region of Waterloo,ROW
1:57.43	YOUTHJUN	Uxbridge SC,USC
1:57.50	EKSCAPR	Cascade Swim Club,CASC
1:57.76	EKSCAPR	Edmonton Keyano,EKSC
1:58.19	POMMAY	Cap Rouge-St Augustin,CSO
1:58.40	YOUTHJUN	North York AC,NYAC
1:59.14	ONTAGJUL	Brantford AC,BRANT
1:59.16	LUSCMAY	Hamilt-Wentworth AC,HWAC
1:59.31	EASTJUL	Halifax Trojans HAC
1:59.55	EKSCAPR	Univ Calgary SC,CSC
1:59.69	BCAGJUL	Island Swimming,IS
2:00.02	PEPSIJUN	Newmarket SC,NEW
2:00.12	TASKMAY	Beaconsfield Bluefins,BBF
2:00.26	AACAPR	Ajax Aquatic Club,AAC
2:00.29	EKSCAPR	Saskatoon Goldfins,GOLD
2:00.38	ELITEAPR	Pointe Claire SC,PCSC
2:00.42	LACMAY	Oakville AC,OAK
2:00.71	ONTAGJUL	Oakville SC,STARS
2:00.78	YOUTHJUN	Laurentian Univ SC,LUSC

1993 LONG COURSE TAG®

BOYS 13-14

50 METRES FREESTYLE

Rec 24 53 D Kondziolka,TOMAC,87

25.10	ONTAGJUL	William Sutherland,14,AAC
25.43	ONTAGJUL	Ryan Tudor-Roberts,14,NKB
25.50	LASCMAR	Paul Dixon,14,LASC
25.60	ONTAGJUL	Michael Harlow,14,EYSC
25 63	YOUTHMAY	Michael Calkins,14,IS
25.74	LACAPR	Dennis Lau,14,MAC
25.79	ONTAGJUL	Chris Lim,14,COBRA
25 83	YOUTHMAY	Michael Knight,14,EKSC
25.86	YOUTHMAY	Garret Mitchell,13,UCSC
25.94	ONTAGJUL	Branko Suric,14,PEPSI
25 95	NSAGJUN	Jason Snyder,14,DCSC
25 95	ONTAGJUL	Scott Ross,14,OAK
26.06	ONTAGJUL	John M Mills,13,GO
26.23	POMMAY	Guillaume Mecteau,14,CSO
26 32	ONTAGJUL	Chris Hollins,14,LAC
26.33	YOUTHMAY	Danush Viswanathan,14,FAST
26.34	ONTAGJUL	Ryan Arens,14,CYPS
26 39	BCAGJUL	Peter Marshall,14,PDSA
26 49	ONTAGJUL	Greg Miesmer,14,WAC
26.51	HYACKMAY	Graham Wood,13,HYACK
26.51	OTTJUN	Yannick Lupien,13,CAGRA
26 57	ONTAGJUL	Andrew Pienaar,14,OAK
26.59	NBMAY	Nicholas Malek,14,FAST
26 66	ONTAGJUL	Jarrod Armstrong,14,RHAC
26 67	YOUTHMAY	Travis Leyenhorst,14,VKSC

100 METRES FREESTYLE

Rec 53.75 M Calkins,IS,93

53.75	CANJUL	Michael Calkins,14,IS
55 41	ONTAGJUL	Ryan Tudor-Roberts,14,NKB
55 79	ONTAGJUL	William Sutherland,14,AAC
56 67	YOUTHMAY	Garret Mitchell,13,UCSC
56.77	YOUTHMAY	Michael Knight,14,EKSC
57 00	YOUTHMAY	Michael Harlow,14,EYSC
57 19	ONTAGJUL	Branko Suric,14,PEPSI
57.22	YOUTHMAY	Danush Viswanathan,14,FAST
57 32	LASCMAR	Paul Dixon,14,LASC
57 53	BCAGJUL	Steven Carson,14,RACER
57 58	SSCDJUN	Joshua Pun,13,STSC
57 60	ONTAGJUL	Chris Lim,14,COBRA
57 70	NSAGJUN	Jason Snyder,14,DCSC
57 72	TASKMAY	James Day,14,NEW
58 09	ONTAGJUL	Scott Ross,14,OAK
5B.24	ONTAGJUL	Chris Hollins,14,LAC
5B.26	EKSCAPR	Aaron MacNabb,14,VKSC
58.31	ONTAGJUL	Jett Earle,14,NKB
58 37	TOMACMAY	Graydon Huttman,14,BOSS
58 48	PEPSIJUN	Douglas Browne,14,ROW
58.65	THSCAPR	Philip Weiss,13,SKSC
58.69	AACAPR	Jason Fannin,14,AAC
58.75	LACAPR	Sebastien Menard,13,CNJA
58 78	AACAPR	Dennis Lau,14,MAC
58 83	POSAMAR	Andrew Cho 14,HYACK

200 METRES FREESTYLE

Rec 1 58 25 B Volz,NYAC,83

2 01 96	ONTAGJUL	Ryan Tudor-Roberts,14,NKB
2.02 38	BCAGJUL	Steven Carson,14,RACER
2:04 48	BCAGJUL	Michael Calkins,14,IS
2:04 70	ONTAGJUL	William Sutherland,14,AAC
2.04.86	EKSCAPR	Patrick Goral,14,CASC
2:05.00	YOUTHMAY	Michael Knight,14,EKSC
2:05 18	ONTAGJUL	Cory Bardossy,13,HWAC
2:05.19	ONTAGJUL	Michael Harlow,14,EYSC
2:05 60	EKSCAPR	Joshua Pun,13,STSC
2.05 62	PEPSIJUN	Douglas Browne 14,ROW
2:06 53	BCAGJUL	Philip Weiss,14,SKSC
2.06 83	ONTAGJUL	Lincoln Flanagan,14,KBM
2 06 87	TOMACMAY	Graydon Huftman,14,BOSS
2 06.88	BELLVAPR	Andrew Cho,14,HYACK
2.07 26	YOUTHMAY	Danush Viswanathan,14,FAST
2.07 31	HYACKMAY	Tyler Kruger,13,IS
2:07 41	YOUTHMAY	Jamie Sommerteld,14,GOLD
2:07 56	BCAGJUL	Caley Buan,14,ARBU
2.07 90	PEPSIJUN	Andrew Pienaar 14,OAK
2:0B.21	ELITEAPR	Matthew Virgini,14,PCSC
2:0B 40	TASKMAY	James Oay,14,NEW
2:08 43	YOUTHJUN	Otto Hinks,14,TSTC
2 08 53	POMMAY	Simon St Pierre,14,LMRL
2.08 59	LACMAY	Mark Eberlie,14,LAC
2 08 72	LACMAY	Greg Miesmer,13,WAC

400 METRES FREESTYLE

Rec 4 05 63 J Stevens,MANTA,89

4 17 96	ONTAGJUL	Ryan Tudor-Roberts,14,NKB
4 22.54	ONTAGJUL	Lincoln Flanagan,14,KBM
4 22.67	YOUTHMAY	Steven Carson,14,RACER
4 22 69	ONTAGJUL	Mark Eberlie,14,LAC
4 23 13	YOUTHMAY	Matthew Virgini,14,PCSC
4.23 62	YOUTHMAY	Andrew Cho,14,HYACK
4 25 69	YOUTHMAY	Marc-A Robin,14,BBF
4 25 99	BCAGJUL	Tim Peterson,14,PDSA
4 26 13	YOUTHMAY	Jamie Sommerfeld,14,GOLO
4 26 24	BCAGJUL	Tyler Kruger,14,IS
4 26 28	EKSCAPR	Patrick Goral,14,CASC
4 26 72	ONTAGJUL	Cory Bardossy,13,HWAC
4 27 04	PEPSIJUN	Graydon Huffman,14,BOSS
4 27 31	ONTAGJUL	Michael Harlow,14,EYSC
4 27 76	BCAGJUL	Michael Calkins,14,IS
4 28 06	YOUTHMAY	Jason Thompson,14,RDCSC
4 28 72	PEPSIJUN	Douglas Browne,14,ROW
4 28 88	AACAPR	William Sutherland,14,AAC
4 29 81	LUSCJUN	Jonah Kimack,14,TMSC
4 30 71	YOUTHMAY	Guillaume Charron,14,CNBF
4 31 01	SSCDJUN	Joshua Pun,13,STSC
4 31 74	NSAGJUN	Kevin Dupuis,14,DCSC
4 32.13	ONTAGJUL	Bill Morris,14,NKB
4 32.61	ONTAGJUL	Mark Johnston,13,BROCK
4 32 86	ONTAGJUL	Brad Adams-Barrie,13,NKB

1500 METRES FREESTYLE

Rec 16 00 93 A Baumann,LUSC,79

16 59 16	ONTAGJUL	Ryan Tudor-Roberts,14,NKB
17 13.78	PEPSIJUN	Mark Eberlie,14,LAC
17 18 94	ESSOJUL	Ivgeny Loganov,14,CAMO
17 21 12	YOUTHMAY	Andrew Cho,14,HYACK
17 24 45	YOUTHMAY	Matthew Virgini,14,PCSC
17 26 38	BCAGJUL	Steven Carson,14,RACER
17 26 77	YOUTHMAY	Jason Thompson,14,RDCSC
17 27 71	BCAGJUL	Philip Weiss,14,SKSC
17 28 62	BCAGJUL	Tim Peterson,14,PDSA
17 31 89	YOUTHMAY	Paul Hurwitz,14,ARBU
17 33 79	ONTAGJUL	Lincoln Flanagan,14,KBM
17 35 66	YOUTHMAY	Marc-A Robin,14,BBF
17 39 04	MBSKJUN	Jamie Sommerteld,14,GOLD
17 44 21	EKSCAPR	Patrick Goral,14,CASC
17 44 32	YOUTHMAY	Kevin Dupuis,14,DCSC
17 48 01	LUSCMAY	Cory Bardossy,13,HWAC
17 52 47	CAGMAY	Guillaume Charron,14,CNBF
17 56 34	ONTAGJUL	Bill Morris,14,NKB
17 56 38	TOMACMAY	Graydon Huffman,14,BOSS
17 58 04	NEWSMAY	Jonathan Fowler,14,EO
18 01 38	ONTAGJUL	Jeff Earle,14,NKB
18 05 24	YOUTHJUN	Eric Gabsch,13,TOMAC
18 05 94	POMMAY	Matthew Boucher,14,DDO
18 09 40	POMMAY	Simon St Pierre,14,LMRL
18:10 83	ONTAGJUL	Jono Hill,14,HWAC

100 METRES BACKSTROKE

Rec 1 01 22 C Renaud,CASC,91

1 03 56	ONTAGJUL	Greg Miesmer,14,WAC
1 03 81	YOUTHMAY	Michael Knight,14,EKSC
1 03 99	YOUTHMAY	Sebastien Menard,13,CNJA
1 04 22	YOUTHMAY	Matthew Henderson,14,CASC
1 04 23	ONTAGJUL	Andrew Pienaar,14,OAK
1 04 35	BCAGJUL	Peter Marshall,14,PDSA
1 04 61	YOUTHMAY	Garret Mitchell,13,UCSC
1 04 65	ONTAGJUL	Darren Bakker,14,TOMAC
1 04 69	HYACKMAY	Andrew Cho,14,HYACK
1 04 80	ONTAGJUL	Brad Hrytzay,14,COBRA
1 05 01	ONTAGJUL	William Sutherland,14,AAC
1 05 43	EKSCAPR	Patrick Goral 14,CASC
1 05 47	LACAPR	Drew Chorney,15,TMSC
1 05 65	SHERAPR	Guillaume Charron,14,CNBF
1 05 81	YOUTHMAY	Marc-A Robin,14,BBF
1 06 29	BCAGJUL	Steven Carson,14,RACER
1 06 56	SSCDJUN	Joshua Pun,13,STSC
1 06 59	NBMAY	Nicholas Malek,14,FAST
1 06 60	ONTAGJUL	Mike Stelmach,14,YORK
1 06 70	YOUTHMAY	Francis Pelletier,14,CNSH
1 06 83	THSCAPR	Philip Weiss,13,SKSC
1 06 97	ONTAGJUL	Blair Windsor,14,NEW
1 07 00	ONTAGJUL	Michael Thompson,14 ROW
1 07 03	OSCMAR	Bart Ujack,14,UCSC
1 07 29	NKBMAY	John M Mills 13 GO

200 METRES BACKSTROKE

Rec 2 10 [illegible] M Ver[illegible] FMSC,91

2 15 84	ONTAGJUL	Andrew Pienaar,14,OAK
2 17 52	YOUTHMAY	Andrew Cho,14,HYACK
2 18 06	YOUTHMAY	Guillaume Charron,14,CNBF
2 18 27	ONTAGJUL	Darren Bakker,14 TOMAC
2 18 29	YOUTHMAY	Sebastien Menard,13,CNJA
2 18 31	YOUTHMAY	Matthew Henderson,14,CASC
2 18 91	LACAPR	Drew Chorney,14,TMSC
2 19 59	YOUTHMAY	Mark Wyjad,13,PCSC
2 21 03	YOUTHMAY	Peter Marshall,14,PDSA
2 21 06	HYACKMAY	Steven Carson,14,RACER
2 21 19	NEWSMAY	Jonathan Fowler,14,EO
2 21 27	YOUTHMAY	Marc A Robin,14,BBF
2 21.64	YOUTHMAY	Garret Mitchell 13,UCSC
2 22 22	BCAGJUL	Philip Weiss,14,SKSC
2 22 24	YOUTHMAY	Greg Miesmer 13,WAC
2 22 25	ONTAGJUL	Jono Hill 14,HWAC
2 22 27	ELITEAPR	Matthew Virgini,14,PCSC
2 22 27	ONTAGJUL	Brad Hrytzay,14,CORRA
2 22 62	EKSCAPR	Patrick Goral,14,CASC
2 23 21	ONTAGJUL	Peter Lennox-King,14,EYSC
2 23 38	TASKMAY	Gord Veldman,13,EBSC
2 23 50	YOUTHJUN	William Sutherland,14,AAC
2 23 85	ONTAGJUL	Mike Stelmach,14,YORK
2 23 96	EASTJUL	James Wildsmith 13,HTAC
2 24 18	LUSCMAY	Aaron Love,14,HWAC

100 METRES BREASTSTROKE

Rec 1 05 74 M Mason,EPS,88

1 08 76	ONTAGJUL	Branko Suric,14,PEPSI
1 09 28	YOUTHMAY	Erik Van Dijk,14,WISC
1 09 40	YOUTHMAY	Travis Leyenhorst,14,VKSC
1:09 91	LACMAY	Bryson Tan,14,OAK
1:11 12	PEPSIJUN	Steve Gluck,14,ACE
1:12 52	YOUTHJUN	Andrew Chan,13,YORK
1 12 53	AACAPR	Dennis Lau,14,MAC
1 12 79	ESSOJUL	Michel Boulianne,14,CSO
1 13 14	ONTAGJUL	David Schulze,13,BTSC
1 13 37	NSAGJUN	Peter Miller,14,DCSC
1 13 48	BCAGJUL	John Stamhuis,14,PN
1 13 60	ONTAGJUL	James Oay,14,NEW
1 13 67	YOUTHMAY	Matt Slater,14,USC
1 13 69	LACAPR	Christian Goulet,14 EXCEL
1 13.73	NBMAY	Colin Struthers,14,TIDE
1 14 25	ONTAGJUL	Jarrod Armstrong,14,RHAC
1 14 30	ROWMAY	Michael Selberg,14,ROW
1 14 33	YOUTHJUN	William Sutherland,14,AAC
1 14 37	EKSCAPR	Steven Meredith,14,KAC
1 14 50	TASKMAY	Julien Carrier 13,BBF
1 14 55	SHERAPR	Jean-F Adams,14 MEGO
1 14 69	PEPSIJUN	Graham Jastrebski 13,ROW
1 14 77	POMMAY	Maneesh Shanbhag,14,FAST
1 14 79	ONTAGJUL	Peter Lennox-King,14,EYSC
1 14 84	BCAGJUL	Jason Streetkerk,14,DELTA

200 METRES BREASTSTROKE

Rec 2 22 72 M Mason,EPS,88

2 31 66	YOUTHMAY	Paul Hurwitz,14,ARBU
2 32 51	YOUTHMAY	Erik Van Dijk,14,WISC
2 32 63	ONTAGJUL	Branko Suric,14,PEPSI
2 33 91	ONTAGJUL	Steve Gluck,14,ACE
2 34 08	YOUTHMAY	Travis Leyenhorst,14,VKSC
2 34 31	ESSOJUL	Michel Boulianne,14,CSO
2 34 67	AACAPR	Dennis Lau,14,MAC
2 35 44	AACAPR	Andrew Chan,13 YORK
2 36 19	ONTAGJUL	Bryson Tan,14 OAK
2 36 70	BCAGJUL	John Stamhuis,14,PN
2 36 71	LACAPR	Denis Lau,15,PCSC
2 36 87	LACAPR	Christian Goulet,14,EXCEL
2 37 51	ONTAGJUL	David Schulze,13,BTSC
2 37 80	YOUTHMAY	Matt Slater,14,USC
2 38 46	SHERAPR	Jean-F Adams,14,MEGO
2 39 72	EKSCAPR	Steven Meredith,14,KAC
2 39 97	ONTAGJUL	Peter Lennox-King,14,EYSC
2 40 49	ONTAGJUL	Jarrod Armstrong,14,RHAC
2 41 33	TASKMAY	Julien Carrier,13,BBF
2 41 36	YOUTHMAY	Philip Weiss,13,SKSC
2 41 61	YOUTHJUN	William Sutherland,14,AAC
2 41 63	ONTAGJUL	Scott Lalleur 13,KBM
2.41 73	LACAPR	Jason Adams,13,OAK
2 41 78	EASTJUL	Kevin Oupuis,14,DCSC
2 42 03	NBMAY	Colin Struthers,14,TIDE

100 METRES BUTTERFLY

Rec 58 02 G Pulle,MAC,92

59 47	YOUTHMAY	Philip Weiss,13,SKSC
1 00 33	YOUTHMAY	Michael Calkins,14,IS
1 00 37	YOUTHMAY	Andrew Cho,14,HYACK
1 00 39	YOUTHMAY	Sebastien Brodeur,14,CNBF
1 01 18	ONTAGJUL	Oouglas Browne,14,ROW
1 01 38	LACAPR	Orew Chorney,14,TMSC
1 01 44	ONTAGJUL	William Sutherland,14,AAC
1 01 92	AACAPR	Dennis Lau,14,MAC
1 02 00	EKSCAPR	Joshua Pun,13,STSC
1 02 97	ONTAGJUL	Greg Miesmer,14,WAC
1 03 10	YOUTHMAY	Peter Marshall,14,PDSA
1 03 11	YOUTHJUN	Colin Dolcetti,14,SSMAC
1 03 12	TOMACMAY	David Mast,14 MAC
1 03 23	YOUTHMAY	Matthew Henderson,14,CASC
1 03 32	TASKMAY	Aaron Lo,14,WISC
1 03 35	AACAPR	Mark Arzaga 14,CREST
1 03 37	BCAGJUL	Steven Carson 14,RACER
1 04 12	BCAGJUL	Scott Heal,14,IS
1 04 13	YOUTHJUN	Ryan Arens 14 CYPS
1 04 20	EKSCAPR	Michael Knight,14,EKSC
1 04 24	YOUTHMAY	Ivgeny Loganov,14,CAMO
1 04 39	ONTAGJUL	Branko Suric,14,PEPSI
1 04 42	MRSKJUN	Andrew Cowper-Smith 14,EKSC
1 04 45	ONTAGJUL	James Day,14 NEW
1 04 57	YOUTHMAY	Francis Pelletier,14,CNSH

200 METRES BUTTERFLY

R[illegible] 94 D Leto[illegible] CNCB,90

2 09 02	YOUTHMAY	Philip Weiss,13,SKSC
2 10 91	YOUTHMAY	Andrew Cho,14,HYACK
2 16 27	YOUTHMAY	Sebastien Brodeur,14,CNBF
2 16 57	YOUTHMAY	Michael Calkins,14,IS
2 16 89	LACAPR	Drew Chorney 14,TMSC
2 17 40	ONTAGJUL	Colin Dolcetti,14,SSMAC
2 20 09	YOUTHMAY	David Mast,14,MAC
2 20 44	AACAPR	Mark Arzaga 14,CREST
2 20 59	PEPSIJUN	Douglas Browne,14,ROW
2 20 68	SSCDJUN	Joshua Pun,13,STSC
2 21 19	YOUTHMAY	Steven Carson,14 RACER
2 21 35	YOUTHMAY	Zach Fraser 14 HTAC
2 21 39	LACAPR	Christian Goulet,14 EXCEL
2 21 81	ONTAGJUL	Mark Lange 14,[illegible]
2 21 99	BROCKAPR	Colin F[illegible]berg 14 GMAC
2 22 07	ONTAGJUL	Lincoln Flanagan 14,KBM
2 22 20	ONTAGJUL	Bill Morris,14,NKB
2 22 30	NSAGJUN	Kevin Dupuis 14,DCSC
2 22 31	ESSOMAY	Ivgeny Loganov 14,CAMO
2 22 40	ONTAGJUL	Stephane Doire 13,TMSC
2 23 39	POMMAY	Sebastien Poulin,13 GAMIN
2 25 14	ONTAGJUL	Mark Eberlie 14,LAC
2 25 31	YOUTHMAY	Peter Marshall,14,PDSA
2 26 15	BCAGJUL	Doug Slater 14 CRKW
2 26 21	YOUTHJUN	Eric Gabsch,13 TOMAC

200 METRES IND.MEDLEY

Rec 2 12 65 A Bauman LUSC 79

2 13 52	YOUTHMAY	Andrew Cho,14,HYACK
2 15 56	ONTAGJUL	James Day,14,NEW
2 16 98	YOUTHMAY	Philip Weiss,13,SKSC
2 18 35	ONTAGJUL	William Sutherland,14,AAC
2 18 62	LACAPR	Christian Goulet,14,EXCEL
2 19 43	YOUTHMAY	Sebastien Menard,13,CNJA
2 20 33	ONTAGJUL	Branko Suric,14,PEPSI
2 20 86	LACMAY	Greg Miesmer 13,WAC
2 21 24	YOUTHJUN	Andrew Chan,13,YORK
2 21 42	SSCDJUN	Joshua Pun,13,STSC
2 21 46	YOUTHMAY	Paul Hurwitz,14,ARBU
2 21 49	YOUTHJUN	Colin Dolcetti 14,SSMAC
2 21 68	LACAPR	Dennis Lau,14,MAC
2 22 60	YOUTHMAY	Steven Marshal ,16,PDSA
2 22 94	LACAPR	Drew Chorney,14,TMSC
2 23 19	BCAGJUL	Steven Carson,14,RACER
2 23 34	EKSCAPR	Michael Knight,14 EKSC
2 23 55	ONTAGJUL	Michael Harlow,14,EYSC
2 23 72	ONTAGJUL	Peter Lennox-King,14,EYSC
2 23 73	ONTAGJUL	Steve Gluck,14,ACE
2 23 78	BCAGJUL	John Stamhuis,14,PN
2 23 84	NSAGJUN	Kevin Dupuis,14,DCSC
2 24 14	EKSCAPR	Matthew Henderson,14,CASC
2 24 43	LUSCJUN	David Schulze,13,BTSC
2 24 93	POMMAY	Ivgeny Loganov,14,CAMO

400 METRES IND.MEDLEY

Rec 4 34 52 A Baumann LUSC 79

4 48 98	YOUTHMAY	Philip Weiss,13,SKSC
4 50 40	YOUTHMAY	Andrew Cho,14,HYACK
4 52 37	ONTAGJUL	James Day,14,NEW
4 55 72	YOUTHMAY	Paul Hurwitz,14,ARBU
4 57 97	YOUTHMAY	Matthew Henderson,14 CASC
5 00 04	LACAPR	Christian Goulet,14,EXCEL
5 00 60	ONTAGJUL	Peter Lennox-King,14,EYSC
5 00 95	YOUTHMAY	Kevin Dupuis,14,DCSC
5 01 04	YOUTHMAY	Mark Wyjad,13,PCSC
5 01 74	YOUTHMAY	John Stamhuis,14,PN
5 02 84	YOUTHMAY	Guillaume Charron,14,CNBF
5 03 00	ONTAGJUL	Colin Dolcetti 14,SSMAC
5 04 34	YOUTHMAY	Steven Carson,14,RACER
5 04 99	YOUTHJUN	Andrew Chan,13,YORK
5 05 00	LACMAY	William Sutherland,14,AAC
5 06 78	HTACAPR	Zach Fraser,14,HTAC
5 07 34	EKSCAPR	Travis Leyenhorst,14,VKSC
5 08 20	EKSCAPR	Joshua Pun,13,STSC
5 08 34	EASTJUL	James Wildsmith,13,HTAC
5 08 82	LACAPR	Jason Adams,13,OAK
5 08 86	LACAPR	Drew Chorney,14,TMSC
5 09 63	YOUTHMAY	Lincoln Flanagan,14,KBM
5 09 87	YOUTHMAY	Matt Slater,14,USC
5 10 47	ONTAGJUL	Stefan Rappazzo,14,HWAC
5 11 03	LACAPR	Trevor Boudreau,14,TRENT

4X50 MEDLEY RELAY

Rec 1 55 02 Markham AC MAC,92

1 58 51	ONTAGJUL	Oakville AC,OAK
1 59 19	EKSCAPR	Cascade Swim Club,CASC
1 59 85	ONTAGJUL	Nepean Kanata,NKB
2 00 06	NSAGJUN	Dartmouth Crusaders,DCSC
2 00 49	ONTAGJUL	Region of Waterloo,ROW
2 01 93	ONTAGJUL	City of Brampton AC,COBRA
2 02 04	BCAGJUL	Island Swimming,IS
2 02 25	PEPSIJUN	Mississauga AC,TOMAC
2 03 16	TOMACMAY	Whitby Iroquois SC,WISC
2 03 61	EKSCAPR	Edmonton Keyano,EKSC
2 04 00	NYACAPR	York Swim Club,YORK
2 04 80	EKSCAPR	Vernon KokaneeSC,VKSC
2 04 94	LUSCMAY	Hamilt-Wentworth AC,HWAC
2 05 16	ONTAGJUL	Newmarket SC,NEW
2 05 23	AACAPR	Ajax Aquatic Club,AAC
2 05 30	POMMAY	Montreal Aquatique,CAMO
2 05 40	ONTAGJUL	London AC,LAC
2 06 03	ELITEAPR	Dollard Swim Team,DDO
2 06 82	ONTAGJUL	Pepsi Swimming,PEPSI
2 07 72	BCAGJUL	Campbell RiverKW,CRKW
2 07 75	ELITEAPR	Pointe Claire SC,PCSC
2 07 79	TASKMAY	Beaconsfield Bluefins BBF
2 08 27	LUSCJUN	Trent Swim Club,TRENT
2 08 44	BCAGJUL	Pacific Dolphin SA,PDSA
2 08 76	EASTJUL	Halifax Trojans HTAC

4X50 FREE RELAY

[illegible]

1 4[illegible] 34	ONTAGJUL	Oakville AC,OAK
1 4[illegible] 43	ONTAGJUL	Nepean Kanata,NKB
1 46 8	EKSCAPR	[illegible] Calgary [illegible]C,UCSC
1 47 54	EKSCAPR	Vernon KokaneeSC VKSC
1 47 62	EKSCAPR	Edmonton Keyano,EKSC
1 47 89	NSAGJUN	Dartmouth Crusaders DCSC
1 48 01	EKSCAPR	Cascade Swim Club,CASC
1 48 06	BROCKAPR	City of Brampton AC,COBRA
1 48 06	BCAGJUL	Campbell RiverKW,CRKW
1 4[illegible] 15	BCAGJUL	Island Swimming,IS
1 49 [illegible]	AACAPR	Ajax Aquatic Club AAC
1 49 [illegible]	PEPSIJUN	Region of Waterloo,ROW
1 49 [illegible]	LUSCMAY	Hamilt Wentworth AC HWAC
1 50 15	POMMAY	Cap Rouge St Augustin,CSO
1 50 46	ELITEAPR	Dollard Swim Team,DDO
1 51 [illegible]	TOMACMAY	York Swim Club YORK
1 51 [illegible]	YOUTHJUN	North York AC,NYAC
1 51 [illegible]	TASKMAY	Beaconsfield Bluefins,BBF
1 51 [illegible]	BCAGJUL	Pacific Dolphin SA,PDSA
1 51 81	ELITEAPR	Montreal Aquatique,CAMO
1 51 90	ONTAGJUL	London AC,LAC
1 51 9[illegible]	PEPSIJUN	Newmarket SC NEW
1 52 [illegible]	YOUTHJUN	Mississauga AC TOMAC
1 52 38	ONTAGJUL	Pepsi Swimming,PEPSI
1 52 48	AACAPR	Markham AC MAC

1993 LONG COURSE TAG®

GIRLS 15-17

50 METRES FREESTYLE
Rec: 26.16 A.Nugent,UCSC,86 / J.Amey,UCSC,93

26.16	CANJUL	Jessica Amey,16,UCSC
26.27	MBSKJUN	Shannon Shakespeare,16,MM
26.76	CANJUL	Joanne Malar,17,HWAC
27.09	PEPSIJUL	Anne Blachford,16,COBRA
27.22	CANJUL	Edith Lachapelle,16,DH
27.44	BRANTAPR	Julie Howard,16,BRANT
27.59	CANJUL	Karine Chevrier,15,CASE
27.59	CANJUL	Glencora Maughan,16,PDSA
27.63	CANJUL	Carly Porter,15,COBRA
27.66	YOUTHMAY	Magalie Boutin,15,CNJA
27.82	CANJUL	Andrea Kilam,16,LASC
27.87	CANJUL	Cindy Bertelink,17,COBRA
27.88	CANJUL	Inger Rooneem,15,HYACK
27.89	ESSOMAY	Barbara Bonder,16,POLAR
27.89	CANJUL	Shona Kitson,15,WAC
27.91	CANJUL	Marsha Hamilton,15,UCSC
27.97	PEPSIJUL	Helena Griner,16,NYAC
27.99	PDSAMAY	Alexandra Ruiz,17,POSA
28.00	EKSCAPR	Sabrina Wilson,16,EKSC
28.02	ESSOJUL	Lisa Virgini,16,PCSC
28.03	TOMACMAY	Erica Leader,15,MANTA
28.05	SJOHNFEB	Carmen Kondra,17,PEPSI
28.07	ESSOJUL	Marie-Eve O'Amboise,15,CNMN
28.10	NSAGJUN	Angela MacAlpine,15,CCSC
28.11	TOMACMAY	Sarah Laudenbach,16,BOSS

100 METRES FREESTYLE
Rec. 56.81 C.Klimpel,SSAC,80

57.65	CANJUL	Joanne Malar,17,HWAC
57.79	CANJUL	Shannon Shakespeare,16,MM
57.87	CANJUL	Jessica Amey,16,UCSC
58.60	CANJUL	Glencora Maughan,16,PDSA
58.64	CANJUL	Julie Howard,16,BRANT
58.84	CANJUL	Edith Lachapelle,16,OH
58.96	PEPSIJUL	Anne Blachford,16,COBRA
59.08	CANJUL	Tara Fullbrandt,15,EKSC
59.23	ESSOMAY	Julie Barbeau,17,CNMN
59.34	ESSOMAY	Karine Chevrier,15,CASE
59.66	TOMACMAY	Sarah Laudenbach,16,BOSS
59.69	PEPSIJUL	Stephanie Richardson,16,NYAC
59.71	CANJUL	Katrina Walters,17,PSW
59.86	YOUTHMAY	Lisa Parwicki,15,COBRA
59.86	POSAMAY	Donna Wu,15,POSA
59.86	CANJUL	Ariadne Legendre,16,CAMO
59.90	CANJUL	Jennifer Button,15,ROW
59.96	PEPSIJUL	Alicia Hicken,17,PEPSI
59.98	PEPSIJUL	Helena Griner,16,NYAC
1:00.02	PDSAMAY	Sarah Evanetz,17,PDSA
1:00.05	CANJUL	Shona Kitson,15,WAC
1:00.06	ESSOMAY	Melanie Fortin,17,LMRL
1:00.16	ESSOJUL	Marie-Eve D'Amboise,15,CNMN
1:00.19	ESSOMAY	Lisa Virgini,16,PCSC
1:00.22	POMMAY	Cindy Bertelink,17,COBRA

200 METRES FREESTYLE
Rec. 2:01.08 J.Kerr,ESC,85

2:03.16	CANJUL	Joanne Malar,17,HWAC
2:04.29	CANJUL	Tara Fullbrandt,15,EKSC
2:04.61	PEPSIJUL	Alicia Hicken,17,PEPSI
2:05.33	CANJUL	Holly McComb,17,PCSC
2:06.22	CANJUL	Shannon Shakespeare,16,MM
2:06.76	PEPSIJUL	Stephanie Richardson,16,NYAC
2:06.77	PDSAMAY	Donna Wu,15,PDSA
2:06.97	CANJUL	Julie Howard,16,BRANT
2:07.05	ESSOMAY	Julie Barbeau,17,CNMN
2:07.65	PEPSIJUL	Sarah Jay,17,BRANT
2:08.08	PDSAMAY	Glencora Maughan,15,POSA
2:08.26	CANJUL	Katrina Walters,17,PSW
2:08.33	TOMACMAY	Sarah Laudenbach,16,BOSS
2:08.87	CANJUL	Erin Adams,16,GO
2:09.14	POMMAY	Cindy Bertelink,17,COBRA
2:09.23	CANJUL	Ariadne Legendre,16,CAMO
2:09.36	ESSOMAY	Karine Chevrier,15,CASE
2:09.42	PEPSIJUL	Kimberly Kerr,16,HWAC
2:09.51	YOUTHMAY	Elizabeth Warden,15,SCAR
2:09.53	ESSOMAY	Lisa Virgini,16,PCSC
2:09.73	MBSKJUN	Alison Auramenko,16,GOLD
2:10.13	CANJUL	Christine McEwan,16,ROO
2:10.27	POSAMAY	Sarah Evanetz,17,POSA
2:10.40	LACMAY	Nicola Homenock,16,LAC
2:10.67	NSAGJUN	Heather Thomas,17,HTAC

400 METRES FREESTYLE
Rec: 4:14.45 D.McGinnis,ESC,86

4:18.37	PEPSIJUL	Stephanie Richardson,16,NYAC
4:18.41	CANJUL	Joanne Malar,17,HWAC
4:20.00	PEPSIJUL	Alicia Hicken,17,PEPSI
4:21.89	CANJUL	Holly McComb,17,PCSC
4:23.31	CANJUL	Cindy Bertelink,17,COBRA
4:24.24	SCSCJUL	Tara Fullbrandt,16,EKSC
4:26.04	ESSOMAY	Gwen Grubski,16,UL
4:26.35	PEPSIJUL	Nicola Homenock,16,LAC
4:28.08	ESSOMAY	Julie Barbeau,17,CNMN
4:28.43	PDSAMAY	Donna Wu,15,PDSA
4:28.62	PEPSIJUL	Julie Howard,16,BRANT
4:28.75	CANJUL	Kimberly Kerr,16,HWAC
4:29.08	PEPSIJUL	Sarah Jay,17,BRANT
4:29.57	ESSOJUL	Lisa Virgini,16,PCSC
4:30.49	PEPSIJUL	Andrea Schwartz,16,TBT
4:31.06	ESSOMAY	Stephanie Labelle,17,CNB
4:31.63	CANJUL	Orenda Cornwell,16,ROD
4:31.70	PDSAMAY	Cara Lachmuth,15,UCSC
4:31.75	BRANTAPR	Erin Adams,16,GO
4:32.51	YOUTHMAY	Elizabeth Warden,15,SCAR
4:33.00	MBSKJUN	Alison Auramenko,16,GOLD
4:33.83	ESSOMAY	Ariadne Legendre,16,CAMO
4:33.85	NSAGJUN	Heather Thomas,17,HTAC
4:35.30	ESSOMAY	Nathalie Sauvageau,16,CAMO
4:35.55	PEPSIJUL	Ana Cenanovic,15,TOMAC

800 METRES FREESTYLE
Rec. 8:39.19 D.Wurzburger,LYAC,85

8:53.29	PEPSIJUL	Joanne Malar,17,HWAC
8:57.71	CANJUL	Cindy Bertelink,17,COBRA
8:58.06	PEPSIJUL	Stephanie Richardson,16,NYAC
8:59.20	CANJUL	Holly McComb,17,PCSC
9:04.14	CANJUL	Kimberly Kerr,16,HWAC
9:08.90	ESSOMAY	Stephanie Labelle,17,CNB
9:12.52	ESSOMAY	Julie Dulour,17,ETORY
9:13.13	ESSOJUL	Lisa Virgini,16,PCSC
9:13.93	PEPSIJUL	Nicola Homenock,16,LAC
9:14.20	SCSCJUL	Tara Fullbrandt,16,EKSC
9:14.75	CANJUL	Orenda Cornwell,16,ROD
9:14.85	PEPSIJUN	Julie Howard,16,BRANT
9:16.50	CANJUL	Gwen Grubski,16,UL
9:19.88	PEPSIJUL	Andrea Schwartz,16,TBT
9:20.80	LACAPR	Erin Adams,16,GO
9:21.85	ESSOMAY	Alicia Hicken,17,PEPSI
9:21.86	CANJUL	Cara Lachmuth,15,UCSC
9:23.38	CANJUL	Nathalie Sauvageau,16,CAMO
9:23.56	CANJUL	Jessica Krajicek,15,PDSA
9:24.07	YOUTHJUN	Jane Axford,15,TOMAC
9:24.61	MBSKJUN	Alison Auramenko,16,GOLD
9:24.90	ESSOMAY	Kelly Stevens,17,PEPSI
9:25.47	PEPSIJUN	Shauna Kuiper,17,BOSS
9:27.15	POMMAY	Elizabeth Warden,15,SCAR
9:27.70	LACAPR	Colleen Ray,16,GO

100 METRES BACKSTROKE
Rec: 1:03.29 J.Howard,BRANT,92

1:03.92	CANJUL	Suzanne Weckend,16,IS
1:04.07	CANJUL	Jessica Amey,16,UCSC
1:04.30	CANJUL	Katrina Walters,17,PSW
1:05.15	CANJUL	Julie Howard,16,BRANT
1:05.16	PEPSIJUL	Shona Baillie,17,PEPSI
1:05.61	PEPSIJUL	Christine Natywary,16,PEPSI
1:05.78	CANJUL	Lisa Virgini,16,PCSC
1:06.03	CANJUL	Colleen Ray,16,GO
1:06.04	YOUTHMAY	Lisa Parwicki,15,COBRA
1:06.06	CANJUL	Allison Barriscale,17,IS
1:06.60	PEPSIJUN	Christine Harris,22,EYSC
1:06.68	CANJUL	Sabrina Kolga,16,ROCSC
1:06.91	PEPSIJUL	Renee Oake,15,TRENT
1:06.93	NSAGJUN	Jane Thompson,16,HTAC
1:06.96	YOUTHMAY	Cynthia Graton,15,CSO
1:06.97	PDSAMAY	Glencora Maughan,15,POSA
1:06.97	CANJUL	Erica Klohn,15,SKSC
1:07.14	CANJUL	Jennifer Ramsden,16,GO
1:07.56	CANJUL	Andrea Schwartz,16,TBT
1:07.57	CANJUL	Jen Archdekin,15,COBRA
1:07.73	CANJUL	Karla Klein,17,MAC
1:07.86	CANJUL	Chris Courtemanche,17,EKSC
1:07.89	CANJUL	Elizabeth Warden,15,SCAR
1:07.93	EKSCAPR	Tara Fullbrandt,16,EKSC
1:07.94	CANJUL	Alexandra Ruiz,17,POSA

200 METRES BACKSTROKE
Rec. 2:15.15 N.Dryden,IS,92

2:17.03	CANJUL	Katrina Walters,17,PSW
2:18.09	PDSAMAY	Suzanne Weckend,16,IS
2:18.52	CANJUL	Lisa Virgini,16,PCSC
2:18.65	MVNJUN	Allison Barriscale,17,IS
2:18.99	CANJUL	Joanne Malar,17,HWAC
2:19.48	CANJUL	Colleen Ray,16,GO
2:19.86	CANJUL	Julie Howard,16,BRANT
2:19.91	PEPSIJUL	Elizabeth Warden,15,SCAR
2:21.49	PEPSIJUL	Shona Baillie,17,PEPSI
2:22.36	CANJUL	Erica Klohn,15,SKSC
2:22.65	PEPSIJUL	Kimberly Kerr,16,HWAC
2:23.21	EKSCAPR	Tara Fullbrandt,16,EKSC
2:23.42	YOUTHMAY	Lisa Parwicki,15,COBRA
2:23.52	PDSAMAY	Emmanuelle Schick,15,PDSA
2:23.95	CANJUL	Teresa Kuran,17,GO
2:24.25	CANJUL	Sabrina Kolga,16,RDCSC
2:24.32	PEPSIJUL	Christine Natywary,16,PEPSI
2:24.42	PEPSIJUL	Andrea Schwartz,16,TBT
2:25.18	POSAMAY	Jessica Amey,16,UCSC
2:25.40	CANJUL	Rachelle Roberts,15,EKSC
2:25.63	PEPSIJUL	Erica Nagy,17,COBRA
2:25.83	ESSOJUL	Cynthia Graton,15,CSO
2:26.12	YOUTHMAY	Susan Furs,15,PEPSI
2:26.26	CANJUL	Nathalie Jacques,16,ELITE
2:26.38	PEPSIJUL	Helena Griner,16,NYAC

100 METRES BREASTSTROKE
Rec: 1:08.86 A.Higson,EPS,88

1:13.13	PEPSIJUL	Anne Blachford,16,COBRA
1:13.16	MVNJUN	Jennifer Heagy,16,SPART
1:14.49	YOUTHJUN	Ellen Grams,16,AAC
1:14.60	MBSKJUN	Tracy Storrier,15,MJKFF
1:14.65	EKSCAPR	Sabrina Wilson,16,EKSC
1:14.73	ESSOMAY	Alexandra Bernard-M.,16,PCSC
1:15.18	CANJUL	Shannon Shakespeare,16,MM
1:15.41	SCSCJUL	Dionne Dallas,17,UCSC
1:15.71	MBSKJUN	Rhiannon Leier,16,MM
1:16.25	CANJUL	Lisa Mensink,16,UCSC
1:16.62	GMACMAY	Kari Randall,17,GMAC
1:16.63	MBSKJUN	Andrea Mortin,17,ROD
1:16.68	CANJUL	Sabrina Kolga,16,ROCSC
1:16.69	PEPSIJUL	Alison Shea,16,EYSC
1:16.85	CANJUL	Kathy March,16,PGB
1:16.90	BROCKAPR	Joanne Malar,17,HWAC
1:16.94	ESSOMAY	Josianne Laflamme,17,CNB
1:16.99	BELLVAPR	Rae Abbott,16,HYACK
1:17.21	CANJUL	Chris Wushke,17,UCSC
1:17.34	CANJUL	Christina Pipke,16,PSW
1:17.47	ROWMAY	Valerie Walker,15,ROW
1:17.52	ESSOMAY	Caroline Bouchard,17,UL
1:17.64	BRANTAPR	Stephanie Richardson,16,NYAC
1:17.66	PDSAMAY	Sarah Evanetz,17,POSA
1:17.84	ALAMOMAY	Sarah Londry,16,LUSC

200 METRES BREASTSTROKE
Rec: 2:27.27 A.Higson,EPS,88

2:38.51	CANJUL	Rae Abbott,16,HYACK
2:38.64	MVNJUN	Jennifer Heagy,16,SPART
2:41.99	YOUTHJUN	Ellen Grams,16,AAC
2:42.59	ESSOMAY	Alexandra Bernard-M.,16,PCSC
2:43.03	ESSOMAY	Josianne Laflamme,17,CNB
2:43.37	ROWMAY	Kari Randall,17,GMAC
2:43.49	CANJUL	Christina Pipke,16,PSW
2:43.70	PEPSIJUL	Anne Blachford,16,COBRA
2:43.86	CANJUL	Sabrina Wilson,16,EKSC
2:43.96	ALAMOMAY	Sarah Londry,16,LUSC
2:44.02	PEPSIJUL	Sarah Jay,17,BRANT
2:44.18	POSAMAY	Sarah Matthews,16,POSA
2:45.05	CANJUL	Lisa Mensink,16,UCSC
2:45.27	YOUTHMAY	Elizabeth Warden,15,SCAR
2:45.70	MBSKJUN	Rhiannon Leier,16,MM
2:45.76	MBSKJUN	Kelly Sommerfeld,16,GOLD
2:45.79	SCSCJUL	Cheryl Bucharski,17,EKSC
2:45.96	PEPSIJUL	Andrea Nicholls,17,ROW
2:45.98	PEPSIJUL	Alison Shea,16,EYSC
2:46.18	ALAMOMAY	Dionne Dallas,17,UCSC
2:46.24	CANJUL	Christin Petelski,15,IS
2:46.54	MBSKJUN	Andrea Mortin,17,ROD
2:46.91	CANJUL	Sabrina Kolga,16,RDCSC
2:47.15	SJOHNFEB	Christa Schellenberg,17,PCSC
2:47.27	CANJUL	Kathryn Kimber,17,GO

100 METRES BUTTERFLY
Rec: 1:01.38 M.MacPherson,ESC,83

1:01.50	CANJUL	Jessica Amey,16,UCSC
1:02.52	PDSAMAY	Sarah Evanetz,17,POSA
1:03.39	CANJUL	Shona Kitson,15,WAC
1:03.50	PEPSIJUL	Jennifer Button,15,ROW
1:03.80	CANJUL	Julie Howard,16,BRANT
1:04.02	CANJUL	Jennifer Ramsden,16,GO
1:04.46	ESSOMAY	Josee Santillan,17,LAVAL
1:04.68	PEPSIJUL	Erin Adams,16,GO
1:04.96	SJOHNFEB	Kelly Stevens,17,PEPSI
1:05.07	CANJUL	Chris Courtemanche,17,EKSC
1:05.44	OORTMAPR	Marsha Clouthier,15,USC
1:05.69	BROCKAPR	Joanne Malar,17,HWAC
1:05.92	CANJUL	Sam Emer,16,MAC
1:06.08	CANJUL	Anne Blachford,16,COBRA
1:06.14	CANJUL	Allison Barriscale,17,IS
1:06.18	NSAGJUN	Jane Thompson,16,HTAC
1:06.21	CANJUL	Jodi Hindley,16,CASC
1:06.28	MBSKJUN	Marilyn Chiang,15,TPRR
1:06.37	ESSOMAY	Julie Barbeau,17,CNMN
1:06.39	CANJUL	Christine Cline,15,NEW
1:06.41	MBSKJUN	Christine McEwan,16,ROD
1:06.45	PEPSIJUL	Gaby Sabados,17,ROW
1:06.53	POMMAY	Elizabeth Warden,15,SCAR
1:06.55	YOUTHMAY	Jane Axford,15,TOMAC
1:06.58	MACCBJUL	Jackie Swedlove,16,GO

200 METRES BUTTERFLY
Rec: 2:11.72 D.McGinnis,EKSC,85

2:17.62	CANJUL	Josee Santillan,17,LAVAL
2:17.91	CANJUL	Jennifer Ramsden,16,GO
2:18.15	PEPSIJUL	Erin Adams,16,GO
2:20.24	CANJUL	Shona Kitson,15,WAC
2:20.63	PEPSIJUL	Jenniter Button 15,ROW
2:21.04	CANJUL	Kathryn Kimber,17,GO
2:21.39	DORTMAPR	Marsha Clouthier,15,USC
2:21.40	PDSAMAY	Kelly Stevens,17,PEPSI
2:23.04	PDSAMAY	Sarah Evanetz,17,PDSA
2:23.15	PDSAMAR	Amy Olson,15,SPART
2:23.51	CANJUL	Chris Courtemanche,17,EKSC
2:23.78	CANJUL	Katrina Walters,17,PSW
2:24.20	DORTMAPR	Elizabeth Warden,15,SCAR
2:24.35	PEPSIJUL	Jean Ooi,15,EBSC
2:24.59	YOUTHMAY	Jane Axford,15,TOMAC
2:25.26	PEPSIJUL	Gaby Sabados,17,ROW
2:25.47	PEPSIJUL	Cindy Bertelink,17,COBRA
2:25.94	EKSCAPR	Emmanuelle Schick,15,PDSA
2:26.10	BROCKAPR	Joanne Malar,17,HWAC
2:26.20	PEPSIJUN	Andrea Pivetta,16,MAC
2:26.31	MBSKJUN	Suzie Murray,17,MM
2:26.32	MBSKJUN	Jolanta Przepiorka,14,ROO
2:26.38	LACAPR	Lisa Virgini,16,PCSC
2:26.39	CANJUL	Lisa Gibbons,16,TBT
2:26.75	PEPSIJUN	Shona Baillie,17,PEPSI

200 METRES IND.MEDLEY
Rec: 2:15.61 N.Sweetnam,LLSC,90

2:18.63	CANJUL	Joanne Malar,17,HWAC
2:21.73	DORTMAPR	Elizabeth Warden,15,SCAR
2:21.94	CANJUL	Katrina Walters,17,PSW
2:21.98	SJOHNFEB	Anne Blachford,16,COBRA
2:22.07	MVNJUN	Allison Barriscale,17,IS
2:22.99	CANJUL	Julie Howard,16,BRANT
2:23.99	CANJUL	Jessica Amey,16,UCSC
2:24.28	CANJUL	Sabrina Kolga,16,ROCSC
2:24.54	PDSAMAY	Emmanuelle Schick,15,POSA
2:25.16	ESSOMAY	Josianne Laflamme,17,CNB
2:25.30	CANJUL	Cindy Bertelink,17,COBRA
2:25.35	ALAMOMAY	Sarah Londry,16,LUSC
2:25.44	PEPSIJUL	Shona Baillie,17,PEPSI
2:25.67	CANJUL	Suzanne Weckend,16,IS
2:26.16	PEPSIJUL	Shona Kitson,15,WAC
2:26.32	ESSOMAY	Holly McComb,17,PCSC
2:26.40	LACMAY	Nicola Homenock,16,LAC
2:26.53	YOUTHMAY	Marsha Clouthier,15,USC
2:26.71	MBSKJUN	Marilyn Chiang,15,TPRR
2:26.79	CANJUL	Tania Belisle-Leclerc,15,GO
2:27.09	ESSOMAY	Julie Barbeau,17,CNMN
2:27.43	CANJUL	Karine Chevrier,15,CASE
2:27.61	ESSOMAY	Alexandra Bernard-M.,16,PCSC
2:27.62	NSAGJUN	Heather Thomas,17,HTAC
2:27.65	CANJUL	Kelly Sommerfeld,16,GOLD

400 METRES IND.MEDLEY
Rec: 4:47.62 N.Sweetnam,LLSC,91

4:53.68	CANJUL	Joanne Malar,17,HWAC
4:59.88	PEPSIJUL	Tania Belisle-Leclerc,15,GO
5:00.48	DORTMAPR	Elizabeth Warden,15,SCAR
5:01.08	PDSAMAY	Emmanuelle Schick,15,PDSA
5:01.25	MVNJUN	Allison Barriscale,17,IS
5:03.93	ESSOMAY	Josianne Laflamme,17,CNB
5:04.23	CANJUL	Katrina Walters,17,PSW
5:07.51	SCSCJUL	Tara Fullbrandt,16,EKSC
5:08.40	ESSOMAY	Julie Barbeau,17,CNMN
5:08.41	ROWMAY	Kari Randall,17,GMAC
5:08.82	ESSOMAY	Holly McComb,17,PCSC
5:08.90	YOUTHMAY	Jane Axford,15,TOMAC
5:08.98	ESSOJUL	Lisa Virgini,16,PCSC
5:09.05	SCSCJUL	Suzanne Weckend,16,IS
5:09.30	PEPSIJUL	Cindy Bertelink,17,COBRA
5:09.41	POSAMAY	Andrea Schwartz,15,TBT
5:09.91	ROWMAY	Julie Howard,16,BRANT
5:09.98	POSAMAY	Sarah Matthews,17,POSA
5:10.03	YOUTHMAY	Marsha Clouthier,15,USC
5:10.09	PEPSIJUL	Sarah Londry,16,LUSC
5:10.29	CANJUL	Erin Adams,16,GO
5:10.59	ESSOMAY	Julie Dufour,17,ETORY
5:10.72	CANJUL	Susan Furs,15,PEPSI
5:11.50	NKBMAY	Colleen Ray,16,GO
5:11.56	EKSCAPR	Sabrina Wilson,16,EKSC

4X50 MEDLEY RELAY
Rec. 1:59.20 Pt-Claire,PCSC,76

2:01.67	CANJUL	City of Brampton AC,COBRA
2:03.71	MBSKJUN	Manitoba Marlins,MM
2:04.11	CANJUL	Guelph Marlin AC,GMAC
2:04.33	EKSCAPR	Edmonton Keyano,EKSC
2:06.38	CANJUL	CN Boucherville,CNB
2:06.67	EKSCAPR	Pacific Dolphin SA,PDSA
2:06.84	YOUTHMAY	Regina Opt Dolphins,ROD
2:06.99	YOUTHMAY	Island Swimming,IS
2:07.37	CANJUL	Saskatoon Goldfins,GOLD
2:07.60	CANJUL	Lethbridge ASC,LASC
2:08.51	BRANTAPR	Brantford AC,BRANT
2:08.72	EKSCAPR	Cascade Swim Club,CASC
2:08.81	YOUTHMAY	Uxbridge SC,USC
2:08.82	ELITEAPR	Pointe Claire SC,PCSC
2:09.60	EKSCAPR	Univ Calgary SC,UCSC
2:09.69	PEPSIJUN	Markham AC,MAC
2:09.72	BRANTAPR	Glouc-Ottawa Kingfish,GO
2:11.54	EASTJUL	Halifax Trojans,HTAC
2:11.88	POIVAPR	Cachalots St-Bruno,CSB
2:12.08	TOMACMAY	Mississauga AC,TOMAC
2:12.21	CANJUL	Thun Bay Thunderbolts,TBT
2:12.23	LUSCMAY	Hamilt-Wentworth AC,HWAC
2:12.46	CANJUL	Nepean Kanata,NKB
2:12.81	POMMAY	Cap Rouge-St.Augustin,CSQ
2:13.05	TASKMAY	Newmarket SC,NEW

4X50 FREE RELAY
Rec. 1:49.00 Edm Keyano,EKSC,87

1:50.57	YOUTHMAY	City of Brampton AC,COBRA
1:52.16	HYACKMAY	Pacific Dolphin SA,PDSA
1:52.83	ESSOJUL	Pointe Claire SC,PCSC
1:53.23	EKSCAPR	Edmonton Keyano,EKSC
1:53.42	BRANTAPR	Brantford AC,BRANT
1:53.51	ROWMAY	Region of Waterloo,ROW
1:54.55	EKSCAPR	Manitoba Marlins,MM
1:54.58	EKSCAPR	Univ Calgary SC,UCSC
1:54.68	EKSCAPR	Lethbridge ASC,LASC
1:55.00	YOUTHMAY	Island Swimming,IS
1:55.17	ROWMAY	Guelph Marlin AC,GMAC
1:55.18	PEPSIJUN	Markham AC,MAC
1:55.84	POMMAY	Cachalots St-Bruno,CSB
1:56.11	BRANTAPR	Glouc-Ottawa Kingfish,GO
1:56.12	EKSCAPR	Cascade Swim Club,CASC
1:56.26	YOUTHMAY	Uxbridge SC,USC
1:56.83	EKSCAPR	Saskatoon Goldfins,GOLD
1:57.13	YOUTHJUN	Whitby Iroquois SC,WISC
1:57.20	ELITEAPR	Natation Longueuil,ELITE
1:57.30	MBSKJUN	Regina Opt Dolphins,ROO
1:57.39	PEPSIJUN	Burlington OSS,BOSS
1:57.47	TOMACMAY	Mississauga AC,TOMAC
1:57.66	HTACAPR	Scarborough SC,SCAR
1:57.72	YOUTHMAY	Pepsi Swimming,PEPSI
1:58.21	TOMACMAY	Manta Aquatic Club,MANTA

TOP AGE GROUP TIMES

1993 LONG COURSE TAG®

BOYS 15-17

50 METRES FREESTYLE
Rec: 23.36 D.Kondziolka,TDMAC,90

23.85	PEPSIJUL	Kris Fisher,17,MAC
24 19	CANJUL	Conor Braiden,17,EKSC
24 20	CANJUL	Ryan Laurin,17,SPART
24 24	CANJUL	Garret Pulle,15,MAC
24.34	YOUTHMAY	Delano Ducheck,16,UCSC
24 36	YOUTHMAY	Charles Marchand.17,UL
24 46	CANJUL	Rick Pratt,17,CAC
24 63	YOUTHMAY	Bob Hayes,16,SCAR
24 65	CANJUL	Kevin Goode,17,TRENT
24.66	NSAGJUN	Michael MacLean,16,HTAC
24 69	CANJUL	Michael Mintenko,17,MJKFF
24.71	CANJUL	Robert Pettifer,16,RACER
24.84	YOUTHMAY	Julio Santos,16,NYAC
24.85	ESSOMAY	Vincent Lemieux,17,CNB
24 85	CANJUL	Andrew MacDonald,16,NKB
24.86	RACEAPR	Brock Carscallen,17,CP
24 99	YOUTHMAY	Matthew McDonald,16,ATP
24.99	CANJUL	Matthew Tomasson,17,CASC
25.02	CANJUL	Paul Dixon,15,LASC
25.06	MBSKJUN	Steven Foley,15,MM
25.06	PEPSIJUL	Adam Wenger,16,EYSC
25.07	YOUTHMAY	Ian Guillen,15,MANTA
25.10	YOUTHMAY	Daryl Shannon,17,SPART
25.15	YOUTHMAY	Mischa Sommerville,16,AAC
25.15	PEPSIJUL	Chris Jones,17 TOMAC

100 METRES FREESTYLE
Rec: 51.82 S.Goss,NYAC,84

52.03	YOUTHMAY	Kris Fisher,17,MAC
52.92	ESSOMAY	Charles Marchand,17,UL
53.14	CANJUL	Conor Braiden,17,EKSC
53.39	CANJUL	Robert Pettifer,16,RACER
53.45	CANJUL	Ryan Laurin,17,SPART
53.55	YOUTHMAY	Daryl Shannon,17,SPART
53.65	PEPSIJUL	Kevin Goode,17,TRENT
53 66	ESSOMAY	Rick Pratt,17,CAC
53.73	YOUTHMAY	Sebastian Georgescu,17 YORK
53.78	MBSKJUN	Michael Mintenko,17,MJKFF
53.81	CANJUL	Dustin Hersee,17,PDSA
53.88	PEPSIJUL	Bob Hayes,16,SCAR
53.89	CANJUL	Chris Renaud,16,UCSC
53.90	CANJUL	Michael McWha,16 WAC
53.97	EKSCAPR	Mark Versfeld,16,EKSC
53.97	TOMACMAY	Jeremy Sparrow,17,BOSS
54.02	CANJUL	Delano Ducheck,16,UCSC
54.03	CANJUL	Garret Pulle,15,MAC
54 09	PEPSIAPR	Owen VonRichter,17,PEPSI
54 15	CANJUL	Doug Wake,16,ROD
54 36	PEPSIJUL	Andrew MacDonald,16,NKB
54 44	CANJUL	Matthew Tomasson,17,CASC
54 64	NBMAY	Thom Grberson,17,FAST
54 71	ESSOMAY	Vincent Lemieux,17,CNB
54 72	MBSKJUN	Ian Guillen,15,MANTA

200 METRES FREESTYLE
Rec 1.51 14 A Baumann,LUSC,81

1:54 81	YOUTHMAY	Sebastian Georgescu,17 YORK
1:56 15	TOMACMAY	Jeremy Sparrow,17,BOSS
1:57 32	YOUTHMAY	Daryl Shannon 17,SPART
1 57 51	PEPSIJUL	Shawn Button 17,ROW
1:57.56	PEPSIJUL	Kevin Goode,17,TRENT
1:57.57	POMMAY	Stephen Clarke,19,COBRA
1:57 73	YOUTHMAY	Rick Pratt,17 CAC
1:57 82	CANJUL	Jonathan McLeod,17,ROD
1.58 44	PEPSIJUL	Liam Weseloh,17 NYAC
1:58 70	YOUTHMAY	Jim Kelly,16,USC
1 58 75	DORTMAPR	Doug Wake 16,ROD
1 58.83	PEPSIJUL	Michael McWha 16,WAC
1:58 97	PEPSIJUL	Sean Steacy,17,LAC
1:59 11	PEPSIJUL	Andrew MacDonald,16,NKB
1 59 14	ROWMAY	Shawn Dupuis,17,DCSC
1 59 35	ESSOJUL	Sebastien Guerard,16,CNMN
1:59 38	PEPSIJUL	Andrew Munro 15,PEPSI
1:59 56	SJOHNFEB	Adam Peacey,16,GO
1:59 57	PDSAMAY	Brett Creed,17,PDSA
1:59.59	YOUTHMAY	Mark Johnson 15,CAJ
1:59 78	CANJUL	Dustin Hersee,17 PDSA
2:00.04	ESSOMAY	Daniel Couturier,17,POLAR
2:00 12	EKSCAPR	Conor Braiden,17,EKSC
2:00.19	MBSKJUN	Michael Mintenko,17,MJKFF
2:00 20	YOUTHMAY	Sebastien Caron,16,DH

400 METRES FREESTYLE
Rec 3 56 34 A Baumann,LUSC,80

4 01 23	PEPSIJUL	Liam Weseloh,17,NYAC
4 04 10	DORTMAPR	Sebastian Georgescu,17,YORK
4 08 08	ESSOMAY	Sebastien Guerard,16,CNMN
4 08 79	CANJUL	Ron Voordouw,17,UCSC
4 08 95	CANJUL	Adam Peacey,17,GO
4 09 04	PEPSIJUL	Michael McWha,16,WAC
4 11 16	YOUTHMAY	Mark Johnson,15,CAJ
4 11 22	YOUTHMAY	Sebastien Caron,16,DH
4 11 94	PDSAMAY	Brett Creed,17,PDSA
4 12.09	CANJUL	Wayne Linner,15,ROD
4 12 13	ALAMOMAY	Chris Churchill,16,LUSC
4 12 34	TOMACMAY	Jeremy Sparrow,17,BOSS
4 12 83	YOUTHMAY	Greg Hamm,16,DELTA
4 13 39	PEPSIJUL	Jamie White,15,LAC
4 13 52	YOUTHMAY	Jason Singer,16,NYAC
4 13 74	EKSCAPR	Jonathan McLeod,17,ROD
4 13 81	PEPSIJUL	Sean Steacy 17,LAC
4 13 88	YOUTHMAY	Jonathan Howard,16,OAK
4 13 89	SJOHNFEB	Shawn Dupuis,17,DCSC
4 14 04	YOUTHMAY	Matthew Leaker,16,PEPSI
4 14 23	YOUTHMAY	Brent Sallee,15,PDSA
4 14 62	YOUTHMAY	Dan Lee,16,KEETA
4 15.02	YOUTHMAY	Jim Kelly,16,USC
4 15 33	PEPSIJUL	Andrew MacDonald,16,NKB
4 15 53	MBSKJUN	Simon DeJong,16,ROD

1500 METRES FREESTYLE
Rec 15 24 45 H Taylor,EKSC,86

15 49 18	CANJUL	Liam Weseloh,17,NYAC
16 16 99	DORTMAPR	Adam Peacey,16,GO
16.22 13	YOUTHMAY	Mark Johnson,15,CAJ
16 22 92	TOMACMAY	Jeremy Sparrow,17,BOSS
16.22.95	CANJUL	Michael McWha,16.WAC
16 28 85	YOUTHMAY	Jason Singer,16,NYAC
16 30 69	CANJUL	Brent Sallee,16,PDSA
16 31 23	CANJUL	Ron Voordouw,17,UCSC
16 33 02	CANJUL	Wayne Linner,15,ROD
16:35 53	PDSAMAY	Brett Creed,17,PDSA
16:37 88	CANJUL	Douglas Doucet,17,DDO
16 39.03	PEPSIJUL	Sean Cargin,15,LAC
16 41 59	CANJUL	Dan Lee,16,KEETA
16 42 69	CANJUL	Chris Churchill,16,LUSC
16 44 13	CANJUL	Shawn Dupuis,17,DCSC
16 44 19	TOMACMAY	Sebastian Georgescu,17,YORK
16 44 59	ESSOMAY	Sebastien Guerard,16,CNMN
16 51 08	CANJUL	Matt Hiebert,17,UCSC
16 51 25	PEPSIJUL	Sean Steacy,17,LAC
16.51 87	YOUTHMAY	Avi Mednick,16,NYAC
16 54 43	YOUTHMAY	Sebastien Caron,16,DH
16 55 58	PEPSIJUN	Geoff Adamson,17,BOSS
16 55 63	LACMAY	Jamie White,15,LAC
16 56 31	PEPSIJUL	Jon Davis,16,TOMAC
16 56 97	PEPSIJUL	Andrew Munro,15,PEPSI

100 METRES BACKSTROKE
Rec 56 49 M Tewksbury,UCSC,85

57 36	PEPSIJUL	Kris Fisher,17,MAC
57 47	CANJUL	Chris Renaud,16,UCSC
57 73	CANJUL	Mark Versfeld,17,EKSC
58 69	YOUTHMAY	Bob Hayes,16,SCAR
59 00	PEPSIJUL	Shawn Button,17,ROW
59 77	ESSOMAY	Patrick Emond,16,CNMN
1 00 12	CANJUL	Kevin Mertz,17,LASC
1 00 34	CANJUL	Dustin Hersee,17,PDSA
1 00 63	PEPSIJUL	Peter Hezky,17,WAC
1 00 67	YOUTHMAY	Michael Denyer,17,STARS
1 00 78	YOUTHMAY	Sean Sepulis,15,GMAC
1 01 00	ESSOMAY	Patrick Hetu,17,CNMN
1 01 16	YOUTHMAY	Chris Roherts,16,ATP
1 01 27	CANJUL	Matthew Leaker,16,PEPSI
1 01 35	PEPSIJUL	Jamie While,15,LAC
1 01 41	MBSKJUN	Jonathan McLeod,17,ROD
1 01 42	CANJUL	Greg Hamm 17,DELTA
1 01 48	LACAPR	Garret Pulle,15,MAC
1 01 49	YOUTHMAY	Steven Foley,15,MM
1 01 49	CANJUL	Jett Toth,17 ROD
1 01 51	CANJUL	Troy Rhoades,17,ROD
1 01 56	YOUTHMAY	Andrew Reid,16,KISU
1 01 63	CANJUL	Trevor Gillis,17,CP
1 01 70	YOUTHMAY	Shamek Pietucha,16,EKSC
1 01 86	PEPSIJUL	Andrew MacDonald,16,NKB

200 METRES BACKSTROKE
Rec [illegible] S Goss NYAC,84

2 03 72	CANJUL	Chris Renaud,16.UCSC
2 03 94	CANJUL	Mark Versteld,17,EKSC
2 06 34	PEPSIJUL	Shawn Button,17,ROW
2 06 78	PEPSIJUL	Kris Fisher 17,MAC
2 07 28	ESSOMAY	Patrick Hetu,17,CNMN
2 07 42	ESSOMAY	Patrick Emond,16,CNMN
2 07 94	PEPSIJUL	Rob Hayes,16,SCAR
2 08 35	PEPSIJUL	Matthew Leaker,16,PEPSI
2 08 89	CANJUL	Greg Hamm,17,DELTA
2 09 74	CANJUL	Dustin Hersee 17,PDSA
2 10 14	PEPSIJUL	Michael Denyer 17,STARS
2 10 48	PEPSIJUL	Peter Hezky 17,WAC
2 10 49	CANJUL	Kevin Mertz,17 LASC
2 10 83	MBSKJUN	Jonathan McLeod,17,ROD
2 11 43	CANJUL	Troy Rhoades,17,ROD
2 11 48	CANJUL	Shamek Pietucha,17,EKSC
2 12 08	PEPSIJUL	Jamie White,15,LAC
2 12 14	YOUTHMAY	Chris Roberts,16,ATP
2 13 61	CANJUL	Trevor Gillis,17,CP
2 13 74	YOUTHMAY	Rick Pratt,17,CAC
2 13 79	SJOHNFEB	Eric Laurence 16,TIDE
2 13 80	CANJUL	Geoff Ellis,16,OSHAC
2 13 86	YOUTHMAY	Joseph-P Richard 15,DDO
2 14 06	YOUTHMAY	Ryan McAuley 15,RACE
2 14 10	CANJUL	Edward Ng 17,PDSA

100 METRES BREASTSTROKE
Rec 1 03 61 M Mason,PEPSI,91

1 05 24	CANJUL	Jean-N Poirier,17 SAMAK
1 06 46	YOUTHMAY	Jayme Gordon,16.UNATT
1 06 70	CANJUL	Daryl Shannon,17,SPART
1 07 18	PDSAMAY	Edward Ng,17,PDSA
1:07 43	PDSAMAY	Vaughn Thompson 17,PEPSI
1:07 55	YOUTHMAY	Brad Mori 15,MAC
1:07 65	ESSOMAY	Dannick Boutin,17,CNJA
1:07 84	YOUTHMAY	Adrian Costello,17,NEWS
1:07 86	CANJUL	Troy Witwicki,17,RBSC
1:07 88	DORTMAPR	Avi Mednick,16,NYAC
1:08 00	NSAGJUN	Michael Ritcey,19,HTAC
1 08 27	ESSOJUL	Ben Kleine,17,GO
1 08.41	YOUTHMAY	Brent Thompsett,15,KISU
1 08 59	NBMAY	Mark Ritcey 16,HTAC
1 08 71	YOUTHMAY	Jeremy Jaud,16,YKPB
1 08 72	CANJUL	Derek Desrochers,17,CASC
1 08 96	PEPSIJUL	Matthew Lennox-King 17 EYSC
1 09 40	PEPSIJUL	Gordon Ngan,17,NYAC
1.09 40	CANJUL	Peter Simovic,16,OAK
1 09 47	YOUTHMAY	Andrea DiPaolo,15,PEPSI
1:09.50	PDSAMAY	Greg Anderson 17,UCSC
1 09 56	ESSOMAY	Malhieu Santerre,17,CSO
1 09 63	CANJUL	Erik Van Dijk,15,WISC
1.09 70	YOUTHJUN	Michael Arzaga,16,CREST
1 09 71	NSAGJUN	Martin Laycock,16,HTAC

200 METRES BREASTSTROKE
Rec 2 16 00 J Cleveland UCSC 88

2 22 21	CANJUL	Jean-N Poirrer,17,SAMAK
2 23 65	SCSCJUL	Edward Ng 17,PDSA
2 24 95	DORTMAPR	Avi Mednick,16,NYAC
2 25 46	ESSOMAY	Vaughn Thompson,17 PEPSI
2 26 06	YOUTHMAY	Jayme Gordon,16,UNATT
2 26 41	CANJUL	Ben Kleine,17 GO
2 27 27	YOUTHMAY	Jeremy Jaud,16,YKPB
2 27 75	CANJUL	Daryl Shannon,17,SPART
2 27 80	CANJUL	Adrian Costello,17,NEWS
2 28 31	CANJUL	Troy Witwicki,17,RBSC
2 29 40	OORTMAPR	Mark Ritcey,16,HTAC
2 29 54	YOUTHMAY	Andrea DiPaolo,15 PEPSI
2 30 14	ESSOMAY	Mathieu Santerre,17,CSO
2 30 21	YOUTHMAY	Peter Simovic,16,OAK
2 30 49	LACMAY	Glendon Flint,17,TAT
2 30 82	YOUTHMAY	Stephane Boutel,17,RCA
2 31 18	YOUTHMAY	Andrew Moffat,16,ROW
2 31 26	YOUTHMAY	Dennis Lau,15,MAC
2 31 46	CANJUL	Greg Anderson,17,UCSC
2 31 55	TASKMAY	Brad Mori,15,MAC
2 31 96	YOUTHMAY	Mauricio Ruiz,16,PDSA
2.32 15	YOUTHMAY	Michael Arzaga,16 CREST
2 32 35	ESSOMAY	Derek Decary,17,DOO
2 32 71	YOUTHMAY	Tom Fuke,16,ROW
2 32 83	ESSOJUL	Sebastien Guerard,16,CNMN

100 METRES BUTTERFLY
Rec 55 64 T Ponting,UCSC,82

56 38	CANJUL	Doug Wake,16,ROD
56 92	CANJUL	Jonathan McLeod,17,ROD
57 35	YOUTHMAY	Garret Pulle,15,MAC
57 40	ESSOMAY	Dan Letourneau,17,CNCB
57 44	YOUTHMAY	Kris Fisher,17,MAC
57 52	ALAMOMAY	Mark Versteld,16,EKSC
58 62	YOUTHMAY	Shamek Pietucha,16,EKSC
58 72	YOUTHMAY	Nicolas Martin,16,SL
58 86	YOUTHMAY	Jimmy Cho,16,HYACK
59 08	PEPSIAPR	Owen VonRichter,17,PEPSI
59 12	PEPSIJUL	Peter Hezky 17 WAC
59 12	MBSKJUN	Michael Mintenko 17,MJKFF
59 15	NBMAY	Oavid Slrulhers,17,TIDE
59 25	NSAGJUN	Jonalhan Wong,16,HTAC
59 42	PEPSIJUL	Sean Cargin 15 LAC
59 44	YOUTHMAY	Orew Chorney,15,TMSC
59 46	NSAGJUN	Mark Ritcey,17 HTAC
59 59	YOUTHMAY	Daryl Shannon,17 SPART
59 64	EKSCAPR	Kurt Ouchi,17,VKSC
59 64	PEPSIJUL	Oennis Lau 15,MAC
59 89	POMMAY	Bob Hayes 16,SCAR
59 90	YOUTHMAY	Jean-S Mayrand,17 UL
59 93	YOUTHMAY	Delano Ducheck,16,UCSC
59 98	YOUTHMAY	Brett Cameron 17 SSC
1 00 01	YOUTHMAY	Bo Simpson,16,CP

200 METRES BUTTERFLY
Rec 2 00 78 P Ward CDSC 81

2 03 49	CANJUL	Dan Letourneau,17 CNCB
2 04 38	CANJUL	Jonalhan McLeod,17,ROD
2 05 34	CANJUL	Doug Wake 16,ROD
2 08 33	CANJUL	Andrew Cho 15,HYACK
2 10 07	YOUTHMAY	Nicolas Martin,16,SL
2 10 34	YOUTHMAY	Sean Cargin 15,LAC
2 10 68	YOUTHMAY	Jimmy Cho,16,HYACK
2 10 85	SJOHNFEB	Mark Ritcey,16,HTAC
2 11 03	PEPSIJUL	Andrew Munro 15,PEPSI
2 11 04	ESSOMAY	Serge Blais 17,DH
2 11 13	YOUTHMAY	Sebastian Georgescu 17 YORK
2 11 55	CANJUL	Brett Cameron 17 SSC
2 11 62	NBMAY	David Struther ,17 TIDE
2 11 69	PEPSIJUL	Chris Churchill 16,LUSC
2 12 24	NSAGJUN	Jonathan Wong,16,HTAC
2 12 52	YOUTHMAY	Jean S Mayrand,17,UL
2 13 46	PEPSIJUL	Andrew MacDonald,16,NKB
2 14 06	MBSKJUN	Paul Nelson 16,ROO
2 14 10	EKSCAPR	Kurt Ouchi 17 VKSC
2 14 42	YOUTHMAY	Jeff Toth,17 ROD
2 14 44	NKBMAY	Ben Kleine 17,GO
2 14 45	PEPSIJUL	Alex Kovatchev,17 TOMAC
2 14 47	ESSOJUL	Sebastien Guerard 16 CNMN
2 14 59	YOUTHMAY	Adam Peacey 17,GO
2 15 35	YOUTHMAY	Francis Noventa 15 GMAC

200 METRES IND.MEDLEY
Rec 2 02 78 A Baumann,LUSC,81

2 06 36	CANJUL	Mark Versfeld,17,EKSC
2 07 96	PEPSIJUL	Adam Peacey,17,GO
2 08 13	ESSOMAY	Dan Letourneau,17,CNCB
2 09 58	PDSAMAY	Jonathan McLeod,17,ROD
2 09 99	CANJUL	Jean-N Poirier,17,SAMAK
2 10 64	PEPSIAPR	Owen VonRichter,17,PEPSI
2 10 92	YOUTHMAY	Kris Fisher,17,MAC
2 11 24	YOUTHMAY	Daryl Shannon,17,SPART
2 11 51	MACCBJUL	Avi Mednick,16,NYAC
2 12 14	CANJUL	Ben Kleine,17,GO
2 12.66	CANJUL	Peter Hezky,17,WAC
2 12 72	CANJUL	Andrew Cho,15,HYACK
2 12 99	SCSCJUL	Edward Ng,17,PDSA
2 13 32	CANJUL	Sebastien Guerard,17 CNMN
2 13 34	YOUTHMAY	Doug Wake,16,ROD
2 13 41	LACMAY	Jamie White 15,LAC
2 13 57	YOUTHMAY	Matthew Leaker,16,PEPSI
2 13 66	ESSOMAY	Serge Blais,17,OH
2 13 86	NSAGJUN	Mark Ritcey,17,HTAC
2 14 24	YOUTHMAY	Garret Pulle,15,MAC
2 14 60	CANJUL	Trevor Gillis,17,CP
2 14 70	YOUTHMAY	Jeremy Jaud,16,YKPB
2 14 77	YOUTHMAY	Michael Wyjad 16,PCSC
2 15 06	YOUTHMAY	Vincent Lemieux,17,CNB
2 15 14	PEPSIJUL	Chris Churchill,16,LUSC

400 METRES IND.MEDLEY
Rec 4 22 39 A Baumann,LUSC,81

4 32 39	DORTMAPR	Adam Peacey,16,GO
4 34 87	CANJUL	Jonathan McLeod,17 ROD
4 36 13	EKSCAPR	Mark Versfeld,16,EKSC
4 36 62	ESSOJUL	Dan Letourneau,17,CNCB
4 37 52	ESSOMAY	Sebastien Guerard,16,CNMN
4 39 55	CANJUL	Ben Kleine,17,GO
4 40 61	SCSCJUL	Edward Ng,17,POSA
4 42 21	YOUTHMAY	Avi Mednick,16,NYAC
4 42 35	CANJUL	Andrew Cho,15,HYACK
4 42 60	PEPSIJUL	Matthew Leaker,16,PEPSI
4 42 77	ESSOMAY	Serge Blais,17,OH
4 43 49	PEPSIJUL	Jamie While,15,LAC
4 43 55	DORTMAPR	Mark Ritcey,16,HTAC
4 44 68	ALAMOMAY	Chris Churchill,16,LUSC
4 46 23	PEPSIJUL	Sean Cargin,15,LAC
4 46 47	YOUTHMAY	Michael McWha,16,WAC
4 47 31	PEPSIJUL	Peter Hezky,17,WAC
4 47 32	TOMACMAY	Liam Weseloh,17,NYAC
4 47 61	YOUTHMAY	Drew Chorney,15,TMSC
4 48 70	YOUTHMAY	Ron Voordouw,17,UCSC
4 48 87	YOUTHMAY	Michael Wyjad,16,PCSC
4 48 91	PDSAMAY	Vaughn Thompson,17 PEPSI
4 49 16	YOUTHMAY	Christian Goulet,15,EXCEL
4 49 38	YOUTHMAY	Neil Baker,16,ROW
4 49 39	YOUTHMAY	Matt Hiebert,16,UCSC

4X50 MEDLEY RELAY
Rec 1 47 03 Markham AC,MAC,93

1 47 03	YOUTHMAY	Markham AC,MAC
1 52 47	YOUTHMAY	North York AC,NYAC
1 52 88	EKSCAPR	Edmonton Keyano,EKSC
1 53 55	YOUTHMAY	Univ Calgary SC,UCSC
1 53 76	HTACAPR	Halifax Trojans,HTAC
1 53 87	YOUTHMAY	Cascade Swim Club,CASC
1 53 94	YOUTHMAY	Regina Opt Dolphins ROO
1 54 05	YOUTHMAY	York Swim Club YORK
1 54 31	YOUTHMAY	Pepsi Swimming,PEPSI
1 54 42	YOUTHMAY	Newfoundland Swimming,NEWS
1 55 21	YOUTHMAY	Hyack Swim Club,HYACK
1 55 24	YOUTHJUN	Scarborough SC,SCAR
1 55 70	YOUTHMAY	Guelph Marlin AC,GMAC
1 55 97	LACMAY	London AC,LAC
1 56 25	EKSCAPR	Vernon KokaneeSC,VKSC
1 56 31	CANJUL	Dollard Swim Team,OOO
1 56 48	YOUTHMAY	Univ Laval,UL
1 56 76	BRANTAPR	Mississauga AC,TOMAC
1 57 22	YOUTHJUN	Uxbridge SC,USC
1 57 29	BRANTAPR	Glouc Ottawa Kingfish,GO
1 57 39	YOUTHMAY	Beaconsfield Bluefins BBF
1 57 61	YOUTHMAY	Oakville AC,OAK
1 58 06	MBSKJUN	Manta Aquatic Club MANTA
1 58 11	YOUTHMAY	Region of Waterloo,ROW
1 58 21	LUSCMAY	Timmins Marlins,TMSC

4X50 FREE RELAY
Rec 1 37 14 Etobicoke SC,ESC 87

1 37 51	YOUTHMAY	Markham AC,MAC
1 39 94	EKSCAPR	Regina Opt Dolphins,ROD
1 40 02	EKSCAPR	Edmonton Keyano,EKSC
1 40 28	YOUTHMAY	Univ Calgary SC,UCSC
1 41 27	YOUTHMAY	North York AC,NYAC
1 42 53	LACMAY	London AC,LAC
1 42 53	EASTJUL	[illegible]
1 42 64	TOMACMAY	York Swim Club,YORK
1 42 78	YOUTHMAY	[illegible]
1 42 83	EKSCAPR	[illegible]
1 42 93	YOUTHMAY	Guelph Marlin AC,GMAC
1 43 14	YOUTHMAY	[illegible]
1 43 27	YOUTHMAY	[illegible]
1 43 44	EKSCAPR	[illegible]
1 43 50	YOUTHJUN	[illegible]
1 43 68	[illegible]	[illegible]
1 43 70	[illegible]	[illegible]
1 43 77	YOUTHMAY	[illegible]
1 43 8[illegible]	NKBMAY	[illegible]
1 43 91	YOUTHMAY	[illegible]
1 43 98	YOUTHMAY	[illegible]
1 44 03	HTACAPR	[illegible]
1 44 06	MBSKJUN	[illegible]
1 44 19	TOMACMAY	[illegible]
1 44 30	YOUTHMAY	[illegible]

TOP AGE GROUP PERFORMERS **SPONSORED BY**

MAKING WAVES®

SPEEDO

Ben Kleine, 17
Club: Gloucester-Ottawa Kingfish
Coach: Eduard Levites
Specialty: Individual medley
Finalist at Summer Nationals in 400 IM. Ranks 6th in LCM93 TAG for 400 IM

Best Times	*SCM93*	*LCM93*
200 breaststroke	2:26.39	2:26.41
100 butterfly	1:00.89	1:00.29
200 ind.medley	2:09.99	2:12.14
400 ind.medley	4:34.76	4:39.55

Colleen Ray, 16
Club: Gloucester-Ottawa Kingfish
Coach: Eduard Levites
Specialty: Backstroke.
Finalist in 200 back at Summer Nationals. Ranks 6th for LCM93 TAG in 200 back and 8th for 100 back.

Best Times	*SCM93*	*LCM93*
100 backstroke	1:05.87	1:06.03
200 backstroke	2:21.78	2:19.48
100 butterfly	1:06.74	1:07.55
200 butterfly	2:23.30	2:27.78

Glencora Maugfhan,16
Club: Pacific Dolphin Swim Association
Coach: Tom Johnson
Specialty: Freestyle
Consol finalist at Summer Nationals for 100 free. 4th ranked in LCM93 TAG for 100 free.

Best Times	*SCM93*	*LCM93*
50 freestyle	27.70	27.59
100 freestyle	58.37	58.60
100 backstroke	1:04.29	1:06.97
200 backstroke	2:19.74	2:27.46

Jennifer Ramsden, 16
Club: Gloucester-Ottawa Kingfish
Coach: Eduard Levites
Specialty: Butterfly
4th at Summer Nationals in 200 fly. Ranks 2nd for LCM93 TAG in 200 fly.

Best Times	*SCM93*	*LCM93*
100 backstroke	1:04.26	1:07.14
200 backstroke	2:17.91	2:30.19
100 butterfly	1:05.03	1:04.02
200 butterfly	2:21.45	2:17.91

Jennifer Jonusaitis, 12
Club: Sault Ste-Marie Aquatic Club
Coach: Richard Buway
Specialty: Breaststroke
Ontario champion, national qualifier, ranked 1st for LCM93 TAG in 200 breast and 2nd for 100 breast.

Best Times	*SCM93*	*LCM93*
50 freestyle	30.35	29.97
100 breaststroke	1:18.20	1:16.23
200 breaststroke	2:50.09	2:45.62
200 ind.medley	2:43.74	2:35.32

SPECIAL ANNOUNCEMENT

SPEEDO CANADA IS PLEASED TO ANNOUNCE THE RENEWAL OF QUADRENNIAL CONTRACTS WITH CANADA'S PRINCIPAL AQUATIC GOVERNING FEDERATIONS. THESE CONTRACTS REPRESENT A CONTRIBUTION OF CLOSE TO HALF A MILLION DOLLARS OVER THE NEXT FOUR YEARS, AND UNDERLINE SPEEDO'S COMMITMENT TO THE PURSUIT OF EXCELLENCE IN AMATEUR SPORTS.

AS A RESULT OF THESE RENEWALS SPEEDO CANADA WILL CONTINUE AS AN OFFICIAL SPONSOR AND SUPPLIER OF EQUIPMENT TO:
SWIMMING NATATION CANADA
SYNCHRO CANADA
CANADIAN AMATEUR DIVING ASSOCIATION
WATER POLO CANADA

Jennifer Noddle, 13
Club: City of Brampton COBRA
Coach: Mike Pliuskaitis
Specialty: Breaststroke
Ranks 5h for LCM93 TAG in 200 breast.

Best Times	*SCM93*	*LCM93*
50 freestyle	28.50	28.41
100 breaststroke	1.15.35	1:17.36
200 breaststroke	2:42.99	2:47.08
100 butterfly	1:07.40	1:08.09

WHEN YOU BUY A SPEEDO SUIT, YOU ARE NOT JUST GETTING A SUIT ... YOU ARE CONTRIBUTING TO THE AQUATIC SPORTS OF CANADA AS WELL.

STOP THE GOGGLE FITTING GUESSING GAME!

Rowdy Gaines

Sprinting...one last flip turn...push off the wall...then.....my goggles fill with water!

Tired of leaking goggles? Concentrating on goggles instead of performance?

Leader goggles not only offer the best Anti-Fog treatment, they are also contoured to be watertight. Because every human eye socket is unique in shape, Leader solved the fitting guessing game by offering goggles contoured for the human race. Thanks to the R.O.S.E.S. (Round, Oval, Shaped, Eye, Socket)

Sixto Lundquist

Mary Wayte

FITTING SYSTEM, Leader offers two basic goggle frame shapes, Round and Oval, to fit the whole spectrum of eye socket shapes, after adjustment. Visit your Leader dealer today to stop the goggle fitting guessing game.

Leader®

TECHNOLOGY IN SWIM ENGINEERING.

1280 Nobel St., Boucherville, Qc., Canada J4B 5H1

Olympic swimmers appear with the permission of U.S. Swimming Inc..

Speedo swimwear looks as good as it performs.

SPEEDO®

A DIVISION OF
AUTHENTIC FITNESS CORPORATION

ANTRON/LYCRA

Speedo® is the official supplier to Swimming Natation Canada, Canadian Amateur Diving Association, Synchro Canada and Water Polo Canada. Speedo® Canada, 1330 Trans Canada Highway, Dorval, Quebec H9P 1H7. 1-800-465-4764.
Speedo® registered trademark of and used under license from Speedo Holdings B.V.